SOCIALIZE CONNECT & BUILD SUPPORT

Dementia Café

If you or a loved one has been diagnosed with memory loss, join us at the YMCA for coffee, social activities, and connection.

**WHEN**  
Friday, May 19  
The Café will meet the 3rd Friday of each month

**TIME**  
2 – 3:30pm

**WHERE**  
Central Spokane YMCA  |  930 N Monroe St. Spokane, WA 99201  
Parking pass required. See contact information below.

**WHO**  
People living with any form of dementia and a care companion

**WHAT**  
At a Dementia Café, persons living with Alzheimer’s or other dementias and their loved ones or companion will enjoy socializing in a relaxed setting. The focus will be on making connections. Friendships are created in an environment that is accepting and non-judgmental. Walk-ins are welcome but calling ahead is encouraged to make sure we share parking information.

**CONTACT**  
Kim McKenna, Alzheimer’s Association Outreach Manager, 509 207 7667

**COST**  
Free

800.272.3900 | alz.org