

Living Successfully with a Memory and Thinking Disorder

Services and Resources for Individuals Living with an Early-Stage Memory and Thinking Disorder, their Family Members, and/or Friends

Learn about memory and thinking disorders

Meet with an Early-Stage Specialist for a Consultation over the phone or in person to learn about our services, ask questions, or engage in problem solving and planning for the future. Ask about the Peer to Peer option!

Join an Early-Stage Education & Support Group. This year-long program meets monthly and features a variety of educational topics. The group environment naturally provides an opportunity to connect with others with similar experiences. These groups are offered at a variety of times and locations.

Attend our Education Programs. Topics include Living with Alzheimer's, Research, Legal & Financial Issues, and Brain Health.

Connect with others

Attend our Minds In Motion social engagement program designed specifically to enrich the mind, body, and soul. A variety of experiences are offered including exercise, art, and music. Click [HERE](#) for a printable schedule and information sheet on our Minds in Motion program.

Meet informally with other families at a Social Group. These groups meet monthly over lunch or dinner in a variety of community locations.

Enjoy Art Gallery tours provided by specially trained docents through the Art in the Afternoon Program at the Cleveland Museum of Art. Click [HERE](#) for a printable schedule and information sheet on the Art in the Afternoon Program.

Get involved

Learn about opportunities to participate in research studies and clinical trials at local research centers and through TrialMatch, an Alzheimer's Association Clinical Trials matching service.

Become an Advocate by participating in activities coordinated by the Association to raise awareness and advocate for changes in public policy.

Share Your Story at community education programs, through media outlets, or on our blog to raise awareness about Alzheimer's disease.

Support the Cleveland Area Chapter through Volunteering. Various opportunities are available throughout the year.

For more information about any of these services, please contact:
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