

## cognitive decline in arizona

## DATA FROM THE 2013 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

In Arizona, 14.8 percent – one in seven – of those aged 45 and over report they are experiencing confusion or memory loss that is happening more often or is getting worse.

Nearly 75 percent of them have <u>not</u> talked to a health care professional about it.

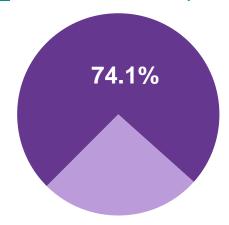
For those with worsening memory problems, more than four in ten say it has interfered with household activities and/or work or social activities.

14.5%

15.2%

13.7%

Percent with memory problems who have not talked to a health care provider

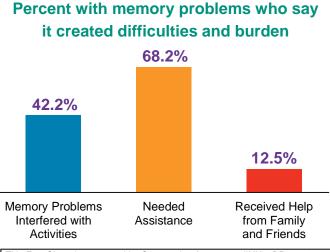


## Percent of Those Aged 45+ Reporting Worsening Memory Problems in Previous 12 Months AII Gender **Educational Attainment** Age Some < High Hiah College 65-74 Men Women 45-54 55-64 <u>75+</u> School School College Grad 14.8%

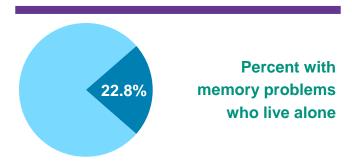
15.4%

19.3%

13.0%

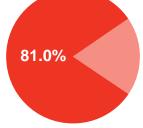


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15.5%

Percent with memory problems who have at least one other chronic condition\*



13.2%

11.3%

\*Defined as arthritis, asthma, COPD, cancer, cardiovascular disease, and diabetes

23.9%