

<b>Recommended List of Videos</b>				
<b>Subject Category</b>	<b>Video Title</b>	<b>Description</b>	<b>Length</b>	<b>Publisher Web sites</b>
Activities	<b>101 timeless TV classics</b> / Timeless Media, 2010	Contains classic television shows: <i>Roy Rogers Show</i> , <i>Sargeant Preston of the Yukon</i> , <i>The Danny Thomas Show</i> , <i>The Milton Berle Show</i> , <i>Lucy Show</i> , <i>The Lone Ranger</i> , <i>The Mickey Rooney Show</i> , <i>Sherlock Holmes</i> , <i>George Burns and Gracie Allen Show</i> , <i>Dragnet</i> , and more.	40 hrs.	<a href="http://www.amazon.com">http://www.amazon.com</a>
Activities	<b>A different visit</b> / Cameron Camp, 2012	Cameron Camp of the Center for Applied Research in Dementia helps families and friends have purposeful and rewarding visits centered on the use of Montessori-based activities. Also available for streaming at <a href="https://www.youtube.com/watch?v=FLDwzgRTbVA">https://www.youtube.com/watch?v=FLDwzgRTbVA</a>	8 min.	<a href="http://www.cen4ard.com">http://www.cen4ard.com</a>
Activities	<b>Movement and music</b> / Care and Compliance Group, [?]	<i>Movement and Music</i> contains forty music and movement activities with lists of materials that are needed and workbook. The DVD explains the goal of each exercise and demonstrates how to do it. The program is helpful for body strengthening, communication and engagement.	55 min.	<a href="http://www.careandcompliance.com">http://www.careandcompliance.com</a>
Activities	<b>Prescription music: favorite sing-a-long songs</b> / Prescription Music Productions	<i>Prescriptions for Music</i> , volumes I & II contains popular sing-along-songs that appeal especially to elders of a generation or two ago. Visit the Web site for additional titles.	various	<a href="http://www.alzstore.com">http://www.alzstore.com</a>
Activities	<b>Sentimental Productions sing-along collection</b> / Sentimental Productions	This company sells twenty volumes of sing-along-songs that appeal to elders of a generation or two ago. Love, romance, songs of the road, patriotic and wartime, holiday and campfire songs, and more provide activities for social engagement, reminiscence and communication. Includes reproducible song sheets.	various	<a href="http://www.sentimentalonline.com">www.sentimentalonline.com</a>
Activities	<b>Sentimental Productions video activity collections</b> / Sentimental Productions	This company sells DVDs for viewing. Topics include Americana, twentieth century flashbacks, sentimental reflections, videos on historic topics, travel, and seasonal depictions provide activities for social engagement, reminiscence and communication.	various	<a href="http://www.sentimentalonline.com">www.sentimentalonline.com</a>

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Activities	<b>Video respite series</b> / Innovative Caregiving Resources	Fourteen DVDs to engage the person with Alzheimer's disease by sparking memories through music and conversation. The titles in the series are <i>Favorite Things</i> , <i>Gonna Do a Little Music</i> ; <i>Ladies Let's Chat</i> ; <i>Lunchbreak with Tony</i> ; <i>Remembering When</i> ; <i>Sharing Christmas Cheer</i> ; <i>Visit with Maria</i> ; <i>Yankee Doodle Dandy Time</i> ; <i>Those Good 'Ole School Days</i> ; <i>Favorite Canadian Memories</i> ; <i>Movement, Music and Memories</i> ; <i>Sharing Favorite Things</i> ; <i>Kibitz with David</i> ; and <i>Celebrating African American Culture</i> .	various	<a href="http://www.videorespite.com">www.videorespite.com</a>
Alzheimer's Disease	<b>Alzheimer's mystery</b> / Films for the Humanities & Sciences, 2003.	The DVD takes an historical look at the work of Dr. Alois Alzheimer and the century that followed to help the viewer understand the disease and how it was brought to the public's attention. Persons in early stage, family members, and healthcare professionals discuss aspects of coping, the disease pathology, research, and the importance of compassionate care.	48 min.	<a href="http://ffh.films.com">http://ffh.films.com</a>
Alzheimer's Disease	<b>Alzheimer's encyclopedia</b> / Video Press, School of Medicine, University of Maryland, 2008	<i>Alzheimer's Encyclopedia</i> follows the progression of Alzheimer's disease and its cognitive and behavioral symptoms through the clinical footage of 22 patients. It covers assessment, quality of life and treatment planning for 3 stages. Vignettes and commentary are by Dr. Peter Rabins. Disc 4 is an overview of stages 1 - 3. The four discs are sold separately.	15 - 30 min. per DVD	<a href="http://www.videopress.umaryland.edu">http://www.videopress.umaryland.edu</a>
Alzheimer's Disease	<b>Alzheimer's project</b> / HBO Documentary Films; National Institute on Aging; Alzheimer's Association, 2009	HBO's <i>The Alzheimer's Project</i> in 4 parts takes a look at the faces behind the disease. The series includes segments on caregivers, memory loss from the perspective of persons with the disease, conversations with children with commentary by Maria Shriver and scientific discovery.	298 min.	<a href="http://www.hbo.com/alzheimer/s/">http://www.hbo.com/alzheimer/s/</a>
Alzheimer's Disease	<b>Charlie Rose, brain series 2, generalized effects in cognition: Alzheimer's disease</b> / Charlie Rose, 2012	Charlie Rose Brain Series 2: Generalized Defects in Cognition: Alzheimer's Disease. Charlie Rose interviews Eric Kandel of Columbia University, Marc Tessier-Lavigne of Rockefeller University, Alison Goate of Washington University's School of Medicine in St. Louis, David Holtzman of Washington University in St. Louis and Bruce Miller of University of California, San Francisco. Watch online or order from Amazon..	53 min.	<a href="http://www.hulu.com/watch/333114">http://www.hulu.com/watch/333114</a>

