



dementia caregiving in minnesota

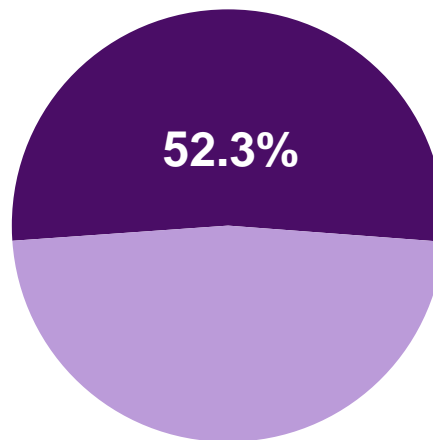
DATA FROM THE 2016 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

In Minnesota, more than half of all adults providing unpaid care to loved ones with Alzheimer's or another dementia have been doing so for at least two years.

Nearly 1 in 4 Alzheimer's and dementia caregivers provide 20 or more hours of care per week.

One in 4 dementia caregivers are in the "sandwich generation" – caring for both someone with dementia and a child or grandchild.

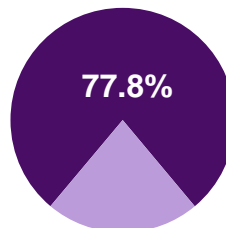
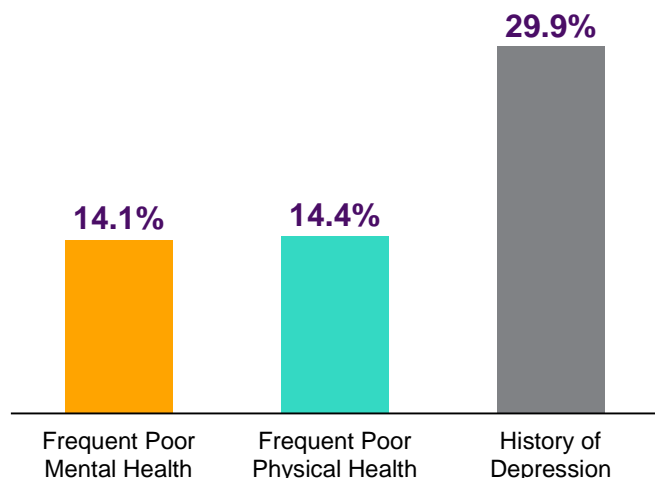
Percent of dementia caregivers providing care for at least 2 years



Characteristics of Alzheimer's and Other Dementias Caregivers

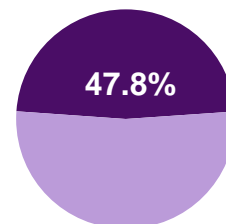
| Gender | | Age | | Hours of Care per Week | | Caring for Parent or Parent-in-law | Also Caring for Minor |
|--------|-------|-------|-------|------------------------|-------|------------------------------------|-----------------------|
| Women | Men | 45-64 | 65+ | 20+ | 40+ | | |
| 64.8% | 35.2% | 52.8% | 19.7% | 22.8% | 11.8% | 51.5% | 25.4% |

Impact of Alzheimer's and dementia caregiving



Percent who manage household care, such as cleaning or cooking

Percent who manage personal care, such as feeding or bathing



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