



ROAD MAP ACTION ITEMS

MONITOR AND EVALUATE

- M-01 Implement the Behavioral Risk Factor Surveillance System's cognitive impairment and caregiver modules.
- M-02 Use surveillance data to enhance awareness and action in public health programming (e.g. link Behavioral Risk Factor Surveillance System questions on cognition to health-related quality of life or falls prevention).
- M-03 Determine key questions concerning cognition for inclusion in the National Health Interview Survey and other relevant national datasets by conducting a national-level review and promoting their use.
- M-04 Engage national organizations and agencies to develop standardized questions that can be used at the national, state, and local levels to track awareness and perceptions about cognitive health and impairment, including decline in cognitive functioning.
- M-05 Assess information about the economic impact of dementia, including Alzheimer's disease, on states and communities and disseminate the findings.
- M-06 Support state and local needs assessments to identify racial/ethnic; lesbian, gay, bisexual, and transgender; socioeconomic; and geographic disparities related to cognitive health and impairment and help ensure materials are culturally appropriate.
- M-07 Conduct a review of the literature on co-occurring chronic conditions and dementia, including Alzheimer's disease, to understand the effect of dementia on various outcomes such as depression, disease management, morbidity, and mortality.
- M-08 Define the needs of caregivers and persons with dementia, including Alzheimer's disease and younger-onset, as they relate to employment and employers.
- M-09 Conduct a national-level literature review to identify public health interventions that are effective in decreasing preventable hospitalizations among persons with dementia, including Alzheimer's disease, and disseminate findings.
- M-10 Conduct a national-level review of caregiver programs and policies consistent with *The Guide to Community Preventive Services* methodologies.
- M-11 Examine the Chronic Disease Self-Management Program and other evidence-based programs to determine their ability to include persons with dementia and their care partners.
- M-12 Update and disseminate national-level reviews on the public health impact of physical activity programs and other behavioral risk factors associated with cognitive health and impairment.
- M-13 Conduct a national-level literature review on the potential and optimal use of technology for delivering best practices in programs for caregivers and persons with dementia, including Alzheimer's disease.