

HAMILTON COUNTY

Elmcroft of Shallowford Caregiver Support Group

1st Tuesday each month, 5:30 p.m. – 6:30 p.m.
Elmcroft of Shallowford, 7127 Lee Highway
Contact Tera Fuller: 423-899-8133

Young Onset Support Group

1st Wednesday each month at noon
Golden Corral, 1808 Gunbarrel Rd.
ONLY FOR CAREGIVERS OF THOSE UNDER AGE 65
Contact info: 423-265-3600

The Lantern at Morning Pointe, Chattanooga

3rd Wednesday each month at 11:30 a.m.
7620 Shallowford Road
Contact 423-551-4190. Light lunch provided
Respite available (call ahead)

Ooltewah Caregiver Support Group

2nd Wednesday each month at 11:30 a.m.
Greenbriar Cove Community Center
4656 Tuckaway Lane, Ooltewah
Contact Larry Griffith: 423-396-4700

Elm Croft Support Group

3rd Tuesday each month at 4:00 p.m.
Elm Croft Assisted Living
1502 Gunbarrel Road
Contact info: 423-899-8133 (call to confirm)

The Terrace at Mtn Creek Caregiver Group

3rd Thursday of each month at 5:30 p.m.
The Terrace at Mountain Creek
1005 Mountain Creek Rd
Contact info: 423-822-2914 *currently on hiatus*

Morning Pointe Hixson Caregiver Group

4th Tuesday each month at 6:30 p.m.
Morning Pointe of Hixson
5501 Hixson Pike
423-847-1370 (call to confirm)

Signal Mountain Caregiver Support Group

Last Thursday each month at 3:00 p.m.
437 Alexian Way, Signal Mountain TN
Contact Chaplain Valarie Carnes: 423-531-0613

Downtown-Area Support Group

3rd Tuesday each month, 3:30 p.m. – 4:40 p.m.
St. Paul's Episcopal, 305 West 7th St., Huckabay Hall
Contact Chaplain Valarie Carnes: 423-886-0137

Family Caregivers Support Group

1st and 3rd Friday each month, 10:30 - 11:30 a.m.
The Healthcare Center at Standifer Place
2626 Walker Road, Hamilton Terrace Building
(This group is facilitated by the National Family Caregiver Support Program and is not exclusive to caregivers caring for loved ones with dementia).
Contact Christin McWhorter: 423-424-4288

BRADLEY COUNTY

Cleveland Daytime Group

2nd Tuesday each month at 2:00 p.m.
Brookedale Cleveland
2745 Executive Park Drive
Contact: 423-473-7300 Charlotte, O'Barr, facilitator

Cleveland Evening Caregiver Support Group

2nd Thursday each month, 6:30 p.m.
Cleveland YMCA
220 Urbane Road
Call 423-265-3600 to confirm

RHEA COUNTY

Dayton Caregiver Support Group

4th Tuesday each month at 5:30 p.m.
The Veranda Assisted Living Community
10055 Rhea County Highway
Contact: Melissa Wood, 423-847-1850

MCMINN / MEIGS COUNTY

McMinn/Meigs Caregiver Support Group

2nd Tuesday each month at 7:00 p.m.
Athens Regional Medical Center
1114 West Madison Ave., Athens, TN
Contact: Linda Garza, 423-746-5212

MARION COUNTY

Marion County Support Group

2nd Thursday each month, 5:30 p.m. (CENTRAL TIME)
The Bridge at South Pittsburg
201 East 10th Street, South Pittsburg
Currently on hiatus. Call 423-265-3600 for info

EARLY STAGE SUPPORT GROUP (Chattanooga)

Support for the person with Alzheimer's and their caregiver
1st and 3rd Tuesday each month
Contact Amy French: 1-800-272-3900

All support groups are free and open to the public. No reservation is required. Holidays and inclement weather may result in schedule changes. Please check with the group facilitator if questionable.

The Alzheimer's Association offers a variety of programs and events each month in addition to these support groups. For more information on Programs and Services, or to subscribe to our monthly newsletter contact Amy French at afrench@alz.org.