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Alzheimer's Disease	<b>Facing Alzheimer's: an African-American perspective</b> / TMK Productions, 2002	Hosted by public radio and television personality Richard Steele, this program examines the challenges faced by African-American families who experience Alzheimer's. Interviews with persons with the disease, caregivers, doctors, churches, home health and long-term care agencies, and other support organizations highlight the DVD.	33 min.	<a href="http://www.aptonline.org">http://www.aptonline.org</a>
Alzheimer's Disease	<b>Sum total of our memory: facing Alzheimer's together</b> / Barbara Klutnis, 2014	Couples affected by a partner's recent diagnosis of Early Alzheimer's come to terms with their changing roles. Prominent Alzheimer's medical experts offer their perspectives on diagnosis, the nature of the disease, helpful attitudes in caring for loved ones, stigma, clinical trials, support for caregivers, and overall healthcare concerns.	57 min.	<a href="http://thesumtotalmovie.com">http://thesumtotalmovie.com</a>
Biographical Documentary	<b>14 days with Alzheimer's</b> / Lisa Cerosli, 2011	Winner of the Audience Choice Award at the Life and Death Matters Film Festival, Boulder, Colorado. Based on the memoir, <i>As Nora Jo Fades Away</i> , this short documentary examines 14 days in her life and her granddaughter's and caregiver, Lisa Cerosli.	29 min.	<a href="http://www.amazon.com">http://www.amazon.com</a>
Biographical Documentary	<b>Alive inside</b> / M. Rossato-Bennett, 2014	Depicts the power of music listening to revitalize and soothe the human spirit in persons with memory loss. Contains interviews with Oliver Sachs and Bobby McFerrin. Won the 2014 Audience Award at the Sundance Film Festival.	78 min.	<a href="http://www.aliveinside.us">http://www.aliveinside.us</a>
Biographical Documentary	<b>Alzheimer's disease : inside looking out</b> / Alzheimer's Association Cleveland Area Chapter, 1994	Personal interviews with people in the early stages of Alzheimer's disease offer insights into how the illness alters their everyday life. Discussion include dependence on others, driving, becoming a burden, attitudes toward them, airing emotions and support groups as a valuable resource for those in the early stages of the disease.	19 min.	<a href="http://fanlight.com">http://fanlight.com</a>
Biographical Documentary	<b>Bob and Nancy: inside the emotions of Alzheimer's</b> / Video Press, 2012	The progression of Alzheimer's is documented in <i>Bob and Nancy</i> through interviews by Peter Rabins who probes the emotions and responses that impact Nancy's life.	20 min.	<a href="http://www.videopress.umaryland.edu">http://www.videopress.umaryland.edu</a>

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Biographical Documentary	<b>Complaints of a dutiful daughter</b> / Women Who Make Movies, 1994	A classic among Alzheimer's documentaries, this account of one woman's struggle with Alzheimer's disease seen through her daughter's eyes begins when the mother's symptoms first became apparent. It follows Deborah Hoffman and her mother as they cope with the changes in their lives, using humor and warmth to portray their relationship as loving and meaningful throughout – even when the daughter eventually moves her mother into a nursing home. Nominated for an academy award as best documentary.	44 min.	<a href="http://www.wmm.com">http://www.wmm.com</a>
Biographical Documentary	<b>First cousin once removed</b> / Alan Berliner, 2013	Edwin Honig is a distinguished poet, translator, critic, teacher, honorary knight and cousin and mentor to the filmmaker, Alan Berliner. Shot over five years for HBO, First Cousin Once Removed documents Honig's journey into Alzheimer's through conversations with family and friends. Berliner, captures Honig's literary skills, playfulness and poetic soul, obvious even through his mental losses.	27 min.	<a href="http://www.hbo.com">http://www.hbo.com</a>
Biographical Documentary	<b>Forgetting (the): a portrait of Alzheimer's</b> : stories of love, courage, and hope / Twin Cities Public Television, Inc., 2003	A PBS documentary with experts Steven DeKosky and Rudolph Tanzi that follows several research studies and the lives of families affected by the disease. Includes a panel discussion of nationally recognized experts led by David Hyde Pierce. This discussion covers symptoms, treatment options, research, coping, community resources, and more.	90 min.	<a href="http://www.shoppbs.org">http://www.shoppbs.org</a>
Biographical Documentary	<b>I remember better when I paint: treating Alzheimer's through the creative arts</b> / Eric Elena & Berna Heubner, Narrated by Oliva de Havilland, 2009	<i>I Remember Better When I Paint</i> examines how some nursing facilities are attaining positive results with "creative based therapies" like drawing, painting, and visits to the museum for quality of life and communication between caregivers and families.	52 min.	<a href="http://www.amazon.com">http://www.amazon.com</a>

