



alzheimer's association®

Writing our Lives as Caregivers

Gateway West Park
 (3rd floor Conference Room)
 644 Linn St.
 Cincinnati, OH 45203

A free guided writing seminar for caregivers

Before you began this dementia journey with your loved one, could you have even imagined how your life and relationships would change? The tenderness. The pain. The anxiety. The sense of purpose. The loss of identity. The love. Your story is an important one. Pauletta Hansel is the author of *Palindrome*, a poetry collection written in response to her mother's dementia. She leads this nurturing and inspiring writing session as an opportunity to use writing to reflect on your own journey, and to share as much or as little as you choose in a supportive and safe circle of other caregivers. No previous writing experience is necessary; participants of previous workshops are welcome to return.

SPACE IS LIMITED. REGISTRATION REQUIRED.

DATE: Saturday, Dec 1, 2018

TIME: 9 a.m. - Noon

[To Register online Click here](#)

WRITING REGISTRATION FORM - SATURDAY, DEC. 1

Name: _____ Gender M F

Telephone: (_____) _____

Age: _____ Ethnicity: White Black Hispanic Native Amer. Asian Other _____

Contact Relationship to PWD Self Spouse Adult child/in-law Sibling Other: _____

Street Address: _____

City: _____ State: _____ Zip code: _____

County: _____ E-mail address: _____

STAFF ONLY

Registration received date _____ Initials _____ Waiting list Y N

Mail back completed registration form to:
644 Linn St, Suite 1026, Cincinnati, OH 45203 OR Fax to: 513-345-8446
OR Call 513-721-4284 to register via phone.