In Hawaii, 8.5 percent of those aged 45 and over report they are experiencing confusion or memory loss that is happening more often or is getting worse (“subjective cognitive decline”).

Nearly two-thirds of them have not talked to a health care professional about it.

For those with worsening memory problems, 49 percent say it has created “functional difficulties”—that is, caused them to give up day-to-day activities and/or interfered with work or social activities.