

## Where to go with Your Questions

Many people who are facing the challenges of memory loss due to Alzheimer's disease or other forms of dementia have lots of questions. Here are just some of the most frequently asked questions that we can help with...

"What is the difference between normal age-related memory loss and Alzheimer's memory loss?"

"I know memory loss is a symptom of Alzheimer's disease, but my husband is exhibiting behavior that is unusual – are changes in behavior a symptom too?"

"What do I need to do legally and financially if my loved one has Alzheimer's disease?"

"My wife is diagnosed with Alzheimer's disease and I am her 24/7 caregiver. I am feeling very overwhelmed. What strategies might reduce my stress?"

"My grandmother doesn't recognize me as her granddaughter anymore – she thinks I am her sister. Should I correct her?"

"How do I know when it isn't safe for my mother with Alzheimer's to live alone anymore?"

"My aunt wants to go home – she has lived in the same house for fifty years but I can't seem to convince her that she is home. I am afraid she will leave and try to find her home. What should I do?"

"My sister seems more confused these days. I read information about Alzheimer's disease and the symptoms don't seem to quite fit her situation. Can you answer questions about other types of dementia?"

As the world leader in Alzheimer research and support, we provide reliable guidance and information to all those who need it, 24 hours a day, seven days a week.

### **Our Helpline Serves:**

People with memory loss

Caregivers

Health care professionals

The public

Diverse populations

Our highly trained and knowledgeable staff can help you with:

Understanding memory loss, dementia and Alzheimer's

Medications and other treatment options

General information about aging and brain health

Skills to provide quality care and to find the best care from professionals

Strategies to reduce stress and manage lifestyle changes

Decisions about legal and financial issues, and living arrangements

Help in a caller's preferred language using our translation services that features more than 140 languages and dialects

Referrals to local community programs, services and ongoing support

To reach our 24/7 helpline, please contact us at 800.272.3900 or, if you prefer, send us a message at [cleveland-helpline@alz.org](mailto:cleveland-helpline@alz.org). We check messages daily and will respond to your inquiry, usually within 24 hours.