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Biographical Documentary	<b>Witnessing death: a grandson's reflections of Alzheimer's</b> / David Rosenthal, 2006	A short film by medical student David Rosenthal about his grandfather Kurt Rosenthal - made at Buehler Center on Aging Summer Program on Geriatrics & Gerontology, Feinberg School of Medicine, Northwestern University. David combines elements of his grandfather's struggle with Alzheimer's, the personal experiences of CNAs, and interviews with clinical experts and medical ethicists. The video serves as a personal memoir and as a commentary on end-of-life issues.	27 min.	<a href="http://www.witnessingdeath.com/Home.html">http://www.witnessingdeath.com/Home.html</a>
Biographical Documentary	<b>You're looking at me like I live here and I don't</b> / Scott Krischenbaum; Shane Boris, 2012	Uniquely filmed in an Alzheimer's unit and told from the perspective of an Alzheimer's patient, Lee Gorewitz looks for evidence of her past, her identity, and struggles to remember who she is	54 min.	<a href="http://yourelookingatme.com">http://yourelookingatme.com</a>
Caregiver	<b>Advance medical directives</b> / Terra Nova, 2005	This video poses preeminent questions to help you be specific about the personal care you desire at the end of life. It explains the difference between a Living Will and Durable Power of Attorney for Healthcare, and footnotes many of the decisions that must be made—including resuscitation, tube feeding, and pain relief options. Viewers will be equipped to start thinking about and implementing end-of-life care decisions for themselves.	14 min.	<a href="http://terranova.org">http://terranova.org</a>
Caregiver	<b>Alzheimer's today: a caregiver's guide</b> / Nevco Healthcare Education, 2011	Addresses common issues that caregivers may face in home settings when treating someone with Alzheimer's. Teaches viewers about the stages of the disease, changes that can be made at home, and more.	74 min.	<a href="http://www.amazon.com">http://www.amazon.com</a>
Caregiver	<b>Alzheimer's disease do's and don'ts: tips for family and friends</b> / Video Press, University of Maryland, School of Medicine, 2000	Dr. Peter Rabins assembles a group of adult children whose parents have Alzheimer's and spouses whose partners have the disease. For some the experience is new while others have been caregivers for many years. The discussion offers emotional and practical insight into caregiving. Topics discussed are: the driving dilemma; the need to lock doors; making a safe zone; responding to a person who becomes agitated and even violent; continuing a loving peer-to-peer relationship, and sense of loss. The program provides a mechanism for sharing experiences and getting ideas from one another.	26 min.	<a href="http://www.videopress.umaryland.edu">http://www.videopress.umaryland.edu</a>

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Caregiver	<b>Best friends</b> / Terra Nova Films, 1993.	Volunteers in a day care center show how quality one-on-one care for someone with Alzheimer's disease can derail many of the behavioral problems often associated with the illness. The volunteers not only act as safe, comfortable companions of people with Alzheimer's, but also offer caregivers some relief. Produced by the Lexington Bluegrass Chapter to accompany the book of the same title by Virginia Bell and David Troxel.	20 min.	<a href="http://terranova.org">http://terranova.org</a>
Caregiver	<b>Caregiver wellness</b> / Medifecta, 2012	Covers the factors of caregiver stress and offers realistic solutions for minimizing stress and nurturing wellness in caregivers. Topics include the importance of maintaining wellness, acknowledging and defusing difficult emotions, using simple and effective exercises for relaxation and renewal, and performing activities that foster self-esteem and well-being, and the role of respite.	32 min.	<a href="http://www.medifecta.com">http://www.medifecta.com</a>
Caregiver	<b>Caregiver's journey</b> / Caregiver Support Project, Terra Nova Films, 1997	A five-part series on the journey of caregiving from the beginning of the experience to the toll that caregiving can take, to survival, healing, and recognizing the triumphs.	30 min. each	<a href="http://www.terranova.org">http://www.terranova.org</a>
Caregiver	<b>Caring for a loved one with Alzheimer's: an emotional journey</b> / Paraclete Video Production, 2012	Caring for a loved one with Alzheimer's offers insight and understanding for anyone who cares for a loved one with Alzheimer's. Narrated by Kenneth Doka, Mary Ellen Geist, and Joanne Keonig Koste and other experts in the fields of Alzheimer's care and grief.	51 min.	<a href="http://www.amazon.com">http://www.amazon.com</a>
Caregiver	<b>Dementia with dignity</b> / Terra Nova Films, 2003	<i>Dementia With Dignity</i> is a one hour training video for professional and family caregivers. The program covers the effects of dementia, communication, how to utilize the remaining strengths and skills of the person for building self-esteem, stimulating intelligence and enhancing quality of life for persons with dementia and caregivers.	60 min.	<a href="http://www.terranova.org">http://www.terranova.org</a>
Caregiver	<b>Dental care for people with dementia</b> / Pines Education Institute of Southwest Florida, 2012	<i>Dental Care for People with Dementia</i> includes techniques to handle challenging situations as the disease progresses in persons with Alzheimer's and other dementias	140 min.	<a href="http://www.alzstore.com">http://www.alzstore.com</a>

