

the compassion to care, the leadership to conquer

Greater Cincinnati Chapter 644 Linn Street, Suite 1026 Cincinnati, OH 45203 1-800-272-3900 www.alz.org/cincinnati

Healthy Living for Your Brain and Body



For centuries, we've known that the health of the brain and the body are connected. But now, science is able to provide insights into how to make lifestyle choices that may help you keep your brain and body healthy as you age. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement.

WARREN COUNTY

Thursday, August 23, 2018 1:15 - 2:15 p.m. Mason Community Center 6050 Mason-Montgomery Rd Mason, OH 45040

To register, complete the form below and send to: Alzheimer's Association, 644 Linn St. #1026, Cincinnati, OH 45203. Or call 800-272-3900. FAX: 513-632-3880.



Various programs and services are funded in part by the Ohio Department of Aging through the Council on Aging of Southwestern Ohio, and Area Agency on Aging District 7, Inc. All services are provided without regard to race, age, color, religion, sex, disability, national origin, or ancestry.

CLICK here FOR ONLINE REGISTRATION

Or print out and complete the form below and send to: Alzheimer's Association, 644 Linn St. #1026.

Cincinnati, OH 45203. FAX: 513-632-3880
REGISTRATION: The Basics / Mason Community Center DATE: Thursday, August 23 1:15 – 2:15 p.m.
How did you hear about this program? Alzheimer's Assn. staff Healthcare provider Family/friend/coworker Mailing to home/work TV/radio/newspaper ad Website Other
Name (please print):
Street Address:
City: State: Zip code:
County: E-mail address:
Telephone 1: () Telephone 2: ()
Circle one: Home Work Cellular Circle one: Home Work Cellular
Your Gender: M F Your Age: Your highest level of Education:
Your Ethnicity: White Black Hispanic Native Amer Asian Other:
Your relationship to person with illness: Self Spouse Adult child/in-law Sibling Other:
Age of person with illness: Gender of person with illness: Male Female Veteran:YesNo
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