Pre-registration is required. Information regarding phone or video-conference will be emailed to you directly once you pre-register via the link below or by calling the Alzheimer’s Association 24/7 Helpline: 800.272.3900. Registration will close 24 hours prior to the scheduled event. Sessions will be limited in size to encourage participation.

Find COVID-19 tips for dementia caregivers on our website: https://alz.org/help-support/caregiving/coronavirus-(covid-19)-tips-for-dementia-care

### SUPPORT GROUPS

<table>
<thead>
<tr>
<th>Date, Time and Format</th>
<th>Program Type &amp; Facilitator</th>
<th>Registration Details</th>
</tr>
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<tbody>
<tr>
<td><strong>Tuesdays, May 5, 12, 19, 26</strong>&lt;br&gt;10:00 am - 1:00 pm&lt;br&gt;Webinar: Bluejeans&lt;br&gt;This workshop requires pre-screening &amp; attendance at all 4 sessions.</td>
<td>Savvy Caregiver Workshop (originally scheduled at The Oaks of Nipomo)&lt;br&gt;Speakers: Laura DeLoye &amp; Leila Thayer</td>
<td>To register go to: <a href="https://bit.ly/2VurqCg">https://bit.ly/2VurqCg</a>&lt;br&gt;Or call: 1.800.272.3900</td>
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<tr>
<td><strong>Wednesday, May 6, 13, 20, 27</strong>&lt;br&gt;1:00 pm – 1:45 pm&lt;br&gt;Webinar: Zoom&lt;br&gt;This meeting is happening weekly but requires pre-screening to join.</td>
<td>Early Stage Care Partner Support Group:&lt;br&gt;Santa Barbara County&lt;br&gt;(Usually at Friendship Center)&lt;br&gt;Facilitator: Joe Wheatley</td>
<td>To register go to: <a href="https://bit.ly/3bBDUxC">https://bit.ly/3bBDUxC</a>&lt;br&gt;Or call: 1.800.272.3900</td>
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<tr>
<td><strong>Wednesday, May 6, 13, 20, 27</strong>&lt;br&gt;1:45 pm – 2:30 pm&lt;br&gt;Webinar: Zoom&lt;br&gt;This meeting is happening weekly but requires pre-screening to join.</td>
<td>Early Stage Person living with Dementia Support Group:&lt;br&gt;Santa Barbara County&lt;br&gt;(Usually at Friendship Center)&lt;br&gt;Facilitator: Jackie Marston</td>
<td>To register go to: <a href="https://bit.ly/3eF4Y0G">https://bit.ly/3eF4Y0G</a>&lt;br&gt;Or call: 1.800.272.3900</td>
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<tr>
<td>Date</td>
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| Friday, May 1, 8, 15 & 22 | 9:30 am - 11:00 am | Webinar: Zoom | **Caregiver Support Group**  
*In partnership with Senior Concerns*  
Facilitator: Carie Salas | To register, go to:  
May 8 [https://bit.ly/3eLHx64](https://bit.ly/3eLHx64)  
Or call: 1.800.272.3900 |
| Friday, May 1 & 15 | 10:00 am - 11:30 am | Telephone Conference Call | **Caregiver Support Group**  
(Morning)  
Facilitator: Phil Chandler | To register, go to:  
Or call: 1.800.272.3900 |
| Monday, May 4 | 6:00 pm - 7:30 pm | Webinar: Google Hangout | **Caregiver Support Group**  
(Evening)  
Facilitator: Deidre Daly | To register, go to:  
Or call: 1.800.272.3900 |
| Wednesday, May 6 | 1:00 pm - 2:30 pm | Webinar: Google Hangout | **Caregiver Support Group**  
(Afternoon)  
Facilitator: Jodi Bogart | To register, go to:  
Or call: 1.800.272.3900 |
| Friday, May 8 | 10:00 am - 11:30 am | Telephone Conference Call | **Caregiver Support Group**  
(Morning)  
Facilitator: Laura Waldman | To register, go to:  
https://bit.ly/2S0Xdsn  
Or call: 1.800.272.3900 |
| Friday, May 8 | 1:00 pm - 3:00 pm | Webinar: Google Hangout | **People Living with Dementia and their Carepartners Support Groups**  
Facilitator: Phil Chandler | To register, go to:  
Or call: 1.800.272.3900 |
| Friday, May 8 | 2:30 pm - 4:00 pm | Webinar: Google Hangout | **Caregiver Support Group**  
*In partnership with CCRC and Community Memorial Hospital*  
Facilitator: Dina Ontiveras | To register, go to:  
Or call: 1.800.272.3900 |
| Saturday, May 9 | 11:00 am - 12:30 pm | Webinar: Google Hangout | **Caregiver Support Group**  
(Weekend)  
Facilitator: Richard Coon | To register, go to:  
https://bit.ly/3cFP3gM  
Or call: 1.800.272.3900 |
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<tr>
<th>Date</th>
<th>Time</th>
<th>Event Description</th>
<th>Details</th>
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<tr>
<td>Monday, May 11</td>
<td>6:00 pm - 7:30 pm</td>
<td>Webinar: Google Hangout</td>
<td>Caregiver Support Group (Evening) Facilitator: Tami Podell To register, go to: <a href="https://bit.ly/3eF3sLY">https://bit.ly/3eF3sLY</a> Or call: 1.800.272.3900</td>
</tr>
<tr>
<td>Tuesday, May 12</td>
<td>5:30 pm – 7:00 pm</td>
<td>Webinar: Google Hangout</td>