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Caregiver	<b>Dining with friends: an innovative approach to dining for people with dementia</b> / Alzheimer's Resource Center of Connecticut, Inc., Terra Nova Films, 2010	<i>Dining with Friends</i> emphasizes how to optimize the dining environment for a dignified experience; the importance of establishing connections between staff and people with dementia; understanding the stages of Alzheimer's disease and how caregivers may develop effective ways to communicate and support independence; how to easily prepare modified food choices that appetizing and nutritious.	20 min.	<a href="http://www.terrano.org">http://www.terrano.org</a>
Caregiver	<b>Easing the adjustment to a nursing home: strategies for families</b> / Kendal Outreach, 2010	Helping an older loved one decide when it's time to move into assisted living or a nursing home can be an emotionally wrenching transition for all concerned. Now a new video helps guide families who have, or will have, loved ones in a nursing home or assisted living setting. This video offers realistic, compassionate and relevant information for those coping with the transition. Family members and health care staff share their experiences and provide practical advice about what to expect and how to help loved ones adjust to living in a new setting	12 min.	<a href="http://www.terrano.org">http://www.terrano.org</a>
Caregiver	<b>He's doing this to spite me: emotional conflicts in dementia care</b> / Terra Nova Films, 2007	Three caregivers candidly express their experience and frustrations while interacting with their loved one who has dementia. Video segments are interspersed with discussion by experts in dementia care. The DVD helps family and professional caregivers reconsider their responses to challenging behaviors in favor of more comfortable and supportive results.	22 min.	<a href="http://www.terrano.org">http://www.terrano.org</a>
Caregiver	<b>Into the other lane: driving with dementia</b> / Terra Nova Films, 2010	In two parts, this DVD includes real-life stories about five persons with dementia who are no longer able to drive. and the impact it has on their autonomy, self-esteem, and on their families. It also includes discussion by healthcare professionals on starting a conversation about driving, transportation options, and how healthcare specialists can assist in this process.	56 min.	<a href="http://www.terrano.org">http://www.terrano.org</a>

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Caregiver	<b>Introduction to validation: communicating with very old people diagnosed with Alzheimer's-type dementia</b> / Edward Feil Productions, 2011	Naomi Feil describes benefits and principles of the validation technique of communication.	25 min.	<a href="http://edwardfeilproductions.com">http://edwardfeilproductions.com</a>
Caregiver	<b>Learning to speak Alzheimer's: an introduction to the habilitation approach to care</b> / Joanne Koenig Coste; Image Studios, 2008	Based on her book by the same title, the author applies the habilitation model which works on minimizing stress, promoting positive emotion, and optimizing function for successful communication. The DVD shows how to create an environment in which the person can experience quality of life. Practical information is presented to improve the physical, psycho-social, and sensory experiences of the person.	32 min.	<a href="http://www.fanlight.com">http://www.fanlight.com</a>
Caregiver	<b>More than a thousand tomorrows</b> / Terra Nova Films, 2003	<i>More Than a Thousand Tomorrows</i> is a follow-up to <i>A Thousand Tomorrows: Intimacy, Sexuality, and Alzheimer's</i> . Everett and Betty Jordan from the original program are interviewed again after seven years. The changes in the disease and the impact they have had on their intimacy are the focus of the DVD. Everett discusses his feelings openly and his decisions regarding their intimacy. As a bonus feature, the video includes a candid discussion by their children on the separate issue of nursing home placement for Betty.	22 min.	<a href="http://www.terranoval.org">http://www.terranoval.org</a>
Caregiver	<b>Safety in and around the home: fall prevention</b> / Marion Karpinski, Medifecta Health Training, 2011	This training program for health professionals and families includes information on the physical and emotional effects of a fall, the goal of fall prevention, falls and the older adult, fall prevention for care providers, proper shoes, how to prevent falls in and around home, using a gait belt, medications that increase fall risk, and walkers.	19 min.	<a href="http://www.medifecta.com">http://www.medifecta.com</a>
Caregiver	<b>Savvy caregiver: a caregiver's manual</b> / K. Hepburn, et al.; Healthcare Interactive, Inc., 2002	<i>The Savvy Caregiver</i> is a 4-DVD set that provides training for family members or friends of someone with early stages of memory loss, all forms of dementia or Alzheimer's disease. It is designed to empower viewers by teaching real-world, practical skills, knowledge about memory loss and competency for caregiving.	7 hr.	<a href="http://www.memorylossdvd.com">http://www.memorylossdvd.com</a>



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Caregiver	<b>Thousand tomorrows: intimacy, sexuality and Alzheimer's</b> / Terra Nova Films, 1995.	Alzheimer's disease can produce either hypersexuality or loss of interest in sex. Three married couples speak frankly with Dan Kuhn about how Alzheimer's disease has affected their relationships. The video examines the changing roles and relationship between couples, changes in behavior that affect intimacy and changes in sexual attraction. More than a Thousand Tomorrows explores sensitive and sometimes taboo issues about intimacy, sexuality, and Alzheimer's disease providing a vehicle for discussion in support groups or clinical settings. See also More than a Thousand Tomorrows.	31 min.	<a href="http://www.terranovalog">http://www.terranovalog</a>
Caregiver	<b>Time to care: activities of daily living</b> / Ronalter Productions, 2005	With visual demonstrations and advice, this training video for caregivers and their families covers eating, bathing, dressing, grooming, dental care, and incontinence. <i>A Time To Care - Activities of Daily Living</i> interviews caregivers and a body of experts on problem solving surrounding ADLs.	45 min.	<a href="http://www.terranovalog">http://www.terranovalog</a>
Caregiver	<b>Whose death is it anyway?</b> / Christopher Lukas, 2011	A studio audience hosted by Nancy Snyderman, physician and currently the chief medical editor for NBC News with a live audience including people who have had to make hard choices. The program examines patients legal rights, family conflicts about end-of-life care, advance directives, palliative comfort care, dying at home, in the hospital, or with hospice care.	56 min.	<a href="http://www.amazon.com">http://www.amazon.com</a>
Children /Teen	<b>Grandpa, do you know who I am?</b> / Home Box Office (HBO), 2009	<i>Grandpa, Do You Know Who I Am,</i> " narrated by Maria Shriver, shows how dementia can affect children and ways in which younger people can relate to older family members with memory problems. This DVD is part of <i>The Alzheimer Project</i> by HBO. It is intended for children touched by Alzheimer's and their caregivers.	30 min.	<a href="http://store.hbo.com">http://store.hbo.com</a>
Children /Teen	<b>Videos for kids &amp; teens / Alzheimer's Association National Headquarters, 2015</b>	This page provides video clips to help children learn about Alzheimer's disease and understand how it affects you. It's important to know that you are not alone. Alzheimer's changes the lives of everyone it touches.	various	<a href="http://www.alz.org">http://www.alz.org</a>

