

# REGISTER TODAY

## ONLINE EDUCATIONAL WEBINARS

Presented by the Alzheimer's Association®



### 10 Warning Signs of Alzheimer's

May 8, 2020, 1-2 p.m. | [REGISTER](#)  
May 21, 2020, 4-5 p.m. | [REGISTER](#)

### Conozca las 10 Señales de Advertencia

20 de mayo de 2020, 12-1:30 pm. | [REGISTRARSE](#)

### Dementia Conversations

May 16, 2020, 11 a.m.-12:30 p.m. | [REGISTER](#)

### Effective Communication Strategies

May 15, 2020, 1-2 p.m. | [REGISTER](#)  
May 29, 2020, 11 a.m.-12:30 p.m. | [REGISTER](#)

### Healthy Living for Your Brain and Body

May 22, 2020, 12-1 p.m. | [REGISTER](#)  
May 25, 2020, 11 a.m.-12:30 p.m. | [REGISTER](#)

*All sessions are listed in Pacific Daylight Time.*

### Legal and Financial Planning

May 7, 2020, 1-3 p.m. | [REGISTER](#)  
May 27, 2020, 1-2:30 p.m. | [REGISTER](#)

### Understanding Alzheimer's and Dementia

May 6, 2020, 9-10:30 a.m. | [REGISTER](#)  
May 12, 2020, 2-3 p.m. | [REGISTER](#)  
May 26, 2020, 3-4:30 p.m. | [REGISTER](#)

### Understanding and Responding to Dementia-Related Behavior

May 5, 2020, 1-3 p.m. | [REGISTER](#)  
May 11, 2020, 9-10:30 a.m. | [REGISTER](#)

TO LEARN MORE OR TO REGISTER,  
PLEASE CALL 1.800.272.3900 OR VISIT  
US ONLINE AT [ALZWA.ORG/EDUCATION](https://www.alzwa.org/education)

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Program descriptions on back.  
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# JOIN US ONLINE PROGRAM DESCRIPTIONS

Presented by the Alzheimer's Association®



## 10 Warning Signs of Alzheimer's

Alzheimer's and other dementias cause changes in memory, thinking and behavior that interfere with daily life. Join us to learn about 10 common warning signs and what to watch for in yourself and others. The program covers typical age-related changes, common warning signs of Alzheimer's, how to approach someone about memory concerns, early detection, the benefits of a diagnosis and the diagnostic process, and Alzheimer's Association resources.

## Conozca las 10 Señales de Advertencia

Si usted o algún conocido está experimentando pérdida de memoria o cambios de comportamiento, es hora de que conozca la verdad. Detectar la enfermedad de Alzheimer temprano le dará la oportunidad de empezar un tratamiento, participar en un estudio clínico y planear para el futuro. Este taller interactivo muestra videos de personas Latinas afectadas por la enfermedad de Alzheimer.

## Dementia Conversations

Learn helpful tips to guide you in having difficult conversations with family members, including going to the doctor, deciding when to stop driving, and making legal and financial plans.

## Effective Communications Strategies

Teaches caregivers to decode verbal and behavioral communication by someone with Alzheimer's and other dementias. Participants leave with strategies for meaningful connection with people in early-, middle- and late-stage dementia.

## Healthy Living for Your Brain and Body

For centuries, we've known that the health of the brain and the body are connected. But now, science is able to provide insights into how to optimize our physical and cognitive health as we age. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.

## Legal and Financial Planning for Alzheimer's Disease

The diagnosis of Alzheimer's disease makes planning for the future more important than ever. Legal and Financial Planning for Alzheimer's Disease is an interactive webinar where you will have a chance to learn about important legal and financial issues to consider, how to put plans in place, and how to access legal and financial resources near you.

## Understanding Alzheimer's and Dementia

Alzheimer's is not normal aging. It's a disease of the brain that causes problems with memory, thinking and behavior. Join us to learn about the impact of Alzheimer's, the difference between Alzheimer's and dementia, Alzheimer's disease stages and risk factors, current research and treatments available to address some symptoms, and Alzheimer's Association resources.

## Understanding and Responding to Dementia-Related Behavior

Provides participants with a four-step model to address behavioral aspects of dementia. The program details the model and then applies it to some of the most common behaviors associated with the disease.

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To learn more or to register: 1.800.272.3900 | [alzwa.org/education](https://alzwa.org/education)