# A Multiplex 2D-UPLC-MS/MS-based Assay for Amyloid β and Related Biomarker Peptides in Human Cerebrospinal Fluid



### Introduction

Alzheimer's disease (AD) is the most common cause of dementia among older populations. Most proposed AD models postulate that abnormal accumulation of amyloid  $\beta$  peptides (A $\beta$ ), fragments of the transmembrane amyloid precursor protein (APP), is closely associated with the disease process. Analysis of AB peptides in cerebrospinal fluid (CSF) has found increasing utility in clinical AD diagnosis, with Aβ1-42 being the most studied isoform implicated in amyloid pathology. Many studies have clearly demonstrated that A<sup>β</sup>1-42 CSF levels are decreased in AD patients compared to normal individuals. However, because of the inherently complex and heterogeneous population of endogenous Aβ isoforms, produced either through normal or abnormal secretase enzyme activities, there is on-going interest in having a "general-purpose" assay that can simultaneously quantify a variety of selected target peptides to obtain a broader biomarker picture. While immunoassays are most frequently applied to specific isoforms, particularly A\beta1-40 and A\beta1-42, mass spectrometric techniques are better suited to selectively measure multiple analytes in the same analysis without concern of cross-reactivity. Here, we describe a solid-phase extraction (SPE)-based 2-Dimensional-Ultra Performance Liquid Chromatographic<sup>®</sup>-tandem mass spectrometric (2D-UPLC<sup>®</sup>-MS/MS) assay, which provides high sensitivity and targeted analysis of multiple A $\beta$  and related biomarker peptides in CSF.

### Analytes

Analyte	Peptide Sequence	MW	pl	Net charge (pH10)	Hydro- philicity
Αβ1-14	DAEFRHDSGYEVHH	1699	5.1	-4	0.5
Αβ1-15	DAEFRHDSGYEVHHQ	1827	5.1	-4	0.5
Αβ1-17	DAEFRHDSGYEVHHQKL	2068	5.7	-3.3	0.5
Αβ1-34	DAEFRHDSGYEVHHQKLVFFAEDVGSNKGAIIGL	3787	5.2	-4.5	0.1
Αβ1-38	DAEFRHDSGYEVHHQKLVFFAEDVGSNKGAIIGLMVGG	4132	5.2	-4.5	0
Αβ1-40	DAEFRHDSGYEVHHQKLVFFAEDVGSNKGAIIGLMVGGVV	4330	5.2	-4.5	-0.1
Αβ1-42	DAEFRHDSGYEVHHQKLVFFAEDVGSNKGAIIGLMVGGVVIA	4514	5.2	-4.5	-0.1
<b>APL1β28</b>	DELAPAGTGVSREAVSGLLIMGAGGGSL	2586	3.8	-2.6	-0.1
† <b>Aβ1-43</b>	DAEFRHDSGYEVHHQKLVFFAEDVGSNKGAIIGLMVGGVVIAT	4615	5.2	-4.5	-0.1

While the longer length A<sup>β</sup> isoforms may be biomarkers of disease-related changes, the shorter C-terminal truncated isoforms, A\beta1-14 and A\beta1-15, are of interest as potential indicators of alternative degradation pathways for CNS APP during treatments with ysecretase modulators or inhibitors. The assay also includes APL1\u00df28, a 28-amino acid nonamyloidogenic Aβ-like peptide derived from the APP-like protein APLP1 by the same secretase induced cleavages that produce A $\beta$ 1-42. The relative level of APL1 $\beta$ 28 has been proposed as a more sensitive surrogate biomarker for Aβ1-42 production in the brain, as it may rise in parallel to Aβ1-42 from secretase-mediated overproduction without subsequently falling as may be occurring with A $\beta$ 1-42 due to plaque formation in AD brains.

The current assay utilizes five [<sup>13</sup>C,<sup>15</sup>N] stable isotope-labeled Aβ1-15\*, Aβ1-17\*, Aβ1-38\*, A $\beta$ 1-40<sup>\*</sup>, and A $\beta$ 1-42<sup>\*</sup> as internal standards for the eight analytes.

<sup>†</sup>Update: Aβ1-43, recently described by T. Saito et al in Nature Neuroscience, 3 July 2011 (on-line), as "an overlooked species that is potently amyloidogenic, neurotoxic, and abundant in vivo," is currently being evaluated for potential inclusion in the assay.