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Fiction	<b>Away from her</b> / Film Farm and Foundry Films, 2007	A couple who has been married for over 40 years are faced with Alzheimer's when the wife experiences episodes of forgetfulness and wandering. The decision is made for her to go into a nursing home. When her husband visits, he is devastated to find out that she has forgotten him and has transferred her affections to someone else.	110 min.	<a href="http://www.amazon.com">http://www.amazon.com</a>
Fiction	<b>Ex memoria</b> / J. Appignanesi; Missing in Action Films, 2006	Ex Memoria explores a day in the life of Eva who tries to piece together past events which are barely remembered and possibly imagined. As witnesses to her troubled past, we the viewers are able to consider what it is like to have dementia and be receiving care. It is an opportunity to reflect on this topic and try to understand the complexities of Alzheimer's disease.	15 min.	<a href="http://www.terrano.org">http://www.terrano.org</a>
Fiction	<b>Hamlet &amp; Hutch</b> / Carton Holt, 2014	A mutual love for the theater links a former Broadway star with Alzheimer's disease and his great grand-daughter (and homeless dog) in this full-length film, Hamlet & Hutch, when they produce a small-town production of Shakespeare's Hamlet	90 min.	<a href="http://www.amazon.com">http://www.amazon.com</a>
Fiction	<b>Iris</b> / Miramax Films, 2001	This film is adapted from the memoirs of literary critic John Bayley. He recounts his early relationship and marriage to British novelist Iris Murdoch. Scenes in the film volley back and forth from the young energetic Iris to the elder Iris whose memory is slowly drifting away due to Alzheimer's disease.	90 min.	<a href="http://www.amazon.com">http://www.amazon.com</a>
Fiction	<b>Notebook (the)</b> / Warner Home Video, 2005	The film touches on class which separates the main characters socially while in their youth. Years later they are reunited. The man preserves their love story in a notebook that he reads to the woman whose memory is fading because of dementia.	124 min.	<a href="http://www.amazon.com">http://www.amazon.com</a>
Fiction	<b>Still Alice</b> / Sony Pictures Home Entertainment [released May 2015]	<i>Still Alice</i> illustrates the impact of Alzheimer's in the portrayal of a woman (Alice Howland) diagnosed with younger-onset Alzheimer's disease. Julianne Moore is happily married with three grown children who struggles to stay connected to the person she was in spite of the frightening effects it has on her and her family. Moore won best actress for Golden Globe, Critics Choice, an Academy Award, and more.	101 min.	<a href="http://www.amazon.com">http://www.amazon.com</a>

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Free	<b>Free Videos and Video Clips</b>	Get started on Pinterest. Sign up at <a href="http://www.pinterest.com">www.pinterest.com</a> to access the Virtual Library @ alz.org collection of Video and Audio resources online.	various	<a href="https://www.pinterest.com/AlzVL">https://www.pinterest.com/AlzVL</a>
Professional	<b>Alzheimer's disease: a multi-cultural perspective</b> / Terra Nova Films, 1993	In this program, medical experts and multi-ethnic families share their experiences and solutions about seeking assistance, long-term-care placement, and language differences. The four ethnic groups involved are Chinese, Japanese, Latino, and Vietnamese. Northern California and Northern Nevada chapter executive director, Bill Fisher, is interviewed.	34 min.	<a href="http://terrano.org">http://terrano.org</a>
Professional	<b>Alzheimer's disease: natural feeding techniques</b> / Terra Nova Films, 1993.	Three case studies show that some Alzheimer's residents can be fed orally even in the late stages of the disease. By using the correct techniques, nursing home staff can avoid using a gastrostomy tube, improve nutrition, and reduce the risk of infection. The program suggests making breakfast and lunch the biggest meals of the day, serving a variety of food, using more staff to help out at mealtimes, and offering cues for chewing and swallowing.	14 min.	<a href="http://terrano.org">http://terrano.org</a>
Professional	<b>Alzheimer's: facilitating ADLs</b> / Video Press, University of Maryland, School of Medicine, 2009	Having someone assist with activities of daily living can be a confusing and frightening experience for a nursing home resident. Dr. Peter Rabins and staff examine a step-by-step method using simple verbal cues, positive facial expressions, body language, and gentle guiding for assisting during dressing, bathing, grooming and at meal times.	20 min.	<a href="http://www.videopress.umaryland.edu">http://www.videopress.umaryland.edu</a>
Professional	<b>Alzheimer's disease: catastrophic reactions and other fear-induced behaviors</b> / Video Press, University of Maryland, School of Medicine, 2011	Fear behaviors can be consuming and destructive to residents, staff, and the facility. Nursing staff discuss common fear behaviors, their triggers and how to prevent them with simple positive solutions. A two-part series covers catastrophic reactions and positive solutions to minimize fearful behaviors.	40 min.	<a href="http://www.videopress.umaryland.edu">http://www.videopress.umaryland.edu</a>

