November 14, 2018

Elder Law Basics

Foundational Estate Planning &
Asset Protection Planning for Seniors



## Disclaimer

Please be advised that due to the nature of this session, no attorney-client relationship will be formed between the attorney(s) and the attendees. While the attorney will do her best to answer all questions, she will be doing so based on Delaware law and the limited information provided during the session and may not have all the facts necessary to thoroughly answer all questions. Thus, all attendees are advised to take caution in relying solely on information discussed at the session in making future legal decisions. To obtain the most reliable, personalized guidance, attendees should schedule an individual consultation with an attorney's office. That attorney can then gain all the information needed to provide the client with thorough legal advice.

# **Estate Planning Basics**

### What is estate planning?

 It is making a plan that serves to manage an individual's decision making and assets in the event of their incapacitation or death, including the bequest to heirs.

### Who needs a well-rounded estate plan?

- Nearly everyone over 18 years of age.
- Too many people put off estate planning because they don't think they
  own enough, they're not old enough, they're busy, they think they have
  plenty of time, they're confused, or they just don't want to think about it.
- Panic and/or conflict results when there is no plan in place.

# 3 Phases of Estate Planning "Lifetime" Planning • Power of Attorney • Advance Health Care Directive "End of Life" Planning • Last Will and Testament • Revocable Living Trust • Supplemental Needs Trust • Retirement Account Trust Asset Protection Planning for Long Term Care • Irrevocable Asset Protection Trust • Medicaid and Veterans Pension with Aid & Attendance

# Elder Law Basics

### Elder Law Defined

Elder law is a legal term coined to cover an area of legal practice that
places an emphasis on those issues that affect the growing aging
population.

### Four Major Categories

- Estate planning for seniors
- Estate and trust administration
- Guardianships of disabled adults
- Asset protection planning
- · Obtaining eligibility for government long term care benefits

# Costs of Long Term Care

### Average Costs in Delaware

- In-Home Care \$50,908/year (\$4,242/month for 44 hours/week)
- Assisted Living Care \$72,180/year (\$6,015/month)
- Nursing Home Care \$127,750/year (\$10,646/month)

Genworth 2017 Cost of Care Survey conducted by CareScout®

# Costs of Long Term Care

### Payment Options

- ♦ Medicare (Maximum 100 Days)
- ♦ Long Term Care Insurance
- · Liquidate assets and privately pay
- Medicaid/VA Pension with Aid and Attendance

# Asset Protection Planning for Long Term Care Crisis Planning is recommended for a senior who is currently receiving or eligible to receive long term care at home, in assisted living, or in a nursing home. Intermediate Planning is recommended for a senior who does not currently need long term care, but who will likely need it within the next five years. Pre-Planning is recommended for a healthy senior who does not expect to need long term care within the next five years.

# Goals of Asset Protection Planning



- Ensuring a payment for needed services
- Preserving a nest egg
- Providing a legacy

# Case Study: Sam & Rose

### Assets

- Residence worth \$250,000
- $\bullet$  Checking, savings and CDs worth \$325,000
- Rose's retirement account worth \$50,000

### Planning

- Medicaid Asset Protection Trust Residence (\$250,000) + Savings (\$175,000)
- Revocable Living Trust Savings (\$150,000)
- Retirement account stays as is with named beneficiaries

# Asset Protection Trust

- An <u>irrevocable</u> pre-planning tool
- Designed to own some assets; not all
- $\bullet \quad \hbox{Those assets are protected after 5 years }$
- Trustmakers appoint the Trustee
- Trustmakers retain the right to reside in the residence
- Transfers to Trust are less risky than outright transfers to children
- Trustmakers direct how assets are ultimately distributed at death
- Those assets avoid probate
- Trustmakers preserve multiple tax advantages

# Case Study: Sam & Rose

### Background

Six years later. Sam has a stroke and needs nursing home care

### What assets will be protected?

- All assets in the Medicaid Trust (Residence & \$175,000)
- · Rose's retirement account
- · One vehicle, household furnishings and other personal possessions
- One-half of the assets in the Revocable Living Trust (\$75,000)
   General rule: Healthy spouse can keep one-half

# Case Study: Sam & Rose

### What assets will have to be spent down?

• Other assets in the Revocable Living Trust (\$75,000)

### How will Rose spend down the remaining assets?

- Beware timing of spend down is critical!
- Strategic spend down (permissible expenditures)
- "Medicaid compliant annuity" for well spouse

# Alternate Scenario: Sam Receives Care at Home



- Maximum amount of care through Medicaid = 72 hours per week
- For Medicaid purposes, the eligibility rules are exactly the same
- Gives Rose a break as Sam's primary caregiver

# Case Study: Sam & Rose

### Background

- Four years later Sam has passed away
- · Rose has advanced dementia and is unable to remain at home alone

### What assets will be protected?

• All assets in the Medicaid Trust

### What assets will need to be spent down?

- ♦ All of her remaining assets
- Let's assume Rose has \$150,000 of remaining assets

# Case Study: Sam & Rose

### How will Rose spend the \$150,000?

- Rose's family chooses to engage in a gift and annuity strategy
  - · Approximately one-half is gifted to Rose's family
  - The balance is spent to purchase a "Medicaid compliant annuity"
  - Rose will then immediately apply for Medicaid
- An expected Medicaid penalty will be imposed
- The annuity will be used to privately pay for care during the penalty period
- Penalty and annuity end at the same time and Medicaid will then begin paying

# Case Study: Sam & Rose

### Amount Spend on Care

Care Needed	With Plan
Sam Needs Care, Rose at Home	\$0
Sam Deceased, Rose Needs Care	\$75,000
Total	\$75,000
Protected Assets	\$550,000

# The Takeaways



- It's never too early to plan.
- It's never too late to plan.

# Common Planning Myths

- I will lose my home.
- Medicaid facilities provide subpar care.
- Gifting precludes Medicaid eligibility.
- Planning must be done at least 5 years in advance.
- A person must be destitute to qualify for Medicaid.
- Asset protection planning to qualify for Medicaid is unethical.
- All elder law attorneys are the same.

# Questions?

"It was a complete pleasure working with your team of professionals. The decisions we had to make regarding our mother last summer were difficult for our family. Your group was sympathetic and understanding while at the same time, getting the job done with accuracy and in a timely fashion. Your team also demonstrated the highest standard of communicating with your clients and with that, moving the process along smoothly. I particularly appreciate the quick responses to our questions or concerns.

Thank you so much for your kindness and professionalism."

-Anonymous Client (May 2017)

Procino-Wells & Woodland, LLC



# Thank you for attending!



Planning today to protect your family's tomorrow.

Procino-Wells & Woodland, LLC