## Methodology

#### SAMPLE PRE-TREATMENT

A 200-µL aliquot of human CSF (hCSF) or spiked artificial CSF (aCSF), containing 4 mg/mL bovine serum albumin (BSA) to eliminate non-specific binding, is fortified with the stable isotope-labeled internal standard A $\beta$  peptides and treated with 200  $\mu$ L 5M guanidine HCI. The sample is mixed for 45 min at room temperature and diluted with 200  $\mu$ L 4% H<sub>3</sub>PO<sub>4</sub>.

It should be noted that analytical results for Aβ and other biomarker peptides may be impacted by preanalytical variables, such as collection and shipping container types. Eppendorf LoBind or equivalent tubes are recommended, and the potential value of using additives at the time of collection to minimize binding or aggregation is under investigation.

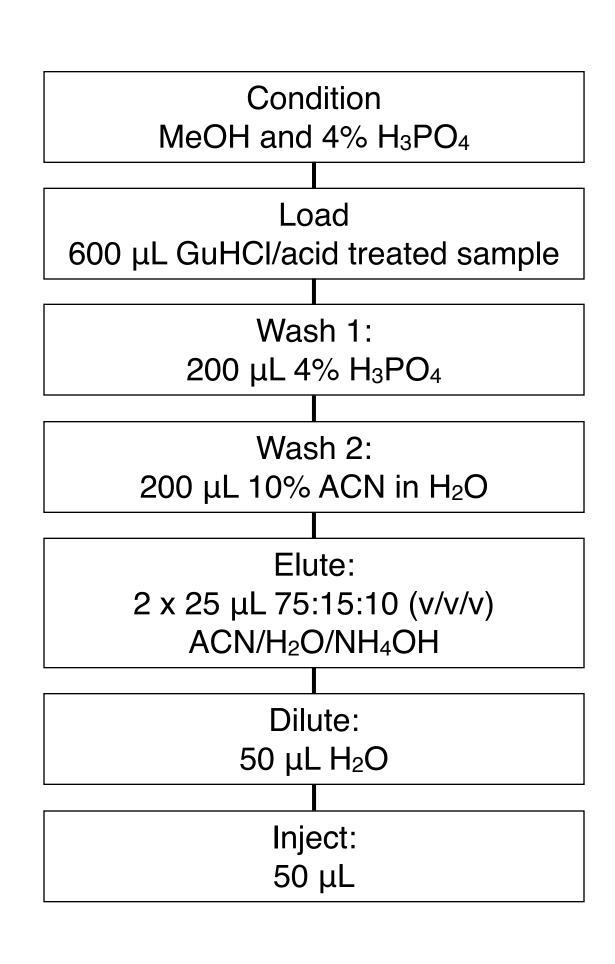
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#### Oasis<sup>®</sup> MCX µElution

#### SOLID PHASE EXTRACTION (SPE)

The analytes are isolated from a pretreated 200-µL CSF sample using a Waters Oasis® MCX (strong cationexchange mixed-mode) µElution 96well plate. After sequential washes with 4% H<sub>3</sub>PO<sub>4</sub> and 10% acetonitrile. the analyte peptides are eluted in a small volume of ACN/water/conc. NH4OH (75:15:10, v/v/v), and the extract is diluted with additional water to reduce the organic solvent content while still maintaining analyte solubility in the extract.



#### **2D-CHROMATOGRAPHY**

The analytes are separated under high pH, NH<sub>4</sub>OH-based, reversed-phase chromatographic conditions, intended to minimize non-specific binding and aggregation. Because the analytes significantly vary in hydrophobicity, dramatically increasing over the range from Aβ1-14 through Aβ1-42, on-line aqueous dilution of the large sample extract band is required to ensure that the analyte peaks are efficiently focused on the precolumn. Following a brief desalting period with the precolumn effluent directed to waste, the value is switched and the analytes are transferred to a UPLC® analytical column and separated using an appropriate gradient (Figure 1).

