

alzheimer's 
association®

8th Annual Kansas Education Conference on Dementia



Thursday, November 14, 2019
Kansas Star Event Center
Mulvane, Kansas

We invite you to:

- **Participate** in a day of education, information, and support provided by recognized experts.
- **Learn** about clinical updates, caregiving, strategies, advocacy activities, and cutting-edge research.
- **Visit** exhibits and learn more about helpful community resources and services.

Who should attend?

Persons with Mild Cognitive Impairment (MCI) or Early Stage Dementia, healthcare professionals, care partners, family, friends & students. People with MCI or Early Stage Dementia attending the conference are asked to attend with a support partner, although they may each attend separate sessions as they feel comfortable.

Continuing Education

Professional Certificates of Attendance will be distributed when the afternoon keynote is completed as you are leaving the Kansas Star Arena.

Nurses: Wesley Medical Center, as an approved provider of continuing nursing education by the Kansas State Board of Nursing, offers this program for *7 contact hours* applicable for RN and LPN relicensure Kansas State Board of Nursing Approved Provider Number: LT 0085-0327.

Allied Health Professions: Certificates of attendance will be provided for social workers, physical therapist, occupational therapist and all other allied health professionals.

Administrators and Operators of Adult Care Homes: We have applied for *7 hours of continuing education* for Adult Care Home Administrators and Operators through the Kansas Department of Aging and Disability Services (KDADS).

Conference Handouts - **THINK GREEN!**

Handouts will be available from the speakers who provide them prior to conference. There will NOT be handouts available the day of the conference. An email will be sent out the week of conference providing a link to the available handouts.

WHEN:

Thursday, Nov 14, 2019

WHERE:

Kansas Star Event Center
777 Kansas Star Drive
Mulvane, KS 67110

CONTACT US:

alz.org/cwkansas
316. 267. 7333
cwkshelpline@alz.org

24/7 Helpline
800. 272. 3900



Thursday, November 14, 2019

Conference EVENT SCHEDULE

7:00 - 8:00	Check-In / Exhibits Open Continental Breakfast
8:00 - 8:10	Welcome
8:10 - 8:40	Advances in Alzheimer's Research
8:40 - 9:20	MORNING KEYNOTE
9:20 - 9:40	<i>Break / Exhibits Open</i>
9:40 - 10:50	Breakout Session One
10:50 - 11:10	<i>Break / Exhibits Open</i>
11:10 - 12:20	Breakout Session Two
12:20 - 1:20	LUNCH & Vendor Time
1:00 to 1:20	<i>Duane Smith Award Presentation</i>
1:30 - 2:40	Breakout Session Three
2:40 - 3:00	<i>Break / Exhibits Open</i>
3:00 - 4:10	AFTERNOON KEYNOTE
4:10 - 4:30	Closing Comments

TIPS for making your conference experience the best:

- Remember to bring a SWEATER or JACKET.
- THINK GREEN - Go online to print the hand-outs before the conference at www.alz.org/cwkansas.
- Parking is convenient, but make sure to arrive a little early to check in and get seated.



Fireside Chat: We have added an extra breakout option geared towards *healthcare professionals*, wanting an up-close-and-personal conversation with some of our experts. These presentations will offer professionals a chance to dive deep into clinical topics in the Fireside Room.



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Morning

KEYNOTE SPEAKERS

Featuring **Keith Fargo, PhD**

Keith N. Fargo, Ph.D., is the director of Scientific Programs & Outreach at the Alzheimer's Association. He leads research programs and initiatives to accelerate the Association's vision of a world without Alzheimer's.

Dr. Fargo received his Ph.D. from Indiana University and completed a postdoctoral fellowship at Loyola University Stritch School of Medicine.

Advances in Alzheimer's Research

The vision of the Alzheimer's Association is a world without Alzheimer's, and we know we will achieve that vision through research. Learn the latest advancements in research including early detection, clinical trials, and new research reported at the Alzheimer's Association International Conference (AAIC) in July, 2019.



