



# cognitive decline in maine

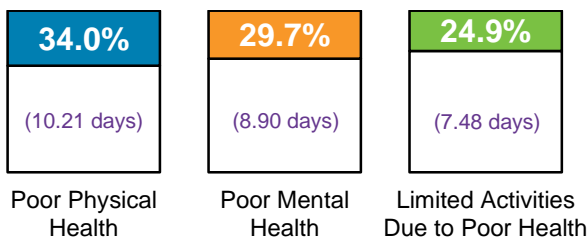
DATA FROM THE 2012 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

In Maine, 14.2 percent – nearly one in seven – of those aged 45 and over report that they are experiencing confusion or memory loss that is happening more often or is getting worse.

Three-fourths of them have not talked to a health care professional about it.

For those with worsening memory problems, more than one-third say it has interfered with household activities and/or work or social activities.

Portion of last 30 days, on average, people with memory problems experienced . . .

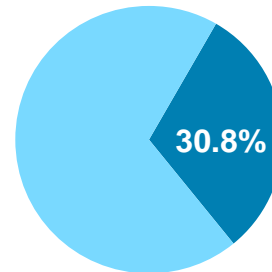
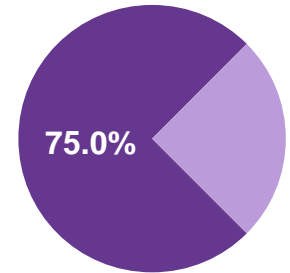


## Characteristics of those with memory problems

Disabled	59.4%
In Fair/Poor Health	43.1%
Have Fallen in Last 12 Months	50.9%
Had Fall-related Injury	11.8%
Ever Had Depression	48.1%
Have Trouble Seeing	38.6%
Smoke	19.0%

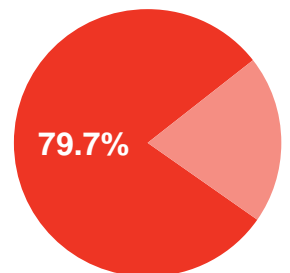
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Percent with memory problems who have not talked to a health care provider



Percent with memory problems who live alone

Percent with memory problems who have at least one other chronic condition\*



\*Other chronic condition is defined as arthritis, asthma, COPD, cancer, cardiovascular disease, and diabetes.

Percent with memory problems who say it creates difficulties and burden