#### LC-MS/MS System:

CTC Analytics LC-PAL Autosampler

Agilent 1200 Series LC Binary Pumps

AB Sciex API 5000, Triple Quadrupole LC-MS/MS

Electrospray positive ionization (+ESI) multiple reaction monitoring (MRM) mode Columns:

Trapping (C1): Waters Xbridge BEH C18, 2.1 x 30 mm, 3.5 µm

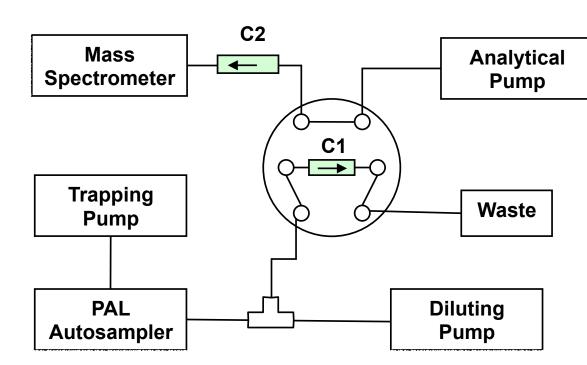
Analytical (C2): Waters ACQUITY UPLC<sup>®</sup> BEH300 C18, 2.1 x 150 mm, 1.7 µm Temperature: 50 °C

#### Mobile phases:

A1: 98:2:0.1 H<sub>2</sub>O/ACN/NH<sub>4</sub>OH, v/v/v B1: 65:25:10:5 ACN/MeOH/IPA/H<sub>2</sub>O, v/v/v/v A2: 0.1% NH<sub>4</sub>OH in H<sub>2</sub>O B2: 70:25:5 ACN/MeOH/TFE, v/v/v

#### Flow Rates:

Loading: 0.2 mL/min Diluting: 0.8 mL/min Analysis: 0.3 mL/min



#### **2D-UPLC Configuration - injection position**

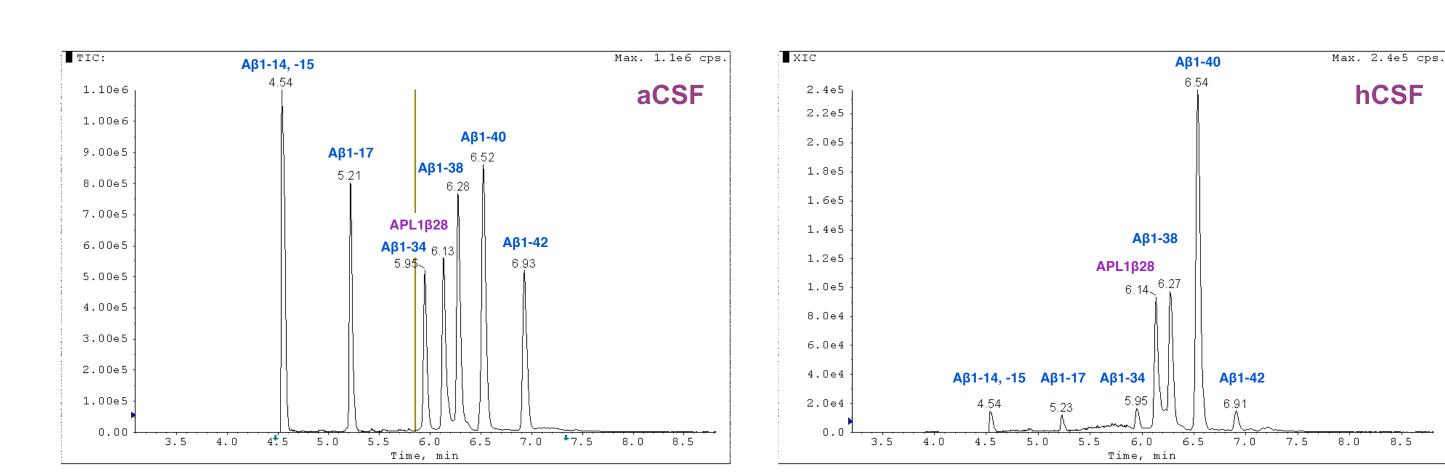


Figure 1: Total ion chromatograms of an extracted aCSF standard and an hCSF unknown

### **MASS SPECTROMETRY**

The eluting analyte peaks are detected by multiple-reaction-monitoring (MRM) in positive electrospray ionization mode. Data are acquired in two sequential acquisition periods over the 12-minute run time due to the large number of MRM transitions required.

