

Incredibly useful web sites for professional caregivers

Professional caregivers are often looking for good Internet resources. Identified here are Web sites for <u>direct care professionals</u> caring for persons with Alzheimer's. Each site is unique and aimed at providing current, practical, and expert advice.

Alzheimer's Association National Office.

Chicago, IL.

Comprehensive information for professional caregivers is available at www.alz.org. In addition to the resources below, the *Publications* page at https://www.alz.org/help-support/resources/virtual_library/publications_(1) provides free access to the entire collection of Alzheimer's Association's brochures, factsheets, and reports.

Cognitive Assessment Tools

Cognitive assessment tools identifies by an expert workgroup for individuals who may need additional evaluation in primary care.

https://www.alz.org/professionals/healthcare-professionals/clinical-resources/cognitive-assessment-tools Accessed March 2019

Dementia Care Practice Recommendations, 2018.

The practice recommendations were developed from the latest evidence in dementia care research and the experience of professional direct care experts. They are the basis for every aspect of the Alzheimer care including end-of-life. https://www.alz.org/professionals/professional-providers/dementia_care_practice_recommendations Accessed March 2019

Professional Care Providers.

This page from the national Web site provides professional-level information and information on training programs, conferences, and CEU opportunities. Notable are the *Diversity Toolbox*, a variety of culturally appropriate materials for diverse populations and a link to the *Dementia Care Practice Recommendations* listed above.

http://www.alz.org/professionals_and_researchers_professional_care_providers. asp Accessed March 2019

Guide to quality care form the perspective of people living with dementia.

Offers insights into how people living with dementia view quality care and what they want from care providers and caregivers.

https://www.alz.org/getmedia/a6b80947-18cb-4daf-91e4-7f4c52d598fd/quality-care-person-living-with-dementia

Resource Lists (specialized bibliographies).

A line of expert-reviewed informational publications in both print and electronic covering thirty frequently requested topics.

https://www.alz.org/help-support/resources/virtual_library/resource_lists Accessed March 2019

Searching PubMed for Alzheimer's research

A guide how to construct searches to find peer-reviewed, evidence-based, and expert opinion research on Alzheimer's disease.

https://www.alz.org/media/Documents/how-to-search-pubmed-mesh-js-2018.pdf Accessed March 2019

Alzheimer's.gov

Silver Springs, MD

This Web site includes health information for consumers on Alzheimer's disease from the National Institute on Aging. The websites includes resources on the basics of Alzheimer's, causes, symptoms and diagnosis, treatment, caregiving, related dementias, resources for professionals, and research and clincial trials. Featured are the How Alzheimer's Changes the Brain video and Alzheimer's Scientific Images page. https://www.nia.nih.gov/health/alzheimers Accessed March 2019

Alzheimer's Disease International.

London, UK.

This Web page links to dementia language materials and such publications as *Help for Caregivers*, *Planning and Design Guide for Community-based Day Care Centres*, and *Starting a Self-help Group*. Click "Other languages" and "Publications" on the home page.

http://www.alz.co.uk Accessed March 2019

Eastern Michigan University Alzheimer's Education and Research Program, Michigan Department of Community Health, 2010.

Lansing, MI.

Dementia care series, caring sheets: thoughts and suggestions for caring are a series of more than 20 tip sheets on caring for persons with dementia, including general information on dementia and techniques on communication, safety, activities of daily living, and more.

https://www.improvingmipractices.org/populations/older-adults/caring-sheets
Accessed March 2019

Elder Care Online.

Islip, NY.

Alzheimer's & Dementia Care Channel.

Guest authors provide unique solutions to challenging behaviors.

http://www.ec-online.net/alzchannel.htm Accessed March 2019

Hartford Institute for Geriatric Nursing; Alzheimer's Association National Office.

New York, NY: Chicago, IL.

Try This.

Thirty elder care issues are discussed on this web site. Assessment tools are provided for each issue, many dementia specific.

https://consultgeri.org/tools/try-this-series Accessed March 2019

Inter-Generations.

Hyannis, MA.

Common Counseling Mistakes: What Not to Say: A Guide for Long Term Care Professionals.

http://www.intergens.com/featurearticle-4.html Accessed March 2019

National Council for Hospice and Specialist Palliative Care Services, 2003.

Belfast, BT.

Breaking Bad News.

http://www.hscbereavementnetwork.hscni.net/wp-content/uploads/2014/05/Breaking_Bad_News.-Regional-Guidelines-2003.pdf

Accessed March 2019

Reference Tools

Drug Information.

U.S. National Library of Medicine

National Institutes of Health

http://www.nlm.nih.gov/medlineplus/druginformation.html Accessed March 2019

PubMed.

U.S. National Library of Medicine

National Institutes of Health

15 million citations for biomedical articles back to the 1950's in a searchable database.

http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?db=PubMed Accessed March 2019

Understanding Medical Research.

U.S. National Library of Medicine

National Institutes of Health

http://www.nlm.nih.gov/medlineplus/understandingmedicalresearch.html Accessed March 2019

Medical Words, Their parts, What They Mean.

U.S. National Library of Medicine

National Institutes of Health

http://www.nlm.nih.gov/medlineplus/appendixa.html Accessed March 2019