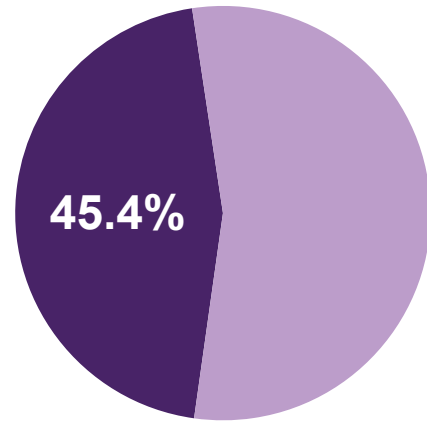


HEALTHY PEOPLE 2030 DEMENTIA OBJECTIVE DIA-3

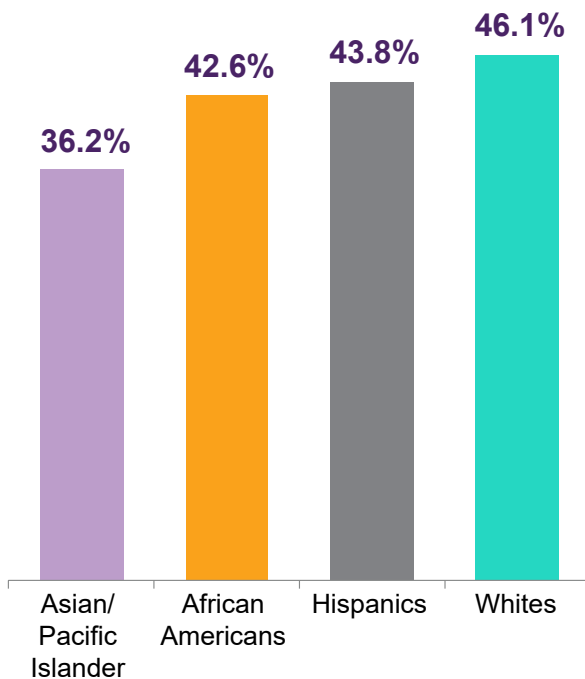
Increase the proportion of adults aged 45 years and older with Subjective Cognitive Decline (SCD) who have discussed their confusion or memory loss with a health care professional

In 2015-2016, 45.4% of adults aged 45 and older with subjective cognitive decline (SCD) talked to a health care professional about it.

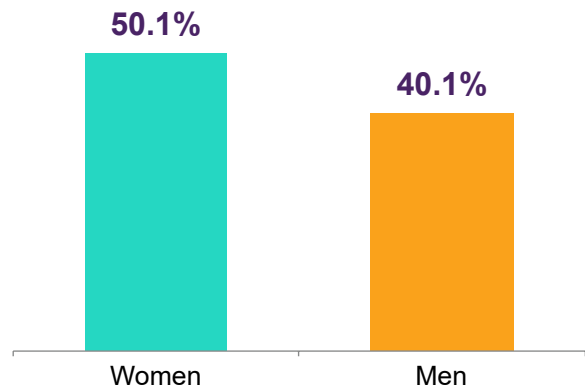
Healthy People 2030 has set a goal of increasing this by 5 percentage points to 50.4%.



Asian American/Pacific Islanders with SCD are less likely than other racial and ethnic groups to discuss their memory problems with a health care professional. But in all groups, it is less than half.



Conversations with Provider by Sex



Among individuals who report that their SCD is creating difficulties, more than half have talked to a health care professional.

