

Virtual Education Programs  
**APRIL 2021**



**Dementia and COVID-19 Caregiver Conference – Research Updates, Tips and Caregiver Panel:**

Join us for this virtual conference provided in partnership with the Alzheimer's Association chapters in Arkansas, Kansas, Missouri and Oklahoma. This program will provide important disease information, new facts and figures, COVID tips for caregivers, the latest research on COVID-19 and dementia and a panel presentation from caregivers.

Friday, April 9  
9am – 12pm

**REGISTER NOW**

*April 9 Speakers*



*Heather Snyder, PhD  
Vice President, Medical & Scientific Relations  
Alzheimer's Association*



*Rev. Tonya Boyce  
Community Educator*

*April 14 Speaker*



*Robert Horton  
Community Educator*

**Legal and Financial Planning:**

In this interactive program, you will have a chance to learn about important legal and financial issues to consider, how to put plans in place, and how to access legal and financial resources near you.

Wednesday, April 14  
6pm – 7pm

**REGISTER NOW**

**Healthy Living for Your Brain and Body: Tips from the Latest Research:**

Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and the use of hands-on tools to help you incorporate these recommendations into a plan for healthy aging.

Thursday, April 1  
This special Healthy Living For Your Brain and Body Class will include a "Don't Get April Fooled" AARP Fraud Prevention presentation.  
2pm – 3pm

**REGISTER NOW**

Tuesday, April 13  
12pm – 1pm

**REGISTER NOW**

*April 1 Speaker*



*Dr. Laura Garrett  
Community Educator*

*April 1 Speaker*



*Dr. Joy McGill  
AARP*

*April 13 Speaker*



*Nancy Majors  
Community Educator*

**Effective Communication Strategies:** This program is designed to provide practical information and resources to help dementia caregivers learn to decode verbal and behavioral messages from people with dementia.

Tuesday, April 13  
6pm – 7pm

**REGISTER NOW**

Thursday, April 15  
10am – 11am

**REGISTER NOW**

Monday, April 26  
2pm – 3pm

**REGISTER NOW**

*April 13 Speaker*



*Sara Paape  
Community Educator*

*April 15 Speaker*



*Lorri Beck  
Community Educator*

*April 26 Speaker*



*Jamie Coalson  
Community Educator*

# APRIL 2021 Virtual Education Programs (continued)

## Ten Warning Signs of Alzheimer's:

Alzheimer's and other dementias cause memory, thinking and behavior problems that interfere with daily living. Join us to learn how to recognize common signs of the disease, how to approach someone about memory concerns; the importance of early detection and benefits of a diagnosis; possible tests and assessments for the diagnostic process; and, Alzheimer's Association resources.

Tuesday, April 6  
10am – 11am

[REGISTER NOW](#)

Wednesday, April 21  
1pm – 2pm

[REGISTER NOW](#)

April 6 Speaker



Ashley Atkins  
Community Educator

April 21 Speaker



Sharon Manson  
Community Educator

## Understanding and Responding to Dementia Behavior:

Behavior is a powerful form of communication and is one of the primary ways for people with dementia to communicate their needs and feelings as the ability to use language is lost. However, some behaviors can present real challenges for caregivers to manage. Join us to learn to decode behavioral messages, identify common behavior triggers, and learn strategies to help intervene with some of the most common behavioral challenges of Alzheimer's disease.

Tuesday, April 6  
7pm – 8pm

[REGISTER NOW](#)

April 6 Speaker



Daniell Hill  
Community Educator

## Understanding Alzheimer's and Dementia:

Alzheimer's disease is not a normal part of aging. Join us to learn about the impact of Alzheimer's; the difference between Alzheimer's and dementia; stages and risk factors; current research.

Friday, April 2  
2pm – 3pm

[REGISTER NOW](#)

April 2 Speaker



Jamie Coalson  
Community Educator

## DID YOU KNOW?

### 2021 National Volunteer Week is April 18 – 24

At the Alzheimer's Association, our network of local chapters is working relentlessly to advance world-class research, ensure access to gold-standard care and support, and engage mission-driven volunteers who make it all happen. We are extremely fortunate to have the dedicated volunteers behind our mission.

**WE LOVE OUR VOLUNTEERS!**



All Alzheimer's Association virtual classes are free of charge and are offered to individuals with Alzheimer's or other dementia, their families and care partners, and health professionals.

After you register for a class, a ZOOM video conference link will be provided to you.

Visit [alz.org/crf](http://alz.org/crf) to explore all upcoming virtual education programs and support groups or call 800.272.3900 for more information.