

## Caregiver Support Group Facilitator Job Description

An Alzheimer's Association support group is an open gathering of people with common problems, needs and interests who come together to share their feelings, thoughts and experiences in a combined effort to better cope with and manage the shared problems of dementia in a safe environment. The goal of the Alzheimer's Association support groups is to provide emotional, social and/or educational support to group members. In the role of Caregiver Support Group Facilitator, individuals may be responsible for one or more of the following types of groups (based on constituent need).

- **General Caregiver**
- **Adult Child**
- **Spouse**
- **Men**
- **Language-specific**
- **Other**

### Qualifications:

- Experience with dementia as a family member or health care professional preferred.
- Ability to be empathic and separate personal needs from group needs.
- Strong listening skills and effective communication skills.
- Ability to redirect and facilitate discussion as well as fulfill the duties and responsibilities as described in the Facilitator Agreement.
- Ability to create and maintain a safe environment where participants' thoughts and feelings are valued and group members are treated with fairness, equity and respect.
- Commitment to promote the mission and services of the Association and willingness to act as an extension of the Association and to put other responsibilities and obligations aside when acting in this role.

### Responsibilities include but are not limited to:

- Follow expectations and recommendations of the Caregiver Support Group Facilitator Manual, including participation in initial & ongoing training, record keeping, and regular meetings with Association staff.
- Arrange for speakers/presenters for the group as needed.
- Encourage participants to provide assistance and emotional support to one another.
- Present pertinent Association materials and information to group members.
- Inform the Alzheimer's Association in advance of any changes in group facilitators, time or location of group meetings.

### Time commitment:

A commitment of at least one year is expected.

If you would like to volunteer, contact: .