2022 SUPPORT GROUPS for caregivers

Boulder & Mountain Area

Salida (in person group) | 1st Thursday | 10:45 am - 12:00 pm
First Presbyterian Church 7 | Poncha Blvd., Salida 81201

Boulder (in person group) | 1st Thursday | 12:15 - 1:30 pm
West Age Well Center | 909 Arapahoe Ave., Boulder 80302

Erie (in person group) | 1st Thursday & 3rd Thursday | 4:00 - 5:30 pm
Erie Community Center | 450 Powers St., Erie 80516

Niwot (in person group) | 2nd Tuesday | 10:00 - 11:00 am
Una Vida | 7960 Niwot Rd. B12, Niwot 80503

Longmont (in person group) | 2nd Tuesday | 12:00 - 1:30 pm
Longmont Senior Center | 910 Longs Peak Ave., Longmont 80501

Avon (in person group) | 2nd Tuesday | 4:30 - 6:00 pm
Eagle River Presbyterian Church | 455 Nottingham Ranch Rd., Avon 81620

Louisville (in person group) | 2nd Thursday | 6:00 - 7:30 pm Louisville
Senior Center | 900 Via Appia Way, Louisville 80027

Broomfield (in person group) | 3rd Tuesday | 10:00 - 11:30 am
Broomfield Community Center | 280 Spader Way, Broomfield 80020

Boulder Men’s Group (in person group) | 3rd Wednesday | 1:00 - 2:00 pm
West Age Well Center | 909 Arapahoe Ave, Boulder 80302

Eagle (in person group) | 4th Tuesday | 3:30 - 5:00 pm
Golden Eagle Community Center | 715 Broadway St., Eagle 81531

Register at alz.org/crf or call 24/7 Helpline: 800.272.3900

Due to regulations and changes related to the COVID-19 pandemic, pre-registration is encouraged. Upon registration, participants will receive a link and phone number to join a virtual meeting or their in-person location will be confirmed.

No cost to attend. For more information call 800.272.3900 or visit alz.org/co
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2022 SUPPORT GROUPS for caregivers

Denver Area

**Aurora** (in person group) | 1st Monday | 1:00 - 2:30 pm  
Christ the Savior Lutheran Church | 1092 S. Nome St., Aurora 80012

**Castle Rock** (in person group) | 1st Friday | 2:00 - 4:00 pm  
Phillip S. Miller Library | 100 S. Wilcox St., Castle Rock 80104

**Lakewood** (hybrid group) | 1st Saturday | 1:00 - 3:00 pm  
Lakewood Public Library | 10200 W. 20th Ave., Lakewood 80215

**Denver** (in person group) | 2nd Monday | 1:00 - 3:00 pm  
Christ Episcopal Church | 2950 S. University Blvd., Denver 80210

**Arvada** (in person group) | 2nd Monday | 6:00 - 7:30 pm  
Standley Lake Library | 8485 Kipling St., Arvada 80012

**Centennial** (in person group) | 2nd Tuesday | 1:00 - 2:30 pm  
Good Shepherd Episcopal Church | 8548 E. Dry Creek Rd., Centennial 80112

**Littleton** (hybrid) | 2nd Wednesday | 7:00 - 9:00 pm  
South Suburban Christian Church | 7275 S. Broadway, Littleton 80122

**Lakewood** (in person) | 3rd Wednesday | 3:00 - 4:00 pm  
Carmel Oaks Senior Living | 1811 S. Harlan Circle, Lakewood 80232

**Westminster** (in person group) | 3rd Thursday | 10:00 - 11:30 am  
Covenant Village | 9153 Yarrow St., Westminster 80021

**Centennial** (virtual group) | 3rd Friday | 1:00 - 2:30 pm  
Goodson Recreation Center

**Castle Rock** (virtual group) | 3rd Friday | 2:00 - 4:00 pm  
Phillip S. Miller Library

**Denver** (hybrid group) | 4th Wednesday | 6:30 - 8:00 pm  
Augustana Lutheran Church | 5000 E. Alameda Ave., Denver 80246

**Arvada** (in person group) | 4th Friday | 9:00 - 10:30 am  
Arvada United Methodist | 6750 Carr St., Arvada 80004

**Northglenn** (hybrid group) | 4th Saturday | 10:00 - 11:30 am  
Northglenn Recreation Center | 11801 Community Center Dr., Northglenn 80233

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2022 SUPPORT GROUPS for caregivers

Denver Area Specialized Groups

Adult Children Support Group (virtual group) | 1st Wednesday | 7:00 - 8:30 pm
A support group for adult children caring for aging parents

Early Stage Caregiver Group (virtual group) | 1st Thursday | 1:00 - 2:00 pm
First steps in a dementia journey.

