



# help and hope

for persons diagnosed with  
Alzheimer's disease & related disorders & their families

**Help and Hope** is an educational program for people in the early stages of Alzheimer's disease or related dementia and their primary care-partners.

**Help and Hope** focuses on families by providing support on key educational topics, helping to strengthen family bonds as they face Alzheimer's disease.

**Help and Hope** offers 6 one-hour webinars over 2 weeks covering important issues that couples and families face as they travel the Alzheimer's journey together. Topics include: legal and financial planning, advocating for treatment options, safety concerns, medical visit prep, effective communication and self care.

**Monday, Wednesday, Fridays:  
June 15, 17, 19, 22, 24 & 26, 2020**

**10:30am – 11:30am**

**~ Live Online Webinars ~**

***For people in the early stages of Alzheimer's disease  
or any form of progressive dementia and their primary care-partners.***

**Participation is free.**

**Pre-Registration required:**

<https://bit.ly/3c4PyAv>

**For more info contact:**

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## 2020 Schedule

10:30am - 11:30am

**Day 1: Monday, June 15:**

**Legal Issues Relating to Early Stage Dementia**

Speaker: **Stephanie Barclay, SLO Legal Assistance Foundation**

**Day 2: Wednesday, June 17:**

**Piecing It Together: Advocating for Health**

Speaker: **Linda Beck, Square One Elder & Health Advocacy**

**Day 3: Friday, June 19:**

**We've Got This: Planning for the Future with Dementia**

Speaker: **Jenny Molinar, Guided Aging**

**Day 4: Monday, June 22:**

**Financial Prep: What You Need to Know**

Speaker: **Charles Matthews, Financial Advisor at Edward Jones**

**Day 5: Wednesday, June 24:**

**Maneuvering Medical Needs in Early Stages**

Speaker: **Susan Quinones, RN**

**Day 6: Friday, June 26:**

**Effective Communication & Self Care**

Speaker: **Sonya Branco, Alzheimer's Association**

**Participation is free - Pre-Registration is required**  
**Contact: Laura DeLoye - 805.342.0956 - [ladeloye@alz.org](mailto:ladeloye@alz.org)**