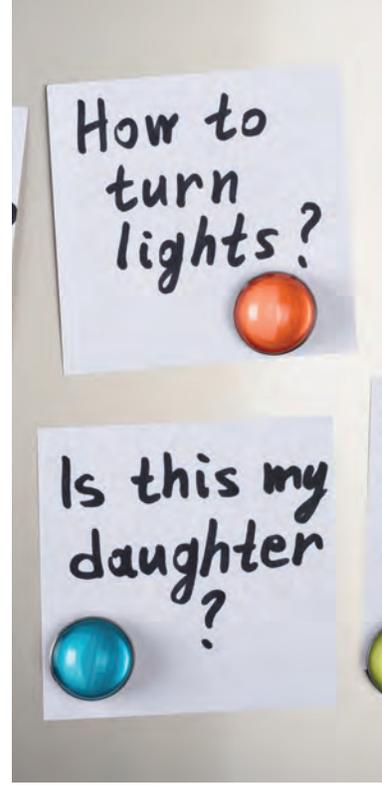
Featuring **Amy Drassen Ham, PhD, MPH**

Amy Drassen Ham is a medical anthropologist with research interests in culturally-informed and culturally-responsive care. Her research and work examines how health services providers use culturally-informed care in clinical care.

Dr. Drassen Ham holds a Masters in anthropology and a Masters in public health from Wichita State University and a Ph.D from the University of Kansas.

Perspectives on Diversity: Why Culture Matters in Alzheimer's Care

Alzheimer's disease is changing with the graying of our diverse nation. Increased incidence of Alzheimer's disease diagnoses escalates needed treatment for diverse populations and demand for culturally-appropriate services and interventions. We must improve frameworks of care for people with Alzheimer's disease that are appropriate and contextual by taking into account not only the neurobiology of the disease, but also the different cultural constructions of diagnosis for providers, clinical staff, patients and caregivers.



What matters to you matters to us

Compassionate care for Alzheimer's

Newton Medical Center's **Generations Unit** is dedicated to providing excellent care for those suffering from Alzheimer's Disease or other forms of dementia. We create a **home-like environment, keeping your loved one safe** and giving them **the dignity** of being as independent as possible in all activities of daily living. **Families are included, supported** and welcomed.



Featuring **Denise Vann, BHA**

101: Effective Communication Strategies

Communication is more than just talking and listening — it's also about sending and receiving messages through attitude, tone of voice, and body language. Join us to explore how communication changes when someone is living with Alzheimer's, learn how to interpret the verbal and behavioral communication, and identify strategies to help you connect and communicate at each stage of the disease.

Featuring **Sharon Denny, MA**

102: Introduction to Frontotemporal Degeneration (FTD)

Frontotemporal degeneration (FTD) is the most common form of dementia in people under the age of 60. This session explores aspects of FTD that all healthcare providers should know including clinical signs and symptoms, the latest in diagnosis and treatment, and an overview of disease progression. Attendees will learn how to access and advocate for specialized resources as FTD has a greater impact on work, interpersonal relationships, and finances than Alzheimer's disease.

Featuring **Jamie Gideon, MLP & KS Rep. Eileen Horn**

103: Kansas Alzheimer's State Plan - A Needs Assessment For Kansas

The Kansas Alzheimer's State Plan was created this past year after many years of effort. Participants will learn more about the contents of the State Plan and the key players who helped with its development. In addition, the presentation will include the latest information on its current status and how it's already making an impact in Kansas. You will also learn what you can do to help advance the state plan through advocacy.

Featuring **Keith Fargo, PhD**

104: High Risk Populations

This presentation will cover what is known about several high risk populations, including women, underrepresented racial/ethnic groups, people with multiple or severe head injuries, people at high genetic risk, and people who have high cardiovascular risk. The presentation will provide information about prevalence of dementia, factors underlying increased risk, and proactive steps that people can take to reduce their risk for cognitive decline and dementia.

