



MAKE A DIFFERENCE: VOLUNTEER WITH THE ALZHEIMER'S ASSOCIATION

Millions of Americans are impacted by Alzheimer's disease, and you can do something to help by becoming an Alzheimer's Association® volunteer. Our ability to reach and support those affected depends on people like you who are dedicated to the fight against this disease.

As an Association volunteer, you can use your unique talents to make a meaningful impact in your community while connecting with others who share your passion. Find the role that's the best fit for you!

Support Group Facilitator- Create a safe, open environment where people share their feelings, thoughts and experiences in a combined effort to better cope with and manage the shared problems of dementia. The goal of Alzheimer's Association support groups is to provide emotional, social and/or educational support to group members. As facilitators, individuals may be responsible for general caregiver, adult children, spouse, gender-specific or language-specific groups. (Ashtabula, Cuyahoga, Geauga, Lake, Lorain counties)

Community Representative - Cultivate community relationships by identifying opportunities to promote Association programs and services, presenting brief overviews and attending health fairs and other community events in an agreed upon region of our service area (Ashtabula, Cuyahoga, Geauga, Lake and Lorain counties) to share information about Alzheimer's disease and Association services.

Office Volunteer – Help with data entry, packaging materials, preparing mailings and/or making phone calls at our Beachwood office.

Walk to End Alzheimer's® Committee
Three opportunities: Cleveland, Kirtland, Lorain

Commitment: Committee members accepted on a rolling basis. Each committee member selects at least one sub-committee to serve. Commitment varies based on the sub-committee you chose to serve on, typically meeting with fellow committee members 1.5 hours a month in person or by phone, various virtual and independent work activities are available in-between meetings.

The Longest Day® Committee - The day with the most light is the day we fight Alzheimer's. On the longest day of the year, June 20, the Alzheimer's Association calls upon individuals to select an activity or organize an event of their choice to raise funds and awareness. Committee members help recruit and retain teams and coach team captains.

Event date: On and leading up to June 20, 2020

Commitment: Committee members accepted on a rolling basis. The time commitment varies based on the sub-committee you chose to serve on, typically meeting with fellow committee members 1 hour a month in person or by phone, various virtual and independent work activities are available in-between meetings.

A Celebration of Hope Committee – The Cleveland Area Chapter's annual dinner and benefit that enables area families to receive free support and exceptional services, and fund critically needed research to treat and cure the disease. Committee members secure auction donations, identify and solicit new and returning table hosts or identify and solicit new and returning corporate sponsors.

Commitment: Varies based on sub-committees. The committee meets in person every other month starting in September. Sub-committees meeting monthly by conference call or in person every other month starting in November. Each committee member should support the event through event sponsorship (corporate or individual) or plan to volunteer at the event.

Getting started is easy! Sign up with the Cleveland Area Chapter today by contacting Cheryl Ross at 216.342.5565 or cbross@alz.org.