Dementia Caregiver Book Club
Virtual

Presented by Alzheimer’s Association
Washington State and Northern Idaho

Second Thursday of each month
2 - 3:30 p.m.

Contact Jane Pimentel at Alzbookclub@gmail.com for more information.

Visit alzwa.org to learn more about other caregiver programs and resources. To further extend your network of support, visit our online community, ALZ connected®, at alzconnected.org.

Join us as we read the book "Ten Thousand Joys & Ten Thousand Sorrows: A Couple’s Journey Through Alzheimer’s" by Olivia Ames Hoblitzelle

Hosted by Jane Pimentel, PhD, and Dawn Keig, PhD, the group will meet once per month for up to one year to discuss the author's journey and your own experiences along the way.

This virtual-only group is open to current caregivers of people living with Alzheimer’s or other dementias. The group is limited to 10 caregivers only.

Group attendees will need to have access their own copy of the book and be comfortable with using Zoom.