12:45 p.m. - 2:00 p.m.
Understanding Alzheimer’s and Dementia
Brenda Gurung, Alzheimer’s Association
Nutritional Support for Caregivers
Barbra Cohn, Cohn Writing Solutions
Discussing Future Planning in Dementia – Promises and Pitfalls
• Hillary Lum, MD, PhD, University of Colorado & VA Eastern Colorado Geriatric Research Education and Clinical Center
• Jean Abbott, MD, MH, University of Colorado Center for Bioethics and Humanities
• Constance Holden, RN, MSN, The Conversation Project in Boulder County
The Joy of Dementia (You Gotta be Kidding!)
• Mary Fridley, East Side Institute
• Susan Massad, MD, East Side Institute
Is There a Pill That Will Help Behaviors, Progression, or Prevention?
Leslie Beth Eber, MD, CMD, Rocky Mountain Senior Care
2:15 p.m. - 3:30 p.m.
Understanding Alzheimer’s and Dementia
JJ Jordan, Alzheimer’s Association
Mother and Daughter, Facing Life’s Last Chapters Together
• Libby Bortz, LCSW, Facing Last Chapters, LLC
• Patty Bortz, JD, CSA, Facing Last Chapters, LLC
Humor and Caregiving
Yvonne Myers, Columbine Health Systems
Whole Self-Care (Without the Guilt)
Tarah Keech, MA, The Collective of Real Executive Women, The Real CREW
Life Enrichment as the Navigational Star: Therapeutic and Person-Centered Approaches
Megan Carnarius, RN, NHA, MT, Memory Care Consulting
REGISTRATION FEES:
$50-$175/person

EARLY-STAGE TRACK

10:00 a.m. - 10:15 a.m.
Welcome
Mimi Steffen, Person Living with Alzheimer’s Disease
10:15 a.m. - 11:15 a.m.
Strategies to Support Changes in Language and Behavior During the Early Stages of Dementia
Mary O’Hara, LCSW, Rocky Mountain Neurobehavioral Associates
11:15 a.m. - 12:15 p.m.
Safety Panel Topics: Gun, Driving, and Home Safety
Moderator
Marty Reiswig, Participant DIAN (Dominantly Inherited Alzheimer Network) Study and Public Speaker
Panelists
• W. Clay Harris and Brian M. Caplan, Attorneys at Law, Sawaya Law Firm
• Joleen C. Sussman, Ph.D. ABPP, Board Certified Geropsychologist, Rocky Mountain Regional VAMC Instructor, University of Colorado School of Medicine Department of Geriatrics
• Amy Miller, LCSW, Senior Reach
1:15 p.m. - 2:15 p.m.
Can We Talk? Advocating to Put People at the Heart of Health Care
• Melissa Williams, MPH, Manager of Health Care Policy and Advocacy, National Patient Advocate Foundation
• Sheila Stickel, Field Director Western States, National Patient Advocate Foundation
2:15 p.m. - 3:15 p.m.
Puzzlin’ Art with AMWA: Talking about Art Without Being an Expert
Claire Moiser, American Museum of Western Art
3:15 p.m. - 3:30 p.m.
Closing
Marty Reiswig, Participant DIAN (Dominantly Inherited Alzheimer Network) Study and Public Speaker
Now in its 30th year, the Rocky Mountain Conference on Dementia is the region’s premier, one-day event recognized for bringing together experts to share the latest innovations, care strategies and best practices in dementia care. If you are living with Mild Cognitive Impairment (MCI) or early-stage dementia; a family member or friend of someone affected; a student or healthcare professional, please register today!

FEATURING KEYNOTE SPEAKERS:

REBECCA M. EDELMAYER, PH.D  
DIRECTOR, SCIENTIFIC ENGAGEMENT, ALZHEIMER’S ASSOCIATION

Dr. Edelmayer leads efforts to accelerate the scientific agenda of the Alzheimer’s Association through the creation and delivery of ongoing research education. She manages initiatives uniting researchers and clinicians with leaders of industry, regulatory agencies and the government on topics related to blood-based biomarker testing, use of digital health technologies and biotech approaches in studying dementia. Dr. Edelmayer has over 17 years of experience as a practicing scientist and educator.

NADINE ROBERTS CORNISH, CSA  
AUTHOR, CAREGIVER CONSULTANT, AND TRANSFORMATIONAL SPEAKER

Nadine is founder of The Caregiver’s Guardian, LLC (TCG), a consultation and support services agency for family caregivers. Her journey began 25 years ago when she became caregiver to her mom who suffered a brain tumor, stroke, vascular dementia and breast cancer. This 15-year journey led Nadine to launch TCG. For the past 10 years, she has been an advocate for family caregivers and the Alzheimer’s Association. She is author of the award winning book, Tears In My Gumbo, The Caregiver’s Recipe for Resilience.

CONCURRENT SESSIONS:

10:15 a.m. - 11:30 a.m.
Understanding Alzheimer's and Dementia  
Stacie Naslund, Alzheimer’s Association

It's More than What You Know, It's How You Show It: Cultivating Competence and Compassion in Dementia Care  
Kay Adams, LCSW, Compassion Works LLC

Navigating the Confusion and Heartache of Dementia Care at the End of Life  
Rohini Kanniganti, MD, MSPH, HMDC, The Denver Hospice

Resilience Strategies for Activities of Daily Living  
Jill Lorentz, Summit Resilience Training

Self-Care and the Power of Your Pen  
Lori Lemasters, CarePartnersResource

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Brenda Gurung, Alzheimer’s Association

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Barbra Cohn, Cohn Writing Solutions

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