<td>Caring for a Parent Support Group Santa Barbara County (Lompoc &amp; Solvang) Facilitator: Steve Knaub To register call: 1.800.272.3900</td>
</tr>
<tr>
<td>Tuesday, May 12</td>
<td>6:30 pm - 8:00 pm</td>
<td>Webinar: Google Hangout</td>
<td>Caregiver Support Groups In partnership with CCRC and Belmont Village Facilitator: Brenda Birdwell To register, go to: <a href="https://bit.ly/3bzEqfq">https://bit.ly/3bzEqfq</a> Or call: 1.800.272.3900</td>
</tr>
<tr>
<td>Tuesday, May 12</td>
<td>6:30 pm – 8:00 pm</td>
<td>Telephone Conference Call</td>
<td>Caregiver Support Group: San Luis Obispo County (Usually at Creston Village, Paso Robles) Facilitator: Elana Peters To register go to: <a href="https://bit.ly/2yAVrqS">https://bit.ly/2yAVrqS</a> Or call: 1.800.272.3900</td>
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<tr>
<td>Wednesday, May 13</td>
<td>10:00am-12:00pm</td>
<td>Webinar: Blue Jeans</td>
<td>Confident Caregiver Education Series: Effective Communication Strategies Speaker: Laura DeLoye To register go to: <a href="https://bit.ly/2KnJHLb">https://bit.ly/2KnJHLb</a> Or call: 1-800-272-3900</td>
</tr>
<tr>
<td>Wednesday, May 13</td>
<td>1:00 pm – 2:30 pm</td>
<td>Webinar: Google Hangout</td>
<td>Family Caregiver Support Group: Santa Barbara County (Lompoc &amp; Solvang) Facilitators: Denise Daniels &amp; Gerard Duncan To register go to: <a href="https://bit.ly/2xHketu">https://bit.ly/2xHketu</a> Or call: 1.800.272.3900</td>
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<tr>
<td>Date</td>
<td>Time</td>
<td>Webinar</td>
<td>Group Details</td>
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| Wednesday, May 13 | 1:00 pm – 2:30 pm | Webinar: Google Hangout | Caregiver Support Group: San Luis Obispo County  
(Usually at AG:Grace Bible Church) | Jenny Molinar | To register go to: https://bit.ly/2S2VIKe  
Or call: 1-800-272-3900 |
| Wednesday, May 13 | 1:00 pm – 2:30 pm | Webinar: Google Hangout | Caregiver Support Group:  
(Afternoon)  
San Luis Obispo County  
(Usually at Sydney Creek) | Paulette Ozar | To register, go to: https://bit.ly/2XYzMUg  
Or call: 1-800-272-3900 |
| Wednesday, May 13 | 5:30 pm – 7:00 pm | Webinar: Zoom | Adult Children Caregivers Support Group: San Luis Obispo County  
(Usually at Sydney Creek) | Wynette Winkler | To register go to: https://bit.ly/2VvIIyA  
Or call: 1-800-272-3900 |
| Friday, May 15  | 1:00 pm – 2:30 pm | Webinar: BlueJeans | Caregiver Support Group: San Luis Obispo County  
Or call: 1-800-272-3900 |
| Monday, May 18  | 6:00 pm - 7:30 pm | Webinar: Google Hangout | Caregiver Support Group:  
(Evening)  
San Luis Obispo County  
(Usually at Sydney Creek) | Norma Featherston | To register, go to: https://bit.ly/2Vw0MbW  
Or call: 1-800-272-3900 |
| Tuesday, May 19 | 9:00 am – 11:00 am | Webinar: GoToMeeting | Confident Caregiver Education Series: Understanding Dementia-Related Behavior  
Speaker: Donna Beal |                | To register go to: https://bit.ly/2XWgwqI  
Or call: 1.800.272.3900 |
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<tr>
<th>Date</th>
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<th>Event Description</th>
<th>Location</th>
<th>Facilitator(s)</th>
<th>Registration Details</th>
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</table>
| Tuesday, May 19  | 10:00 am – 11:30 am | Telephone Conference Call                                                         | Caregiver Support Group: San Luis Obispo County (Usually SLO Coastal Peaks) | Val Ferrero                                                                  | To register go to:  
 Or call: 1-800-272-3900 |
|                  |                  |                                                                   |                                                                            |                                                                                |                     |
| Tuesday, May 19  | 10:30 am – 12:00 noon | Webinar: GoToMeeting                                                          | Family Caregiver Support Group: Santa Barbara County (Santa Maria)         | Gary Gross & Carolyn Beasley                                                  | To register go to:  
  https://bit.ly/3eN0JQW  
 Or call: 1.800.272.3900 |
|                  |                  |                                                                   |                                                                            |                                                                                |                     |
