Families and professionals are often looking for activity materials to engage persons with dementia and interact with them. Identified here is a selected list of activity resources.

Materials may be available for loan from the Alzheimer’s Association Green-Field Library or for downloading and purchase through various outlets. Search for titles in the online catalog and visit how to borrow. Items may also be available for purchase through online outlets.

**Alzheimer's Association Video**

*La familia Latina y problemas de la memoria: la endermedad de Alzheimer.*

*The Latino family and Alzheimer's disease* is a telenovela which tells the story of a family that goes through stages of awareness, diagnosis, and care for a grandmother who has Alzheimer's disease. With warning signs, diagnosis, care and resources of the Alzheimer's Association, this DVD is a starting point for families who have no experience with the disease. This DVD has been made possible by Kaiser Permanente.  
1 DVD (32 min); consult your local Alzheimer's Association. To find your chapter go to [http://www.alz.org/apps/findus.asp](http://www.alz.org/apps/findus.asp)  
Also available on YouTube by chapter: [https://www.youtube.com](https://www.youtube.com)

---

**Alive inside**

Orange, CA: City Drive Films, 2014  
Explores music's capacity to reawaken persons with Alzheimer’s or dementia.  
[Available on Amazon](https://www.amazon.com)

**Alzheimer's disease: a guide for patients and families**

Minneapolis, MN: American Academy of Neurology  
Youtube 28 min. video hosted by Lea Thompson, answers questions for newly diagnosed patients and caregivers; with accompanying guidebook  
[https://www.youtube.com/watch?v=oIMjP2t5Xn4](https://www.youtube.com/watch?v=oIMjP2t5Xn4)
Alzheimer's disease: what every caregiver needs to know.

Verona, WI; Attainment Co: Sherborn, MA, 2006.
Mild cognitive impairment, early, moderate and severe cognitive disability, physical changes in the brain, cognitive capabilities and behavioral manifestations are covered in this video. Search by title at the home page.
1 DVD (70 min) $150.00
(888) 440-2963
Available on Amazon

Alzheimer's: every minute counts.

Examines the national public health threat posed by Alzheimer's disease.
Available on Amazon

Alzheimer's, the 36 hour day: the complete journey.

Baltimore, MD: University of Maryland, Baltimore School of Medicine, 2010
Available on Amazon

Bathing without a battle.

Chapel Hill, NC: Allied Video Productions, 2003
Person centered techniques: approaches to making showering, tub bathing, in-room bathing, and hair washing more comfortable.
Available on Amazon

Bob and Nancy: inside the emotions of Alzheimer's

“…the progression of Alzheimer’s disease is documented through its three stages from the perspective of the emotional journey of the patient.”
Available on Amazon

Caregivers: The Alzheimer's project.

1 DVD (48 min). Available on HBO.
www.hbo.com/alzheimers
Caring for someone with early to mid stage Alzheimer’s disease.
Medford, OR: Medifecta Healthcare Training, 2010
1 DVD (27 min) $159.00.
Teaches positive communication techniques from experts.
http://www.medifecta.com

Complaints of a dutiful daughter.
An academy award nomination for best documentary that follows one woman’s struggle with Alzheimer’s disease seen through her daughter’s eyes. The program examines how they cope with the changes in their lives, using humor and warmth to portray their relationship as loving and meaningful throughout – even when the daughter eventually moves her mother into a nursing home.
1 DVD (44 min) $19.95
(212) 925-0606
www.wmm.com/filmcatalog/pages/c127.shtml

Dementia with dignity.
Covers the effects of dementia, communication, and how to utilize the remaining strengths and skills of the person for building self-esteem and stimulating intelligence. This video is geared both toward the professional and family caregiver.
1 DVD (60 min) $189.00; rent $55.00
(800) 881-8491
https://terranova.org/film-catalog/dementia-with-dignity/

Different visit: Montessori-based activities for people with Alzheimer’s/Dementia
Solon, OH: Center for Applied Research in Dementia
Presentation by Cameron Camp to help caregivers have purposeful and rewarding visits.
https://www.youtube.com/watch?v=FLDwzgRTbVA

Glenn Campbell: I'll be me.
Virgil Films and Entertainment, 2015
One-hundred-and-fifty-one sold out shows performed on one year after his diagnosis with Alzheimer’s disease.
Available on Amazon
I remember better when I paint.
New York, NY; Films Media Group, 2009
Non-pharmacological activities for dealing with the disease. Includes bonus tracks: "Organizing an Outing", "Organizing a Creative Workshop", "The Importance of Physical Exercise", "Recreating Social Bonds", "The Hearthstone Method", "The Memory Gardens" and "Art and Care until the Last Stages".
Available on Amazon

Into the other lane: driving and dementia
Chicago, IL: Terra Nova Films
https://terranova.org/film-catalog/into-the-other-lane-driving-and-dementia

Momentum in science: The Alzheimer's Project.
This documentary explores Alzheimer's disease. Covered are research advances in genetic and environmental areas of study. Links to heart disease, diabetes and the potential benefits of exercise or diet are discussed. Advances in brain imaging and approaches to treating and prevention such as vaccines are explored. Available on HBO.
www.hbo.com/alzheimers

Movement and music: activities for caregivers
Summary: Movement & Music contains forty music and movement activities with lists of materials that are needed and workbook. The DVD explains the goal of each exercise and demonstrates how to do it. The program is helpful for body strengthening, communication and engagement
1 DVD (55 min.); 1 manual $99.00
https://www.careandcompliance.com

Positive approach to care DVDs
Sarasota, FL: Pines of Sarasota
Presentations by Teepa Snow, geriatrics specialist and lecturer.
https://www.pineseducation.org/dvd

Rabins response to challenging the behaviors of Alzheimer's
Baltimore, MD: MedSchool Maryland Productions, 2012
Available on Amazon
Savvy caregiver.
This is an educational program for families and caregivers of those with memory loss, dementia, and Alzheimer's disease. Developed and tested in research at the University of Minnesota, the 4 DVDs are designed to be watched once a week for four weeks.
4 DVD set; $69.95
(888) 860-4295
https://www.hcinteractive.com

Straight talk about dementia.
Verona, WI; Attainment Co: Sherborn, MA: Aquarius Healthcare Media, 2006
Explores issues on dementia important to family and professional caregivers, featuring interview arranged by topic. Topics include ethical caregiving, enhancing communication, encouraging compliance, daily living activities, fundamentals like eating and bathing and caregiver health.
1 DVD (45 min); $125.00. Search by title at the home page.
http://www.attainmentcompany.com/straight-talk-about-dementia-dvd

Those on the front lines for dementia.
Detroit, MI: Detroit Public Television, 2018
Documentary by Keith Famie looks at the history and future of research
http://ontodaysfrontlines.com/alzheimers

Visual stimulation for Alzheimer's & dementia
Palm Beach, FL: AlzStore
CDs and DVDs for people with dementia.
https://www.alzstore.com/alzheimers-dementia-dvds-s/2065.htm