Men’s Support Group (hybrid group) | 3rd Tuesday | 12:00 - 1:30 pm
Bethany Lutheran Church | 4500 E. Hampden Ave., Cherry Hills Village, CO 80113

Lewy Body Dementia Caregiver Support Group (virtual group) | 3rd Thursday | 6:00 - 7:30 pm

LGBTQ Care Partner Support Group (virtual group) | 3rd Tuesday | 11:00 - Noon

Younger Onset- Adult Children Support Group (virtual group) | 2nd Wednesday | 6:30 - 7:30 pm
A support group for adult children caring for parents with younger-onset dementia
SUPPORT GROUPS for caregivers

Northeast Colorado

**Greeley** (phone group) | 1st, 3rd & 5th Monday | 9:30 - 10:30 am
Westview Church of Christ

**Erie** (in person group) | 1st & 3rd Thursday | 4:00 - 5:30 pm
Erie Community Center | 450 Powers St., Erie 80516

**Brush** (in person group) | 2nd Monday | 11:30 am - 1:00 pm
Eben Ezer Lutheran Care Center | 122 Hospital Rd., Brush 80723

**Greeley** (in person group) | 2nd & 4th Monday | 9:30 - 10:30 am
Westview Church of Christ | 4151 20th St., Greeley 80634

**Longmont** (in person group) | 2nd Tuesday | 12:00 - 1:30 pm
Longmont Senior Center | 910 Longs Peak Ave., Longmont 80501

**Younger Onset Caregiver Group** (in person group) | 2nd Wednesday | 6:00 - 7:00 pm
Greeley Family Fun Plex | 1501 65th Ave., Greeley 80634

**Younger Onset Caregiver Group** (virtual group) | 2nd Wednesdays | 6:00 - 7:00 pm
Greeley

**Sterling** (in person group) | 3rd Wednesday | 2:00 - 3:00 pm
Christ United Methodist Church | 104 S. 4th St., Sterling, 80751

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2022 SUPPORT GROUPS for caregivers

Northern Colorado

**Fort Collins** (virtual group) | Every Monday | 1:00 - 2:00 pm
Elderhaus

**Fort Collins** (virtual group) | Every Wednesday | 9:30 - 10:30 am
Elderhaus

**Fort Collins Faith Based** (virtual group) | 1st, 3rd, 4th Wednesday | 10:00 - 11:30 am
Timberline Church

**Fort Collins** (virtual group) | 1st Thursday | 1:00 - 2:30 pm
Fort Collins

**Walden** (in person group) | 1st Thursday | 2:00 - 3:00 pm
Walden Senior Center | 312 5th St., Walden 80480

**Loveland** (in person group) | 1st & 3rd Thursday | 2:00 - 3:30 pm
First Christian Church | 2000 N Lincoln Ave., Loveland 80538

**Fort Collins Men’s Caregiver Support Group** (in person group) | 1st & 3rd Friday
12:00 - 1:30 pm
Pathways Hospice | 305 Carpenter Rd., Fort Collins 80525

**Steamboat Springs** (in person group) | 2nd Tuesday | 10:30 - 11:30 am
Steamboat Springs Community Center | 1605 Lincoln Ave., Steamboat Springs 80487

**Longmont** (in person group) | 2nd Tuesday | 12:00 - 1:30 pm
Longmont Senior Center | 910 Longs Peak Ave., Longmont 80501

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2022 SUPPORT GROUPS for caregivers

Northern Colorado

**Loveland** (in person group) | 2nd & 4th Tuesday | 3:00 - 4:00 pm
Loveland Good Samaritan Village | 2101 S. Garfield Ave., Loveland 80537

