



VIRTUAL CHINESE SUPPORT GROUP

**Alzheimer's Association-NYC Chapter
Free Chinese Support Group Video Conference**

Dates: 3rd Wednesday of every month in 2022

1/19, 2/16, 3/16, 4/20, 5/18, 6/15

Time: 4-5 p.m. Pacific Time

**To register: Please call 800-272-3900 or email
wlhung@alz.org (English/Chinese)**

**After your registration is completed, you will
receive information on how to join the meeting.**

Chinese Carers Support Group (Mandarin video conference)

The Alzheimer's Association NYC Chinese Support Group allows caregivers to share practical information about care, discuss coping strategies, and learn more resources. Help caring for loved ones with Alzheimer's or other dementias provides a platform to connect and share experiences with other families experiencing similar problems.

The Alzheimer's Association-NYC Chapter Support Group is organized by trained counselors and is a safe place for dementia care partners:

- Development support system.
- Exchange practical information on challenges and possible solutions.
- Discuss problems and coping strategies.
- Share feelings, needs and concerns.