Analyte	MW	Precursor ion, m/z	Charge	Product ion, m/z	Charge	Ion type
Αβ1-14	1699	567.1	+3	156.1	+1	y1
Αβ1-15	1827	609.8	+3	284.0	+1	y2
Αβ1-17	2068	690.3	+3	646.4	+3	b2
Αβ1-34	3787	947.8	+4	1162.9	+3	b31
<b>APL1β28</b>	2586	862.8	+3	245.1	+1	b2
Αβ1-38	4132	1033.9	+4	1000.8	+4	b36
Αβ1-40	4330	1083.6	+4	1054.2	+4	b39
Αβ1-42	4514	1129.4	+4	1078.8	+4	b40
<sup>†</sup> <b>Αβ1-43</b>	4615	1154.8	+4	1124.9	+4	b42

### Results and Discussion

### Representative aCSF Accuracy and Precision

Αβ 1-14

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Calibrator	Theoretical	Measured	Back-calc	QC Level	LLOQ	Low	Mid	High	
	(pg/mL)	(pg/mL)	Accuracy		(pg/mL)	(pg/mL)	(pg/mL)	(pg/mL)	
1	25.0	24.6	98.2%	Theoretical	25.0	80.0	1000	8000	
2	50.0	50.6	101%	Mean (n=6)	24.5	81.7	1046	7315	
3	80.0	81.2	101%	C.V.	7.27%	1.78%	4.50%	8.64%	
4	300	325	108%	Accuracy	97.8%	102%	105%	91.4%	
5	1000	1020	102%						
6	3000	3054	102%						
7	8000	7715	96.4%						
8	10000	9053	90.5%						
Αβ 1-42									

Calibrator	Theoretical	Measured	Back-calc	QC Level	LLOQ	Low	Mid	High
	(pg/mL)	(pg/mL)	Accuracy		(pg/mL)	(pg/mL)	(pg/mL)	(pg/mL)
1	25.0	22.8	91.3%	Theoretical	25.0	80.0	1000	8000
2	50.0	54.1	108%	Mean (n=6)	25.3	79.1	983	7513
3	80.0	90.5	113%	C.V.	13.9%	5.47%	5.30%	2.19%
4	300	319	106%	Accuracy	101%	98.8%	98.3%	93.9%
5	1000	997	100%					
6	3000	2882	96.1%					
7	8000	7462	93.3%					
8	10000	9176	91.8%					

**APL1β28** 

				-				
Calibrator	Theoretical	Measured	Back-calc	QC Level	LLOQ	Low	Mid	High
	(pg/mL)	(pg/mL)	Accuracy		(pg/mL)	(pg/mL)	(pg/mL)	(pg/mL)
1	25.0	27.3	109%	Theoretical	25.0	80.0	1000	8000
2	50.0	45.3	90.5%	Mean (n=6)	18.0	81.5	1037	7823
3	80.0	67.7	84.7%	C.V.	29.2%	10.4%	4.27%	8.21%
4	300	304	101%	Accuracy	72.1%	102%	104%	97.8%
5	1000	1082	108%					
6	3000	3079	103%					
7	8000	8111	101%					
8	10000	10206	102%					

The major goal of this work was to develop sensitive and efficient generic methodology to simultaneously extract and analyze a broad range of Aβ isoforms and other potential peptides of interest. Well-known issues with analyte solubility, adsorption, and aggregation were addressed by judicious choice of sample handling and SPE processing conditions, which were extensively investigated by Erin Chambers of Waters and adapted for this method.