Subject Category	Video Title	Description	Length	Publisher Web sites
Professional	<b>Alzheimer's, the 36-hour day</b> / Video Press, University of Maryland, School of Medicine, 2009	Based on the national bestseller and critically acclaimed, <i>The 36-Hour Day: A Family Guide to Caring for People with Alzheimer Disease, Other Dementias, and Memory Loss in Later Life</i> , one of the authors acquaints the viewer with Alzheimer's through the experiences of one family who provides a view into the realities of caregiving. Guidance on recognizing and managing behaviors and essential care tips and solutions are offered.	25 min.	<a href="http://www.videopress.umaryland.edu">http://www.videopress.umaryland.edu</a>
Professional	<b>Bathing without a battle: personal care of individuals with dementia</b> / University of North Carolina, 2003	Primarily for healthcare professionals, this CD-ROM and companion DVD by Philip Sloane, Joanne Rader, and Anne Barrick suggest ways to reduce the stress of bathing through such activities as in-bed towel bath and other alternatives to showering.	45 min.	<a href="http://www.bathingwithoutabattle.unc.edu">http://www.bathingwithoutabattle.unc.edu</a>
Professional	<b>BEERS criteria for potentially inappropriate medication use in older adults</b> / American Journal of Nursing, Terra Nova Films, 2009	Published studies confirm that inappropriate medication use remains a serious problem for older adults. This DVD provides a case study, using the BEERS criteria, for assessing and monitoring the multiple medications in an older adult patient. The DVD will help to train staff to be aware of the various safety and wellness issues involved when multiple medications are prescribed for older adults.	40 min.	<a href="http://www.terranovalog.org">http://www.terranovalog.org</a>
Professional	<b>Bon appetite: how to create meaningful mealtimes in long-term care</b> / Terra Nova Films, 2001	<i>Bon Appetite</i> is a 2-DVD training program on resident autonomy and person-centered care. Covered are the effects of dementia on communication, behavior, and eating, dining experiences with less distraction, food preparation and service that enable independence.	40 min.	<a href="http://terranovalog.org">http://terranovalog.org</a>
Professional	<b>Caregiving series: introduction to home care</b> / Marion Karpinski, 2011	<i>Introduction to Homecare</i> describes the skills and behaviors necessary for providing care to persons living in the home. Topics include: the home care team, working well with others, fulfilling the care plan, protecting yourself from liability, developing good observation skills, reporting to your supervision, good documentation practices, important behaviors and professional skills for success on the job, and care provider wellness	11 min,	<a href="http://www.medifecta.com">http://www.medifecta.com</a>

Subject Category	Video Title	Description	Length	Publisher Web sites
Professional	<b>Caring for someone with early to mid stage Alzheimer's disease</b> / Medifecta Healthcare Training, 2010	This program examines Alzheimer's disease in early to mid stage and its effects as well as teaches techniques of communication. Topics are: repetitive questions; doing chores; aggressive behavior; answering difficult questions; use of language; and other forms of communication.	60 min.	<a href="http://www.medifecta.com">http://www.medifecta.com</a>
Professional	<b>Caring for someone with mid to late stage Alzheimer's disease</b> / Medifecta Healthcare Training, 2010	This program examines Alzheimer's disease in mid to late stage and its effects as well as teaches physiological and behavioral changes, like repetitive calling out and sexuality and intimacy. <i>Caring for Someone with Mid to Late Stage</i> also explores how to balance the day - including activities - manage pain and continence, and caregiver tolerance levels	60 min.	<a href="http://www.medifecta.com">http://www.medifecta.com</a>
Professional	<b>Communicating with moderately confused older adults</b> / Terra Nova Films, 1997	Experts in aging show how to stimulate the minds of people in the middle stages of Alzheimer's disease without asking for more than they can handle, and it shows how, given the right atmosphere, people with dementia can adjust to the changes in their lives.	20 min.	<a href="http://www.terranovalia.org">http://www.terranovalia.org</a>
Professional	<b>Communicating with severely confused older adults</b> / Terra Nova Films, 1997	Provides demonstrations of how to communicate with people who have advanced dementia. The program provides an overview of Barry Reisberg's Global Deterioration Scale and discusses the characteristics of intervention techniques for individuals at stages 6 and 7 of the Scale.	20 min.	<a href="http://www.terranovalia.org">http://www.terranovalia.org</a>
Professional	<b>Consider the conversation</b> / Michael Bernhagen & Terry Kaldhusdal, 2011	A hospice worker and a State Teacher of the Year present a poignant film on the struggle with communication and preparedness for end-of-life in America. <i>Consider the Conversation</i> explores varied perspectives on end-of-life care and includes interviews with patients, family members, doctors, nurses, clergy, social workers, and national experts from across the country. <i>Consider the Conversation 2</i> is a sequel and will be broadcast on PBS April 2015.	60 min.	<a href="http://www.considertheconversation.org/">http://www.considertheconversation.org/</a>
Professional	<b>Dementia care - sundowning</b> / Advanced Healthcare Studies, 2003	Agitation, confusion, and disorientation may plague nursing home residents in the evening hours in a syndrome called sundowning. Staff can benefit from the techniques for managing it which are demonstrated in this video.	23 min.	<a href="http://www.advhs.com">http://www.advhs.com</a>