9:40 - 10:50

BREAKOUT Sessions **1**

Featuring **Dianne Powell, RN**

**201: Planning For The Journey Not Planned For
– How To Plan When Nothing Goes As Planned.**

Planning for care for persons living with Dementia can be challenging; from practical short-term day to day plans, to strategical long-term plans. And what happens when nothing goes as planned? Learn techniques for planning amidst seemingly random and frustrating situations while understanding that plans will continually change.

Featuring **Erin Blocker, PhD**

**202: Reducing Personal Risk Factors for Dementia
in Rural Communities**

This is an interactive breakout session that will discuss the link between various lifestyle behaviors linked to dementia risk and the unique challenges Rural Americans face. While this population must tackle unique barriers to behaviors like physical activity and exercise, healthcare availability and others, there is a great deal of hope. Dr. Blocker will present evidence-based strategies adults living in rural communities can employ into their daily lives to reduce their personal risk for dementia.

Featuring **Marlene Franco, BS & Regina Lowe, MNA, MCF**

203: Reaching and Engaging Diverse Communities

There is a certain irony – and tragedy – to the fact that two of the population groups most at risk for dementia, Hispanics and African Americans, are among those least likely to seek medical help. Learn how the Alzheimer’s Association is working to remedy this. Marlene Franco will share her experience reaching the Hispanic/Latino community and highlight the challenges and outcomes of the Promotores initiative. Rageni Lowe will talk about the Faith Outreach Initiative and how Faith communities play a major role in the lives of African Americans.

Featuring **Amy Drassen Ham, PhD, MPH**

204: Culturally-Informed and Culturally-Responsive Care

Most approaches to cultural competency education fail to provide meaningful strategies that improve a professional’s ability to serve diverse patients. This presentation briefly examines limitations to token cultural competency approaches in health care, provides methods for improving culturally-informed and culturally-responsive care, and calls for a paradigm shift that features cultural humility.

Featuring **Cindy Miller, LPN**

301: Understanding Alzheimer's and Dementia

Alzheimer's is not normal aging! It's a disease of the brain that causes problems with memory, thinking and behavior. Join us to learn about: the impact of Alzheimer's, the difference between Alzheimer's and dementia, the stages and risk factors, the current research and treatments available and Alzheimer's Association resources.

Moderated by **Jenna Smith, MPH, MA**

302: Caregiver Panel:

The Differing Needs of Diverse Populations

Caregiver panel members will share their own personal experience of having a loved one diagnosed with dementia. The panel will consist of a diverse range of ages, ethnicities and relationships to the person with the disease. The panel will offer tools to help with navigating care options to help complete one's care plan going forward.

Featuring **Deanna Speer, MSN, CHPN & Leslie Hale, LMSW**

303: How Palliative Care Eases the Burden of Dementia

This presentation will look at the stages of dementia and identify the "burdens" that often accompany this chronic, progressive illness. By recognizing the common physical, emotional, and social changes that occur with dementia, the participant will be better prepared to respond to the needs of the patients and families affected by this illness. We will discuss how to have the conversations about the things that matter most to them. And we will look at concrete evidence-based recommendations in the treatment of advanced dementia.

Featuring **Stephen Benson, PsyD**

304: An Examination of Early-Onset Alzheimer's Disease

Alzheimer's disease is not just for those over 65. Early-onset Alzheimer's (also known as younger onset) affects approximately 5 percent of the nearly 6 million Americans with Alzheimer's disease. With symptoms often attributed to other causes, getting an accurate diagnosis can be frustrating. This talk will examine early-onset Alzheimer's disease including those with a dominantly inherited genetic predisposition and those without.

