

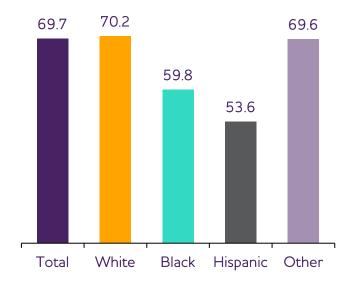
Risk Factors for Cognitive Decline: West Virginia



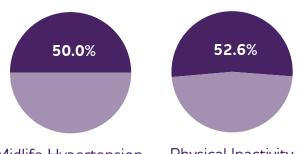
Based on population-level evidence, the six health conditions and behaviors included here increase risk for cognitive decline — and may also increase risk of dementia.

Data are from the Behavioral Risk Factor Surveillance System (BRFSS).

Percent With at Least One of Five Risk Factors (excluding sleep)

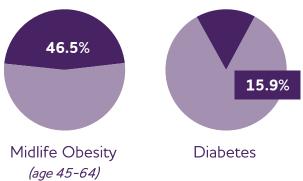


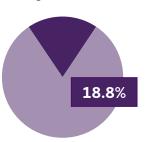




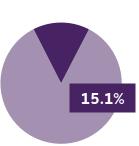
Midlife Hypertension P

Physical Inactivity









Poor Sleep (<6 hours/night)

Percent With Any of Five Risk Factors (excluding sleep)

None 30.3% One 34.5% Two or more 35.2%

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