

# PATIENT AND CAREGIVER RESOURCES

## Caregiving

### Administration on Community Living

[alzheimers.gov](https://www.alzheimers.gov)

Supports individuals living with Alzheimer's disease or other dementias and their caregivers by increasing access to community resources.

### Aging Life Care Association

[aginglifecare.org](https://aginglifecare.org)

Locate a geriatric care manager.

### ALZConnected®

[alzconnected.org](https://alzconnected.org)

Online community that connects individuals facing the disease and provides online support.

### Alzheimer's Association®

[alz.org](https://www.alz.org)

800.272.3900

Provides disease education, support groups, and personalized care consultation in person, online and through a free 24/7 Helpline.

### Alzheimer's Disease Education and Referral (ADEAR)

[nia.nih.gov/alzheimers](https://nia.nih.gov/alzheimers)

800.438.4380

Offers disease information online or by phone for individuals with Alzheimer's or other dementias and their families.

### Community Resource Finder

[alz.org/CRF](https://alz.org/CRF)

Find local programs, resources and support services.

### Family Caregiver Alliance

[caregiver.org](https://caregiver.org)

Offers support for family and friends providing long-term, in-home care.

### Eldercare Locator

[eldercare.gov](https://eldercare.gov)

Connects older adults and their caregivers with local services and provides resource referrals and contact information for state and local agencies on aging.

## Safety

### Aging Life Care Association

[aginglifecare.org/ALCA/About\\_Aging\\_Life\\_Care/Find\\_an\\_Aging\\_Life\\_Care\\_Expert/ALCA/About\\_Aging\\_Life\\_Care/Search/Find\\_an\\_Expert.aspx?hkey=78a6cb03-e912-4993-9b68-df1573e9d8af](https://aginglifecare.org/ALCA/About_Aging_Life_Care/Find_an_Aging_Life_Care_Expert/ALCA/About_Aging_Life_Care/Search/Find_an_Expert.aspx?hkey=78a6cb03-e912-4993-9b68-df1573e9d8af)

### Alzheimer's Association Dementia and Driving Resource Center

[alz.org/driving](https://alz.org/driving)

### Alzheimer's Association Safety Center

[alz.org/safety](https://alz.org/safety)

### American Occupational Therapy Association

[myaota.aota.org/driver\\_search](https://myaota.aota.org/driver_search)

### Car Safety Guides

[thehartford.com/resources/mature-market-excellence/publications-on-aging](https://thehartford.com/resources/mature-market-excellence/publications-on-aging)

### If You Live Alone

[alz.org/i-have-alz/if-you-live-alone.asp](https://alz.org/i-have-alz/if-you-live-alone.asp)

### Medication Management: A Family Caregiver's Guide

[nextstepincare.org/uploads/File/Guides/Medication/Medication\\_Management\\_Guide/Medication\\_Management.pdf](https://nextstepincare.org/uploads/File/Guides/Medication/Medication_Management_Guide/Medication_Management.pdf)

### Medication Safety

[alz.org/care/dementia-medication-drug-safety.asp](https://alz.org/care/dementia-medication-drug-safety.asp)

### Medi-Cog

[pharmacy.umaryland.edu/practice/medmanagement/assisted\\_living/Tools-to-Assess-Self-Administration-of-Medication/](https://pharmacy.umaryland.edu/practice/medmanagement/assisted_living/Tools-to-Assess-Self-Administration-of-Medication/)

### Simple Solutions: Practical Ideas and Products to Enhance Independent Living

[thehartford.com/resources/mature-market-excellence/publications-on-aging](https://thehartford.com/resources/mature-market-excellence/publications-on-aging)

### Staying Safe brochure

[alz.org/national/documents/brochure\\_stayingsafe.pdf](https://alz.org/national/documents/brochure_stayingsafe.pdf)

### Steady Materials for Health Care Providers

[cdc.gov/steady/materials.html](https://cdc.gov/steady/materials.html)

### Wandering and Getting Lost

[alz.org/care/alzheimers-dementia-wandering.asp](https://alz.org/care/alzheimers-dementia-wandering.asp)

## End-of-Life

### Aging with Dignity Five Wishes

[agingwithdignity.org](https://agingwithdignity.org)

Resources for end-of-life planning.

### Alzheimer's Association

[alz.org/care/alzheimers-dementia-common-costs.asp](https://alz.org/care/alzheimers-dementia-common-costs.asp)

Provides information on costs to expect and tips for financial planning.

### The Conversation Project

[theconversationproject.org](https://theconversationproject.org)

Offers a guide for how to talk about the end of life.

### National Association for Elder Law Attorneys

[naela.org](https://naela.org)

Offers a directory of elder law attorneys.

### National Hospice and Palliative Care Organization

[nhpco.org/find-hospice](https://nhpco.org/find-hospice)

Provides information about hospice and palliative care and local hospice and palliative care organizations.