

# Subjective Cognitive Decline

Data from the 2015 Behavioral Risk Factor Surveillance System

Aggregated across 34 states:

Alabama • Arizona • Arkansas • California • Colorado • District of Columbia • Florida • Georgia • Hawaii • Illinois • Iowa • Louisiana • Maryland • Michigan • Minnesota • Mississippi • Nebraska • Nevada • New Jersey • New York • North Dakota • Ohio • Oklahoma • Oregon • Rhode Island • South Carolina • South Dakota • Tennessee • Texas • Utah • Virginia • West Virginia • Wisconsin • Wyoming

1 in 9

Adults aged 45 and older

are experiencing Subjective Cognitive Decline.

SCD is self-reported  
**MEMORY PROBLEMS**

that have been getting worse  
over the past year.



Less  
Than **HALF**  
with SCD have talked  
to a health care  
provider about it.



35.7%

needed help  
with household  
chores.



40.5%  
had to give up  
day-to-day  
activities.

ONE in THREE



say SCD interfered with  
social activities,  
work, or volunteering.

Many with SCD also have  
other chronic conditions

61.3% arthritis

28.4% cardiovascular  
disease

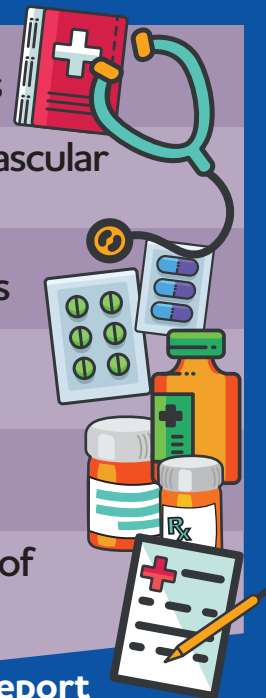
26.7% diabetes

21.5% COPD

15.1% asthma

14.8% history of  
cancer

80.2% report  
at least one of  
these conditions



alzheimer's  
association



for more  
information:

[www.alz.org/publichealth](http://www.alz.org/publichealth)

[www.cdc.gov/aging](http://www.cdc.gov/aging)