



10th Annual
**KANSAS EDUCATION
CONFERENCE ON
DEMENTIA**

June 23, 2022
Kansas Star Event Center
Mulvane, Kansas



WE INVITE YOU TO...

Participate in a day of education, information, and support provided by recognized experts.

Learn about clinical updates, caregiving strategies, advocacy activities, and cutting-edge research.

Visit exhibits and learn more about helpful community resources and services.

Thursday, June 23

Kansas Star Event Center

777 Kansas Star Drive, Mulvane, KS 67110

WHO SHOULD ATTEND?

Persons with Mild Cognitive Impairment (MCI) or Early Stage Dementia, healthcare professionals, care partners, family, friends and students. Attending individuals with MCI or Early Stage Dementia are asked to attend with a support partner, although they may each attend separate sessions as they feel comfortable.

Continuing Education

Professional Certificates of Attendance will be distributed when the afternoon keynote is completed as you are leaving the arena.

Nurses: Mid-America Wound Healing Society, as an approved provider of continuing nursing education by the Kansas State Board of Nursing offers this program for 7 contact hours applicable for RN and LPN re-licensure. Kansas State Board of Nursing Approved Provider Number: LT0296-1215.

Allied Health Professions: Certificates of attendance will be provided for social workers, physical therapist, occupational therapist and all other allied health professionals.

Administrators and Operators of Adult

Care Homes: We have applied for 7 hours of continuing education for Adult Care Home Administrators and Operators through the Kansas Department of Aging and Disability Services (KDADS).

Conference Handouts - **THINK GREEN!**

Handouts will be available from the speakers who provide them. All handouts will be available for download in advance of the conference at alz.org/cwkansas.

CONTACT US:

alz.org/cwkansas

316.267.7333

Jenny Shipman, jshipman@alz.org



EVENT SCHEDULE

Thursday, June 23

7:00 – 8:00 a.m.

Check-In / Exhibits Open
Continental Breakfast

8:00 – 8:10 a.m.

Welcome

8:10 – 9:20 a.m.

AM Keynote Address:
Advances in Alzheimer's Research

9:20 – 9:40 a.m.

Break / Exhibits Open

9:40 – 10:50 a.m.

Breakout Session One

10:50 – 11:10 a.m.

Break / Exhibits Open

11:10 a.m. – 12:20 p.m.

Breakout Session Two

12:20 – 1:20 p.m.

Lunch & Vendor Time

1:00 – 1:20 p.m.

Duane Smith Award Presentation

1:30 – 2:40 p.m.

Breakout Session Three

2:40 – 3:00 p.m.

Break / Exhibits Open

3:00 – 4:10 p.m.

PM Keynote Address:
Dementia Conversations

4:10 – 4:30 p.m.

Closing Comments

**Tips
for the best
conference
experience!**

- Remember to bring a SWEATER or JACKET.
- Print hand-outs in advance at alz.org/cwkansas.
- Arrive a little early to check in and get seated — parking is convenient!

AM KEYNOTE

Rebecca M. Edelmayer, PhD

As senior director, Scientific Engagement for the Alzheimer's Association, Rebecca M. Edelmayer, Ph.D., leads efforts to accelerate the organization's scientific agenda through the creation and delivery of ongoing research education. She engages with more than 75 Association chapters across the country, ensuring that communities are informed of the global progress of dementia science and the organization's crucial role in advancing research to improve the lives of those facing Alzheimer's and all other dementia.

Dr. Edelmayer manages initiatives designed to unite researchers and clinicians with leaders of industry, regulatory agencies and the government on topics related to biomarker testing, new investigational treatments, and use of digital health and biotech approaches for studying cognition. With more than 18 years of experience as a scientist and educator, Dr. Edelmayer is recognized as an emerging scientific leader who has lectured, published and led collaborations in areas of neurodegenerative disease, neurophysiology, inflammatory skin pathology and pain neurobiology.

Advancing the Science: The Latest in Alzheimer's and Dementia Research

Alzheimer's is a global health problem with more than 6 million people living with the disease in the US alone. Tremendous gains have been made in the understanding of the science and basic biology underlying Alzheimer's and other dementias. These advances are leading to great strides in strategies for prevention, detection, diagnostics, and therapeutic interventions. This talk will focus on the latest scientific advancements and progress in Alzheimer's and dementia research. The Alzheimer's Association is a global leader in research, mobilizing the field to advance the vision of a world without Alzheimer's and all other dementia.



PM KEYNOTE

Rayna Neises

Rayna Neises is the author of *No Regrets: Hope for Your Caregiving Season*. She is also an ICF certified coach, PAC Trainer, host of *A Season of Caring* podcast, and public speaker who is passionate about supporting daughters and sons in a season of caring with their aging parents.

Rayna lost both of her parents to Alzheimer's disease twenty years apart. After her season of caring for her dad through his journey, she founded *A Season of Caring Coaching* where she offers regret-free resources, encouragement, and support aimed at preventing family caregivers from aimlessly wandering through this important season of life.

Rayna lives on a farm in southeast Kansas with her husband, Ron, and a small pack of adorable dogs. She is a former teacher and small business owner. Rayna enjoys crafts of all kinds and spending time with her grandchildren most of all.



