



Seattle LGBTQIA+ Alzheimer's & Dementia Caregiver Support Group

**A free, online support group.
Third Tuesday of each month
6:30-8 p.m.**

The group is for those who are unpaid or family caregivers for someone who is living with dementia

To register or learn more, contact:

Lionel Wang 206.854.4700 | lionel.s.wang@gmail.com

Visit alzwa.org to learn more about caregiver programs and resources. To further extend your network of support, visit our online community, ALZ connected®, at alzconnected.org.



Scan QR code for more opportunities from the Alzheimer's Association®.

Build a support system with people who understand.

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for the care partners of people living with dementia to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.

In partnership with:

