



SOCIALIZE CONNECT & BUILD SUPPORT

Dementia Café

If you or a loved one has been diagnosed with memory loss, join us at the YMCA for coffee, social activities, and connection.

WHEN Friday, May 19

The Café will meet the 3rd Friday of each month

TIME 2 - 3:30pm

WHERE Central Spokane YMCA | 930 N Monroe St. Spokane, WA 99201
Parking pass required. See contact information below.

WHO People living with any form of dementia and a care companion

WHAT At a Dementia Café, persons living with Alzheimer's or other dementias and their loved ones or companion will enjoy socializing in a relaxed setting. The focus will be on making connections. Friendships are created in an environment that is accepting and non-judgmental. Walk-ins are welcome but calling ahead is encouraged to make sure we share parking information.

CONTACT Kim McKenna, Alzheimer's Association Outreach Manager, 509 207 7667

COST Free