Dementia Conversations: Hope and No Regrets

When someone is showing signs of dementia it's time to talk. Often, conversations with family about changing behaviors can be challenging and uncomfortable. Learn how to have honest and caring conversations about common concerns when someone begins to show signs of dementia. Rayna will also moderate a discussion with an Alzheimer's Association Early Stage Advisor and Care Partner, sharing their story of how they have had these conversations with family, friends and co-workers. The Early Stage Advisor Group is group of dynamic individuals living with early-stage Alzheimer's or related dementia.



BREAKOUT 1 9:40 to 10:50 AM**The Process of Alzheimer's Diagnosis***Robin Heinrichs, PhD, ABPP CN*

This presentation focuses on the process an individual goes through to be diagnosed with dementia. Participants will gain an understanding of the early signs of the disease and what to do after signs are noticed. We will discuss which doctors someone diagnosed is likely to see, as well as understand what each of these providers is looking for. We will also review what types of questions to ask along the way.

Caregiving During the Pandemic: The Impact of Isolation, Depression and Increased Stress*Stephen Benson, PsyD*

The challenges of caregiving have been exacerbated by the pandemic. Increased duties, burdens, and adverse impacts on social, physical, and financial well-being have taken a toll. This talk will explore how the pandemic has impacted caregivers and also explore what caregivers can do to increase resilience, increased joy and alleviate burden.

Cognitive Impairment in Parkinson's Disease*Shana Gatschet, BS OT & Connie Urbanek, BS PTA*

Parkinson's disease is a progressive neurodegenerative movement disorder, the 2nd leading brain disease following Alzheimer's. It affects about 1 million people in the U.S. and is expected to reach 1.2 million people in the U.S. There is no cure but symptoms can be managed. Although motor symptoms are predominant in Parkinson's disease, about 30% will experience cognitive issues and 50% depression.

BREAKOUT 2 11:10 AM to 12:20 PM**Understanding and Responding to Dementia Related Behaviors***Denise Vann, BHA*

Behavior is a powerful form of communication and is one of the primary ways for people with dementia to communicate their needs and feelings as the ability to use language is lost. However, some behaviors can present real challenges for caregivers. Learn to decode behaviors messages, identify common behavior triggers and learn strategies to help intervene with some of the most common behavior challenges.

Planning the Dementia Journey – A Panel of Professionals*Jenna Smith, MA, MPH*

Caring for a person with Alzheimer's or another dementia often involves a team of people and there is no one-size-fits-all formula. Learn from a panel of professionals what options are available when planning for the journey. Topics will include: Legal & Finance, Care Options, Medical Management and Resources available.

Hot Topics: Alzheimer's and Dementia Research in the News*Rebecca M. Edelmayer, PhD*

This session will discuss the evidence behind current treatments, and the importance of data and scientific evidence to support therapeutic interventions. Participants will learn how to be a savvy consumer of research news and how to distill medical and scientific information presented in the mainstream media.

BREAKOUT 3 1:30 to 2:40 AM**Interactions and Activities Throughout the Stages***Dianne Powell, RN, LNHA*

Meaningful activities and interactions change as the person living with dementia change, in this class we will explore ways to understand when and how to stay engaged and provide activities for the person living with dementia that promote the best experiences.

Caregiver Panel: Caregiving for Different Dementias*Denise Vann, BHA*

There are currently several different dementias that have been identified. Each dementia brings its own symptoms and behaviors. A panel of caregivers will discuss the difference between Alzheimer's disease and dementia. Topics of discussion will include the symptoms that point to specific dementias and the importance of a true diagnosis. Our panel of caregivers will also offer tips to help caregivers reduce anxiety and behaviors that have been identified with the various dementias and different environments.

Confounding Ethical Issues in Treating Patients with Dementia*Jeremy Fallegos, PhD*

The confounding ethical issues in treating individuals with dementia means that there is more confusion than just the disease. For family members and health professionals, there are genuine difficulties in attempting to discern "who" would be making treatment decisions, "when" should discussion about end of life take place, and in our new day and age, "what" does the presence of Covid and a Covid diagnosis change?

A Great Place to Learn

KANSAS STAR EVENT CENTER

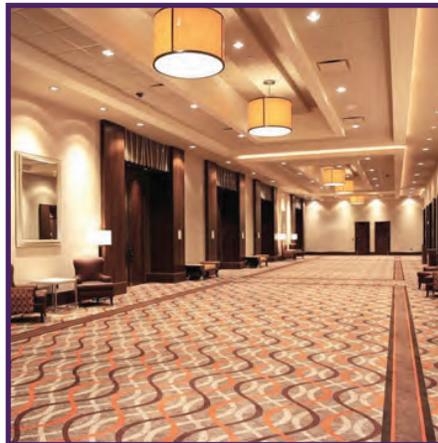
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CST26216 6/19



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2022 Kansas Education
Conference on Dementia
COMMITTEE



THANK YOU!

Breana Tucker, LMSW	Jenna Smith, MPH, MA
Chasni Gifford	Ryan Schroeder, PsyD
Carolyn Harrison, MN	Jenny Shipman, MPH (Program Manager)
Deidra Jackson	Kari Tovar, RN
Nita Jackson, MS	Denise Vann, BHA
Brooklyn Johnson	



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WHAT WAS THE HEADLINE FOR THIS AD AGAIN?

No one is immune to memory loss. Everyone is affected differently. Legend Senior Living® Memory Care requires going beyond great care to proactive, outcome-based, individualized therapies. Leveraging research, expertise and medical best practices, our innovative programming works. We see improved behavior, better memory retention, the formation of new memories, and reduced reliance on psychotropic medications.

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