

**Alzheimer's Association
Spokane Alzheimer's & Dementia Conference**

May 24, 2022 | 8 a.m. - 3:30 p.m.

Centennial Hotel, Spokane, WA

Schedule

8-9 a.m. | Registration & Check-in

Meet with sponsors & exhibitors. Enjoy a continental breakfast.

9-9:15 a.m. | Opening Remarks

9:15-10:45 a.m. | Keynote Address

Caregiver Grief & Loss

Darrelle Volwiler, PhD

10:45-11 a.m. | Break

11 a.m.-12 p.m. | General Session

What's New in Alzheimer's Research?

Joel Loiacono, MPA

12-1 p.m. | Lunch

Lunch will be provided.

1-2 p.m. | General Session

Medicare-Medicaid: Paying for In-Home and Long-Term Care

Jennifer Ballantyne, Elder Law Attorney

2-2:15 p.m. | Break

2:15-3:30 p.m. | Breakout Sessions

Family Caregivers

Understanding and Responding to Dementia-Related Behaviors

Jane Pimentel, PhD

Professional Caregivers

What You Need to Know About Alzheimer's Disease & Medications

Brian J Gates, Pharm.D, BCGP

Conference Sessions

Keynote Address | 9:15-10:45 a.m.

Caregiver Grief & Loss

Darrelle Volwiler, PhD

CLC Psychologist and GeriPACT Psychologist at the Mann-Grandstaff Veterans Administration Medical Center Spokane



It's common for caregivers to have feelings of loss and grief as their life is changed by Alzheimer's and other types of dementia. Alzheimer's seems to gradually take away the person you know and love. It's not unusual for caregivers to say that they first lost their loved one to Alzheimer's disease, and then they lost their loved one to death. As this happens, it is typical to mourn, and you may experience the different phases of grief. This session will provide you with the knowledge and skills to both understand and cope with the loss and grief that come from being the caregiver of someone with dementia.

General Session | 11 a.m.-12 p.m.

What's New in Alzheimer's Research?

Joel Loiacono, MPA

Regional Director, Eastern Washington and North Idaho and Pacific Northwest Regional Research Champion, Alzheimer's Association Washington State Chapter



Learn about the latest developments in Alzheimer's and dementia research from the Alzheimer's Association International Conference 2021. This presentation will provide an overview of current research and trends, discuss recent findings and identify future directions in Alzheimer's and dementia science.

General Session | 1-2 p.m.

Medicare-Medicaid: Paying for In-Home and Long-Term Care

Jennifer Ballantyne, Elder Law Attorney
Estates and Elders Law PLLC



Attorney Jen Ballantyne will address considerations when you or your loved one need long-term care:

- Choices in long-term care: in-home and other settings
- How will you pay for long-term care?
- Can you protect your assets for your spouse and family?
- Special considerations if you have a spouse
- Other sources of help and benefits

Breakout Session | 2:15-3:15 p.m. Track: Family Caregivers

Understanding and Responding to Dementia-Related Behaviors

Jane Pimentel, PhD
Professor Emeritus, Eastern Washington University



Behavior is a powerful form of communication and is one of the primary ways for people with dementia to communicate their needs and feelings as the ability to use language is lost. However, some behaviors can present real challenges for caregivers to manage. Join us to learn to decode behavioral messages, identify common behavior triggers, and learn strategies to help intervene with some of the most common behavioral challenges of Alzheimer's disease.

Breakout Session | 2:15-3:15 p.m. Track: Professional Caregivers

What You Need to Know About Alzheimer's Disease & Medications

Brian J Gates, Pharm.D, BCGP
Clinical Professor, Washington State University College of Pharmacy and Pharmaceutical Sciences



This session will assist you in understanding what medications are used with Alzheimer's and other dementias, as well as when and how to use them. Dr. Gates will also help you to avoid potential pitfalls in the use of medications.