1:30 to 2:40

BREAKOUT SESSIONS
3



Afternoon

KEYNOTE SPEAKER

Featuring **Susan Peters**

Susan is an Emmy Award Winning news anchor who has captivated audiences throughout her successful career. Besides winning an Emmy, she has also been recognized by the Association Press Awards, San Diego Press Club Awards, Kansas Association of Broadcaster Awards, and received a Golden Mic and a Silver Circle Lifetime Achievement Award.

Throughout her career, she has made it a priority to give back to her community and has worked with the Alzheimer's Association for over 15 years. Two years ago, Susan's mother was diagnosed with dementia.

Finding Joy in the Face of Alzheimer's

Currently 16 million family members and friends nationwide provide care for those with dementia. Family caregivers are unpaid – their unpaid wages are valued at almost a third of a trillion dollars each year.

Susan Peters and her family are caregivers for their mother who is living with dementia. Every 5 weeks, Susan travels to the west coast to be with her family. Being a long distance caregiver can be hard and Susan will talk of these struggles, but also tell stories of laughter and finding joy in the face of Alzheimer's. Susan will also discuss the role that her diverse cultural background plays in being a caregiver.

Susan will end by moderating a discussion with a Alzheimer's Association Early-Stage Advisor and Care Partner, sharing their story of facing the diagnosis, redefining a life together and finding joy in the face of Alzheimer's.

Our afternoon keynote is meant to validate the caregiver experience and leave a hopeful message that we too can find moments of joy.

Our Alzheimer's Association Early-Stage Advisory Group is a group of dynamic individuals living with early-stage Alzheimer's or related dementias who bring a unique perspective of persons living with the disease to key efforts of the Alzheimer's Association.



Meadowlark is a leader in services and accommodations for senior adults and their loved ones living with dementia.



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MEMORY CARE SUITES

Our Memory Care Suites are small, neighborhood-based homes for up to eight adults living with dementia, Alzheimer's or other memory-support needs.



MEADOWLARK

A Great Place to Learn

KANSAS STAR EVENT CENTER

Just off the turnpike, and easy to access, the team at the Kansas Star Event Center have gone out of their way to accommodate our growing audience. Elegant and accessible facilities are just steps from the event center entrance.

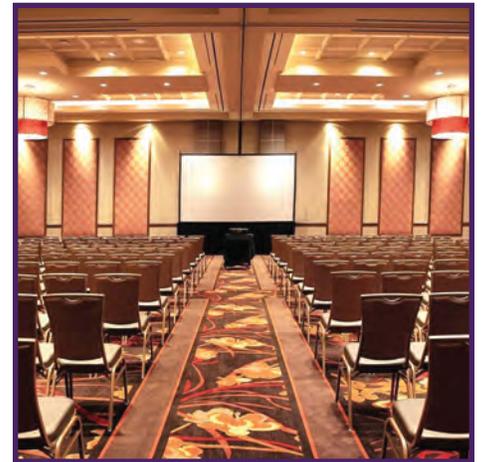
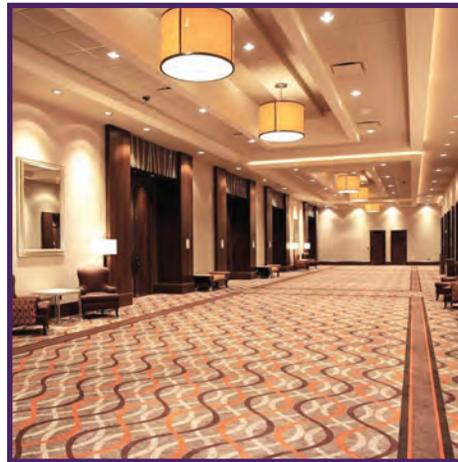
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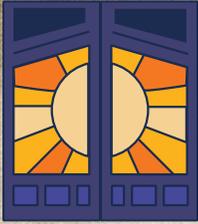
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“I am proud that Kansas and our communities have created one of the largest chapter driven Alzheimer’s educational conference in the country. It speaks well of the passion and dedication of the planning committee. It speaks well of our professional community and its support. And it speaks well of all that attend to learn and fight together for a cure!”