**Estes Park** (in person group) | 2nd & 4th Tuesday | 9:30 - 10:45 am
Good Samaritan Village | 1901 Ptarmigan Trl., Estes Park 80517

**Fort Collins Faith Based** (in person group) | 2nd Wednesday | 10:00 - 11:30 am
Timberline Church | 2908 S. Timberline Rd., Fort Collins 80525

**Berthoud** (in person group) | 2nd Thursday | 10:00 - 11:30 am
Grace Place Church Outpost Building | 375 Meadowlark Dr., Berthoud 80531

**Fort Collins Self Care Saturday** (in person group) | 2nd Saturday | 10:00 - 11:30 am
Please Call 800.272.3900 For Location | Fort Collins 80524

**Glenwood Springs** (in person group) | 3rd Friday | 3:30 - 4:30 pm
Glenwood Springs Library | 815 Cooper Ave., Glenwood Springs 81601

**Sandwich Generation Caregiver Group** (virtual group) | 4th Saturday | 10:00 - 11:30 am
A support group for those raising children and caring for an elder with dementia Alzheimer’s Fort Collins

No cost to attend. For more information call 800.272.3900 or visit alz.org/co
**2022 SUPPORT GROUPS for caregivers**

Western Slope

**Grieving After Dementia** (virtual group) | 1<sup>st</sup> & 3<sup>rd</sup> Monday | 11:30 am - 1:00 pm

**Western Colorado Veterans Caregiver Group** (virtual group) | 1<sup>st</sup> Tuesday | 9:30 - 10:30 am

**Durango** (hybrid group) | 1<sup>st</sup>, 3<sup>rd</sup> & 5<sup>th</sup> Wednesday | 10:30 am - 12:00 pm
La Plata Senior Center | 2424 Main Ave., Durango 81301

**Delta** (in person group) | 1<sup>st</sup> & 3<sup>rd</sup> Friday | 1:00 - 2:00 pm
Delta County Memorial Hospital | 1501 E 3rd St, Delta 81416

**Montrose** (in person group) | 2<sup>nd</sup> & 4<sup>th</sup> Tuesday | 1:00 pm - 2:00 pm
US Bank | 1500 E Oak Grove Rd, Montrose 81401

**Montrose** (in person group) | 2<sup>nd</sup> & 4<sup>th</sup> Tuesday | 3:00 pm - 4:00 pm
US Bank | 1500 E Oak Grove Rd, Montrose 81401

**Montrose** (virtual group) | 2<sup>nd</sup> & 4<sup>th</sup> Friday | 10:30 - 11:30 am

**Grand Junction** (in person group) | 4<sup>th</sup> Wednesday | 1:00 - 2:00 pm
Alzheimer’s Association Office | 2232 N 7th St, Ste B1, Grand Junction 81501

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2022
SUPPORT GROUPS
for caregivers

Specialized Groups

Grieving After Dementia (virtual group) | 1st & 3rd Monday | 11:30 - 1:00 am
Adult Children Caregiver Group (virtual group) | 1st Wednesday | 7:00 - 8:30 pm
A support group for children caring for aging parents
Early Stage Caregiver Group (virtual group) | 1st Thursday | 1:00 - 2:00 pm
First steps in a dementia journey
Lewy Body Dementia Caregiver Group (virtual group) | 2nd Monday | 3:30 - 5:00 pm
Grieving Through Dementia (virtual group) | 2nd Wednesday | 10:00 - 11:30 am
Younger Onset Caregiver Group (virtual group) | 2nd Wednesday | 6:00 - 7:00 pm
Adult Children Caregiver Group (virtual group) | 3rd Wednesday | 7:00 - 8:00 pm
A support group for children caring for aging parents
Lewy Body Dementia Caregiver Group (virtual group) | 3rd Thursday | 6:00 - 7:30 pm
Frontotemporal Dementia Caregiver Group (virtual group) | 3rd Friday | 10:30 - 11:30 am
Sandwich Generation Caregiver Group (hybrid group) | 4th Saturday | 10:00 - 11:30 am
A support group for those raising children and caring for an elder with dementia

ALZHEIMER'S ASSOCIATION
Colorado Chapter

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