Representative Human CSF Standard Addition										
		Αβ1-14		Αβ1-42			<b>APL1β28</b>			
	Lot 1	Lot 2	Lot 3	Lot 1	Lot 2	Lot 3	Lot 4	Lot 5	Lot 6	
Replicate	(pg/mL)	(pg/mL)	(pg/mL)	(pg/mL)	(pg/mL)	(pg/mL)	(pg/mL)	(pg/mL)	(pg/mL)	
1	48.0	46.2	59.8	211	293	429	1,312	869	1,327	
2	56.4	48.7	70.7	212	295	409	1,253	931	1,383	
3	44.7	46.7	62.7	208	308	439	1,311	1,015	1,263	
Basal Mean	49.7	47.2	64.4	210	299	426	1,292	938	1,325	
S.D.	6.02	1.34	5.62	2.27	8.10	15.2	33.8	73.1	60.0	
C.V.	12.1%	2.84%	8.73%	1.08%	2.71%	3.56%	2.61%	7.79%	4.53%	
1	135	127	131	290	375	469	3,182	2,924	3,417	
2	130	125	135	277	366	476	3,372	3,055	3,439	
3	133	124	152	282	382	483	3,410	2,964	3,243	
<b>Fortified Mean</b>	132	125	139	283	374	476	3,321	2,981	3,366	
S.D.	2.58	1.56	11.4	6.38	7.98	7.07	122	67.3	108	
C.V.	1.95%	1.25%	8.15%	2.26%	2.13%	1.49%	3.68%	2.26%	3.20%	
Basal Mean	49.7	47.2	64.4	210	299	426	1,292	938	1,325	
+ Fortified Level	<u>80.0</u>	<u>80.0</u>	<u>80.0</u>	<u>80.0</u>	<u>80.0</u>	<u>80.0</u>	<u>2,000</u>	<u>2,000</u>	<u>2,000</u>	
= Theoretical	130	127	144	290	379	506	3,292	2,938	3,325	
Bias	2.09%	-1.69%	-3.42%	<b>-2.52%</b>	-1.22%	<b>-5.94%</b>	0.89%	1.46%	<b>1.25%</b>	

#### SPE using pH-stable mixed-mode Oasis MCX sorbent was found to provide general extraction selectivity, via reversed-phase/cation-exchange retention mechanisms, with >60% recovery for a wide range of peptide biomarkers in CSF. The 96-well µElution format also provides extract concentration without requiring evaporation and reconstitution that often cause peptide losses. During method development, significant non-specific binding (NSB) issues were observed using artificial CSF as a surrogate matrix. Waters has described addition of 5% rat plasma (containing different Aβ sequences) to control NSB. While we found this to be effective, unacceptable chromatographic background was observed for some of the peptides in different lots of rat plasma. Substitution of 4 mg/mL BSA eliminated this issue while controlling NSB.

Chromatography of the smaller A<sup>β</sup> isoforms presented a significant challenge because their high relative hydrophilicity and low pl resulted in weak retention under high pH conditions. The large injection volume of a relatively "strong" extract also required on-line aqueous dilution for efficient precolumn trapping, while back-flush transfer onto the UPLC analytical column ensured high resolution separation with sharp peaks for sensitive analysis.

MS/MS detection was performed in positive ion mode, where CID for all but the smallest peptides yields more specific b sequence product ions than the predominant water loss ions observed in negative ion mode.

With the current methodology and instrumentation, the potential dynamic range extends from 25/50 pg/mL up to 10 ng/mL for all analytes. Accuracy and precision limits of 4-6-20/25% can be readily achieved for artificial CSF standards and QCs. Selectivity and standard addition accuracy have also been confirmed in multiple lots of human CSF. A fit-for-purpose method validation is being conducted with the following assay ranges: A
<sup>β</sup>1-14, A<sup>β</sup>1-15, and A<sup>β</sup>1-17 (25.0 to 2500 pg/mL); Aβ1-34, Aβ1-38, and Aβ1-42 (50.0 to 5000 pg/mL); Aβ1-40 and APL1β28 (100 to 10000 pg/mL). Aβ1-43 may be added pending successful evaluation.

## Conclusion

A multiplex SPE-based UPLC-MS/MS assay has been developed, which enables both high sensitivity and broad-spectrum targeted detection of multiple AB and related biomarker peptides in CSF. Analyzing such a wide range of peptides in one sample is extremely challenging due to their hydrophobicity differences, strong self-aggregation and non-specific binding tendencies. The assay has been optimized for ruggedness and reproducibility and has successfully undergone preliminary evaluations with blinded sponsor-provided test samples. A fit-for-purpose method validation is underway to support study sample analysis.

## Acknowledgement

The authors wish to acknowledge Erin Chambers of Waters Corporation for sharing her extensive experience in developing the Oasis mixed-mode solid phase extraction procedure for A $\beta$  peptides and valuable suggestions for assay optimization.