Subject Category	Video Title	Description	Length	Publisher Web sites
Professional	<b>Detecting discomfort in dementia: focus on behaviors</b> / University of Wisconsin Board of Regents, 2006	A short DVD to introduce nursing assistants to behaviors that may indicate pain or discomfort in residents with cognitive impairment and ways residents can get relief. The accompanying booklet <i>Tools for In-service Education</i> contains a discussion guide, role play, knowledge test, and suggestions for how to introduce the program and adapt it for education geared toward culture change.	13 min.	<a href="http://trc.wisc.edu">http://trc.wisc.edu</a>
Professional	<b>Eating and feeding issues in older adults with dementia</b> / Terra Nova Films, 2009	Memory loss is often a cause of poor nutrition and hydration in persons with dementia. Using the Edinburgh Feeding and Dementia Scale, this DVD program helps caregivers learn to identify specific interventions that promote nutritional intake through the detection of eating and feeding difficulties. Suggestions on when and how often to do an assessment are included and well as eating in late-stage dementia.	38 min.	<a href="http://terrano.org">http://terrano.org</a>
Professional	<b>Flashpoints: losing control</b> / Terra Nova Films, 2002	Helps staff recognize and heed their physical and emotional stress limits and deal with the stress triggers before they become explosive. This tape is part of a two tape series: <i>Losing Control</i> and <i>Regaining Control</i> .	20 min.	<a href="http://terrano.org">http://terrano.org</a>
Professional	<b>Everyone wins! Quality care without restraints</b> / Independent Production Fund, 1995	An eight-video kit designed to improve the quality of life in long term care facilities by avoiding the use of physical restraints. The program explores the reasons for avoiding restraints, the implementation of restraint-free care to nursing home management staff and visitors, how to help avoid falls and handle aggressive behavior, and more. The various video titles are geared toward nursing home administrators, nursing staff, and families alike.	12 - 16 min. per DVD	<a href="http://www.terrano.org">http://www.terrano.org</a>
Professional	<b>Great nursing assistants: the resident's perspective</b> / Video Press, University of Maryland, School of Medicine, School of Medicine, University of Maryland, 2005	Residents explain what they appreciate in a great nursing assistant. <i>Great Nursing Assistants</i> covers how it feels for the resident, knowing that a call bell will be answered quickly; how much they appreciate food containers opened on a food tray; how good it is to know when they're in pain, they'll be taken seriously; and how good it feels when someone takes the time to know them. These principles also apply to residents with dementia.	17 min.	<a href="http://www.videopress.umaryland.edu">http://www.videopress.umaryland.edu</a>

Subject Category	Video Title	Description	Length	Publisher Web sites
Professional	<b>The GNA's essential checklist: Is Mrs. Jones OK?</b> / Video Press, School of Medicine, University of Maryland, 2001	<i>Is Mrs. Jones OK?</i> identifies the basics of what to look for when making routine resident rounds. A checklist of areas to consider include: skin color, facial expressions, body positioning, body temperature, respiratory rate, and blood pressure. The program urges staff to look, listen, ask questions, take vital signs, and record mental or physical changes that implicate a shift in health status. Knowing each resident and looking for communication cues from non-verbal or dementia residents is an important aspect that is highlighted.	17 min.	<a href="http://www.videopress.umaryland.edu">http://www.videopress.umaryland.edu</a>
Professional	<b>Just in case: emergency readiness for older adults and caregivers</b> / Aging in Stride, Terra Nova Films, 2006	This community education kit provides an educational video and materials that supplement the <i>Just in Case</i> factsheet and forms prepared by Aging in Stride and the U.S. Administration on Aging's National Family Caregiver Support Program. The kit is available for purchase while the video can be streamed from the Aging in Stride web site. Kit topics include making a personal plan, medications, medical equipment, mobility and support services, risks in your community, preparing to stay at home and evacuate, and essential emergency supplies; <a href="http://www.aginginstride.org/emergencyprep/default.htm#Section2">http://www.aginginstride.org/emergencyprep/default.htm#Section2</a>	16 min.	<a href="http://terranova.org">http://terranova.org</a>
Professional	<b>More than words: a new culture of care and communication with persons who have dementia</b> / Terra Nova Films, 2011	<i>More Than Words</i> demonstrates how person centered care and knowledge of residents can reduce dementia related episodes, such as sundowning, aggressive reactions when bathing, and wanting to leave. Shows valuable tips to redirect and lesson anxieties for persons with dementia while preserving their personal autonomy and dignity. Covers: building and maintaining a relationship; dealing with difficult situations; communicating to show respect; accepting their reality; respecting the persons preferences; encouraging use of remaining abilities.	25 min.	<a href="http://www.terranova.org">http://www.terranova.org</a>