| Wednesday, May 20 | 1:00 pm - 2:30 pm   | Webinar: Google Hangout                                                        | Caregiver Support Group (Afternoon)                                       | Jodi Bogart                                                                | To register, go to:  
  https://bit.ly/2xTH2WQ  
 Or call: 1.800.272.3900 |
|                  |                  |                                                                   |                                                                            |                                                                                |                     |
| Wednesday, May 20 | 5:30 pm – 7:00 pm   | Webinar: Google Hangouts                                                        | Caregiver Support Group: San Luis Obispo County (NEW Group would usually meet at AG Memorial Hospital) | Jenny Molinar                                                                  | To register go to:  
 Or call: 1.800.272.3900 |
|                  |                  |                                                                   |                                                                            |                                                                                |                     |
| Thursday, May 21 | 1:00 pm – 2:30 pm   | Webinar: Zoom                                                                  | Caregiver Support Group: San Luis Obispo County (usually at Los Osos, Baptist Church) | Kiersten Arnaudin (co-sponsored by Coast Caregiver Resource Center)         | To register go to:  
 Or call: 1.800.272.3900 |
|                  |                  |                                                                   |                                                                            |                                                                                |                     |
| Thursday, May 21 | 1:00 pm - 3:00 pm   | Webinar: BlueJeans                                                             | Living with Alzheimer’s: Middle Stage Part 1                              | Leila Thayer                                                                | To register, go to:  
  https://bit.ly/2Sna9sO  
 Or call: 1.800.272.3900 |
<table>
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<tr>
<td>Friday, May 22</td>
<td>10:00 am - 11:30 am</td>
<td>Caregiver Support Group (Morning)</td>
<td>Laura Waldman</td>
<td>To register, go to: <a href="https://bit.ly/2KtueJB">https://bit.ly/2KtueJB</a> Or call: 1.800.272.3900</td>
</tr>
<tr>
<td>Saturday, May 23</td>
<td>11:00 am - 12:30 pm</td>
<td>Caregiver Support Group (Weekend)</td>
<td>Richard Coon</td>
<td>To register, go to: <a href="https://bit.ly/2VSJLHV">https://bit.ly/2VSJLHV</a> Or call: 1.800.272.3900</td>
</tr>
<tr>
<td>Tuesday, May 26</td>
<td>6:30 pm - 8:00 pm</td>
<td>Caregiver Support Group</td>
<td>Brenda Birdwell</td>
<td>To register, go to: <a href="https://bit.ly/2VxlIiP">https://bit.ly/2VxlIiP</a> Or call: 1.800.272.3900</td>
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<tr>
<td>Wednesday, May 27</td>
<td>1:00 pm - 2:30 pm</td>
<td>Caregiver Support Group (Afternoon)</td>
<td>Paulette Ozar</td>
<td>To register, go to: <a href="https://bit.ly/3el7O54">https://bit.ly/3el7O54</a> Or call: 1.800.272.3900</td>
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<tr>
<td>Friday, May 29</td>
<td>10:00 am - 11:30 am</td>
<td>Caregiver Support Group (Morning)</td>
<td>Joanna Carnes</td>
<td>To register, go to: <a href="https://bit.ly/3bwPyd2">https://bit.ly/3bwPyd2</a> Or call: 1.800.272.3900</td>
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ALZHEIMER’S ASSOCIATION UNVEILS COMPILATION ALBUM & VIDEO SERIES
“MUSIC MOMENTS”
DOWNLOAD / STREAM HERE

The Alzheimer’s Association released Music Moments, a collection of new recordings and unreleased tracks by award-winning artists honoring the personal, emotional connection between music and life’s most important moments that we would never want to lose to Alzheimer’s and all other dementia. Music Moments is available on all major streaming platforms now.

Music Moments is a multi-genre collection of powerful performances and heartfelt storytelling created to champion the fight for a world without Alzheimer’s disease, and is available in two parts: a compilation album and behind-the-scenes video series. This unprecedented project is an effort to highlight how music marks the most important moments and people in our lives, while raising awareness for Alzheimer’s disease and engaging the public in conversation to advance the cause.

For additional information about Music Moments, please visit: alz.org/musicmoments. Follow on social media at: @alzassociation and fb.com/actionalz.