Robert Miller



**2019 Conference
Planning Committee:**

Jenny Shipman, MPH
(Program Manager)

Robert Miller, LMSW, CDP
(Committee Chair)

- Angie Elliott
- Angie Palmer
- Breana Tucker, LMSW
- Carolyn Harrison, MN
- Chasni Gifford
- Conni Mansaw, M.ED
- Connie Estivo, LMSW
- Jenna Smith, MPH, MA
- Michael Steinberg, MS, PHR
- Ronda Bowles, RN
- Ryan Schroeder, PsyD



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Duane Smith Caregiver Award

Do you know an exceptional caregiver? We want to celebrate them!

Nominations are now open for the 8th Annual Duane Smith Caregiver Award. This award recognizes caregivers who support individuals with Alzheimer's disease and other forms of dementia. Write and share their story with us.

In November 2012, the Central and Western Kansas Chapter of the Alzheimer's Association first honored Duane Smith, who served as a long-term caregiver for his wife. Despite being a "frontline" caregiver, Duane also found time to be a special friend to the Association and speaks with many groups about his caregiving journey. We continue to honor Duane and ALL family caregivers in our area by soliciting nominations for the annual Award.

Award Criteria & Information:

- Nominees should be people who make a special contribution toward caregiving to impact the lives of individuals with Alzheimer's and/or their families.
- Professional caregivers are not eligible unless the care is being provided outside of their professional responsibilities.
- The award winner will be recognized during the Conference awards presentation.
- In addition, the winner will be asked to participate in a special recognition video which will be shown at the conference.

**Nominations must be received by
September 20, 2019**

MAIL IN:

8th Annual Duane Smith Caregiver Award
Central and Western Kansas Alzheimer's Association
1820 E. Douglas, Wichita, KS 67214



EMAIL IN: jshipman@alz.org



FAX IN: 316. 267. 6369

Caregiver Scholarship

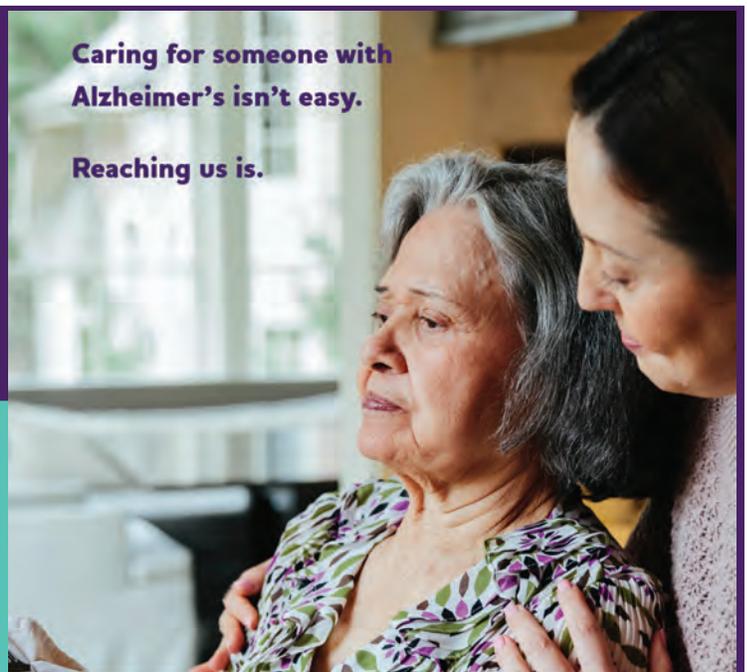
This scholarship is designed to assist caregivers who can't afford to attend this year's conference.

*Special thank you to
Home Instead Senior Care and
Dane Hansen Foundation for helping
fund this Scholarship.*

For more information and how to apply,
contact the Alzheimer's Association of
Central and Western Kansas Chapter.
316-267-7333 | jshipman@alz.org

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