Subject Category	Video Title	Description	Length	Publisher Web sites
Professional	<b>Mouth care without a battle: individualized mouth care for persons with cognitive and physical impairment</b> / UNC, Cecil G. Sheps Center for Health Services Research; Horizon Productions, 2013	An evidence-based approach to person-centered daily mouth care for persons with cognitive and physical impairment. <i>Mouth Care Without a Battle</i> combines best practices in oral hygiene with proven techniques to overcome resistance to care among persons with dementia and related conditions. Includes: Mouth care basics and beyond the basics, providing mouth care in challenging situations, critical role of licensed nurses in mouth care, overview for administrators, policy makers, and other advocates for quality care	143 min.	<a href="http://www.terranovala.org">http://www.terranovala.org</a>
Professional	<b>Pain in cognitively impaired seniors</b> / Geriatric Video Productions, 2003	<i>Pain in Cognitively Impaired Seniors</i> teaches a process for assessing and managing pain in cognitively impaired persons living in the community and in facility settings. Includes: choosing an assessment tool; correctly administering assessment tools; assessing noncommunicative, severely impaired seniors; overcoming barriers that prevent optimal management of pain; applying specific management principals for persistent pain; applying assessment and management principals in seniors with disruptive behaviors related to pain; instituting a process for reassessing interventions and providing adequate pain management.	30 min.	<a href="http://terranovala.org">http://terranovala.org</a>
Professional	<b>Person-centered dementia care: stories and examples</b> / Terra Nova Films, 2013	Through stories and examples, this video explores the positive impact of person-centered care. In this philosophy, caregivers connect with persons with dementia as they understand the world around them with creative approaches that address the individual's needs and preferences - therefore improving life for the residents and the caregivers both. Contains: Know the Resident, Person-Centered Dining, Summer Camp, Pets, and Duet Bike.	29 min.	<a href="http://www.terranovala.org">http://www.terranovala.org</a>
Professional	<b>Physical intimacy</b> / Video Press, University of Maryland, School of Medicine, 2008	Dr. Rabins discusses with nursing staff who work with Alzheimer's patients, the need for positive intimacy and discuss when intimacy is inappropriate and what actions need to be taken. Topics include: issues relating to resident to resident intimacies; public masturbation; inappropriate touching of other residents and staff; and the need for team and family involvement to develop solutions. Filmed at Copper Ridge.	20 min.	<a href="http://www.videopress.umaryland.edu">http://www.videopress.umaryland.edu</a>



Subject Category	Video Title	Description	Length	Publisher Web sites
Professional	<b>Preventing resident to staff aggression</b> / Kansas Association of Homes and Services for the Aging; Terra Nova Films, 2003	This program examines why residents react aggressively and provides techniques for decreasing aggression. Common factors that can trigger aggression and suggestions on ways to improve communication are highlighted. The DVD discusses the importance of developing individualized behavior management plans. Includes manual with post-test.	11 min.	<a href="http://terrano.org">http://terrano.org</a>
Professional	<b>Rabins response to the challenging behaviors of Alzheimer's disease</b> / Video Press, University of Maryland, School of Medicine, School of Medicine, University of Maryland, 2010	"5 W's" of responding effectively to residents in order to minimize disordered behaviors is the topic of this program. Initial questions covered are: What is the problem behavior? Why is it a problem? When does the behavior happen? Where does it happen? Who is around when it happens? This information can help care providers develop plans of action for minimizing disordered behaviors.	20 min.	<a href="http://www.videopress.umaryland.edu">http://www.videopress.umaryland.edu</a>
Professional	<b>Recognizing and responding to emotion</b> / Terra Nova Films, 2009	Terra Nova Films presents recognizing and responding to emotions found in facial expressions, vocal signs, and body language.	22 min.	<a href="http://terrano.org">http://terrano.org</a>
Professional	<b>Recognizing emotional needs of the person with for Alzheimer's disease</b> / Video Press, University of Maryland, School of Medicine, School of Medicine, University of Maryland, 2008	Dr. Peter Rabins and nursing assistants examine strategies that help promote emotional well-being while in the act of providing care to residents with Alzheimer's. These include: connecting person to person, entering into the world of the person with Alzheimer's disease even if this means accepting impossible realities, knowing treats and activities people enjoy, using physical touch to comfort and reassure, and empathizing with the confusion of their world.	20 min.	<a href="http://www.videopress.umaryland.edu">http://www.videopress.umaryland.edu</a>
Professional	<b>Sexuality in long term care</b> / Video Press, University of Maryland, School of Medicine, 2008	<i>Sexuality in Long-Term Care</i> , a two-DVD series, covers resident to resident intimacy and sexual advances towards staff. Various scenarios help staff sort out the issues inherent in most care situations that relate to sexuality. These are family reactions to new relationships, unwanted attractions, and inappropriate advances. Staff share their experiences and learn approach the issues or set boundaries.	20 min. each	<a href="http://www.videopress.umaryland.edu">http://www.videopress.umaryland.edu</a>

Subject Category	Video Title	Description	Length	Publisher Web sites
Professional	<b>Understanding Alzheimer's and dementia in long-term care. Parts 1 - 3 mild, moderate and severe stage /</b> Terra Nova Films, 2007	This DVD series helps arm facility caregivers with knowledge and skills for providing quality care to residents with Alzheimer's disease. It covers the specific symptoms of each stage and gives practical steps that address caregiver issues and help residents through each stage with dignity. The three titles in this 3 DVD set are: 1) Part One (Mild Stage). 2) Part Two (Moderate Stage). 3) Part Three (Severe Stage).	90 min.	<a href="http://terranoval.org">http://terranoval.org</a>
Professional	<b>Working with families of hospitalized older adults who have dementia /</b> Terra Nova Films, 2009	Family members have valuable information to share with hospital staff who are treating persons with dementia. This program on hospitalization examines the importance of identifying normal behavior, individual preferences, proficiency with activities of daily living, and preventing delirium and falls in order to improve outcomes.	32 min.	<a href="http://terranoval.org">http://terranoval.org</a>