

# ALZHEIMER'S ASSOCIATION JULY 2020 VIRTUAL EDUCATION OPPORTUNITIES

**Registration is strongly encouraged. To register call 800.272.3900. You will receive an email with information on how to access the event, or you can click on the link for each program below, you will then receive an email to join**

<b>Date:</b>	<b>Time:</b>	<b>Topic:</b>	<b>Registration:</b>
July 1, 2020	Noon- 1 p.m.	Dementia Conversations	Click <a href="#">here</a> to register online.
July 8, 2020	Noon- 1 p.m.	Understanding Alzheimer's Disease & Dementia	Click <a href="#">here</a> to register online.
July 9, 2020	1-2 p.m.	Legal/Financial Planning	Click <a href="#">here</a> to register online.
July 14, 2020	2-3 p.m.	Effective Communication Strategies	Click <a href="#">here</a> to register online.
July 15, 2020	2-3 p.m.	Understanding & Responding to Dementia-related Behaviors	Click <a href="#">here</a> to register online.
July 16, 2020	1-2 p.m.	Healthy Living For You: Presented by Ali Schulze from the YMCA Greater Dayton, and Rachel Bartley, Social Worker at the Alzheimer's Association	Click <a href="#">here</a> to register online.
July 20, 2020	2-3 p.m.	Dementia and LGBTQ+ Older Adults: Do The Letters Matter? Presented by Jerry Mallicoat, LGBTQ Health Initiatives Project Manager, Public Health Dayton & Montgomery County	To register for this program, please call 800.272.3900.
July 22, 2020	2-3 p.m.	The 10 Warning Signs of Alzheimer's & Dementia	Click <a href="#">here</a> to register online.
July 23, 2020	Noon- 1 p.m.	Staying Safe – Taking Care of Someone with Dementia	Click <a href="#">here</a> to register online.
July 28, 2020	1-2 p.m.	Effective Communication Strategies	Click <a href="#">here</a> to register online.
July 30, 2020	1-2 p.m.	Understanding & Responding to Dementia-related Behaviors	Click <a href="#">here</a> to register online.
July 31, 2020	11:30 a.m.- 12:30 p.m.	Healthy Living for Your Brain & Body	Click <a href="#">here</a> to register online.

## **PROGRAM DESCRIPTIONS:**

**Understanding Alzheimer's and Dementia:** Get information about detection, causes, risk factors, stages of the disease and more.

**The 10 Warning Signs:** Early detection is key. Get the facts about the signs of Alzheimer's and dementia.

**Effective Communication:** Learn strategies to communicate with your loved one at each stage of the disease.

**Dementia-related Behaviors:** Learn to decode behavioral messages, identify common behavior triggers, and get strategies to intervene with some of the most common behavior challenges of Alzheimer's and dementia.

**Healthy Living for Your Brain & Body:** Learn about research in the areas of diet and nutrition, exercise cognitive activity and social engagement.

**Legal and Financial Planning:** Learn more about the legal and financial issues to consider when you or someone you know is affected by Alzheimer's or dementia.

**Dementia and LGBTQ + Older Adults: Do The Letters Matter?:** Learn about some of the unique issues that LGBTQ people and their caregivers face when living with dementia. Hint: They aren't the same for every identity the letters represent.

**Healthy Living for You:** This is in conjunction with the YMCA Greater Dayton. The YMCA will talk about Healthy Lifestyles for the Body while the Alzheimer's Association will talk about what's good for the brain.

**Safety Matters: Taking Care of Someone with Dementia: Information on Safety,** and the steps to take when caring for someone with Alzheimer's Disease or dementia.