

WHAT WE DO & HOW WE HELP

Programs & Services in support of all forms of dementia

Our services are *free* but the support is *invaluable* 6/2018

SUPPORT SERVICES & EDUCATION

Helpline We're here. All day, every day 800.272.3900

24/7 Referral and support service offered in 140 languages to provide information on memory loss, medications, treatment options, safety, caregiving tips, services, and guidance on issues faced at any stage of the journey. Call, email cleveland-helpline@alz.org, or chat with us via our local website at www.alz.org/cleveland.

Dementia Care Coaching

A telephone-based support program for caregivers that provides personalized information, resources, strategies and the creation of an action plan to help with decision making. Regular contacts with staff provide ongoing support over time to assist with the care of the person with Alzheimer's or another form of dementia. Available in Spanish.

SHARE: Next Steps After Diagnosis

An in-person, six-session counseling program that empowers people living with early-stage dementia and their care partner to live full and rewarding lives as they adapt to the challenges of dementia. The program honors each person's care values and preferences in order to build a strong network for support they can rely on now and in the future.

Early-Stage Services

Programs that provide education and support for individuals living with a memory and thinking disorder, their family members, and friends. Services include an in-person or over the phone consultation or monthly group meetings where participants learn about ways to effectively live with memory and thinking challenges.

Caregiver Support Groups

Monthly support groups throughout our five-county service area. Each group is facilitated by trained facilitators and provides information and support to individuals caring for someone with Alzheimer's disease or a related dementia. Spanish-speaking support group available.

Social Engagement Programs

Monthly programs specifically designed to enrich the mind, body and soul of those with mild to moderate memory and thinking disorders and their loved ones. Minds in Motion programs offer a variety of experiences, including exercise, art, music, and cooking. Art in the Afternoon programs provide specialty art tours at the Cleveland Museum of Art.

Community & Online Education Programs

Regular programming provides comprehensive information on a variety of topics including how to understand Alzheimer's disease and related dementias, communication tips, understand challenging behavior, addressing legal and financial issues, and many more. A current list of programs are posted on www.alz.org/cleveland. Some programs are presented in Spanish.

Professional Training Programs

Web-based trainings (CARES Training & essentiALZ Certification) available for staff working with those diagnosed with Alzheimer's disease and other forms of dementia.



ONLINE SERVICES

The Alzheimer's Association website offers many online support programs and message boards visit <http://www.alz.org/care/alzheimers-dementia-online-tools.asp>

Alzheimer's Navigator®

Alzheimer's Navigator is an innovative online tool designed for individuals with Alzheimer's disease, their families and caregivers. Alzheimer's Navigator creates customized and comprehensive action plans, based on answers provided through short, online surveys.



ALZConnected®

ALZConnected is the first dedicated online social networking community for anyone impacted by Alzheimer's disease. It provides a safe place for people to connect with others in similar situations, 24 hours a day, 365 days a year, at no charge.

Caregiver Stress Check

Take our caregiver stress check and get resources to help you cope and be a healthy caregiver.

Care Team Calendar

The Alzheimer's Association Care Team Calendar is a free personalized group calendar that helps organize family and friends who want to help with caregiving duties and tasks, such as providing rides, preparing meals or providing companionship.

Virtual Library

The Virtual Library is an extension of the Alzheimer's Association Green-Field Library, located at our national office in Chicago. Search the online catalog, view resources chosen by experts, email questions to our librarian and learn how to borrow materials.

SAFETY SERVICES

MedicAlert+Safe Return Identification Program

This nationwide identification, support and enrollment program assists in the identification and return of individuals with memory loss who wander. Benefits include identification materials, registration in a national database, a 24/7 toll-free number to contact, a personal health record, and a coordinated outreach to police.



RESEARCH

TrialMatch

A Clinical Studies Matching Service that provides anyone with an opportunity to not only take action for yourself but to also make an important contribution for current and future Alzheimer's patients and their families. Clinical trials accelerate progress and provide valuable insight. Without participation, finding a cure is virtually impossible. Learn more at www.alz.org/trialmatch.

Our services are free and made possible through the generous contributions of our supporters.

How you can support the Alzheimer's Association?

- Participate in the Walk to End Alzheimer's or the Longest Day special events
- Designate your workplace giving to the Association
- Plan a Fundraiser
- Attend our Annual Dinner
- Make a Memorial contribution in honor of someone

OFFICE INFORMATION

The Alzheimer's Association Cleveland Area Chapter has three office locations available for drop-in. Information on resources are available and staff members are on-site to answer questions and provide support without an appointment.

Offices are open Monday-Friday 8:30 am - 4:30 pm

Avon: Office
37309 Harvest Drive
Avon, Oh 44011

Beachwood Office
23215 Commerce Park Ste 300
Beachwood, Oh 44122

Mentor Office
8522 East Avenue
Mentor, Oh 44060