

## DEMENTIA & DISABILITIES SUPPORTIVE SERVICES PROGRAM — BEHAVIOR MANAGEMENT CONSULTATIONS



**ALZHEIMER'S DISEASE CAN BE OVERWHELMING, BUT YOU ARE NOT ALONE!**

**CALL OUR 24/7 HELPLINE – 800.272.3900**

The innovative Dementia and Disabilities Supportive Services Program (DDSSP) – Behavior Management Consultations sends highly trained professionals into the home with the latest techniques in dementia and disability support to help prevent and respond to distressing and disruptive behaviors such as:

**ANGER & AGITATION**

**REFUSING CARE**

**SLEEP DISTURBANCES**

**EATING CHANGES**

**RESTLESSNESS**

**REPETITIVE BEHAVIORS**

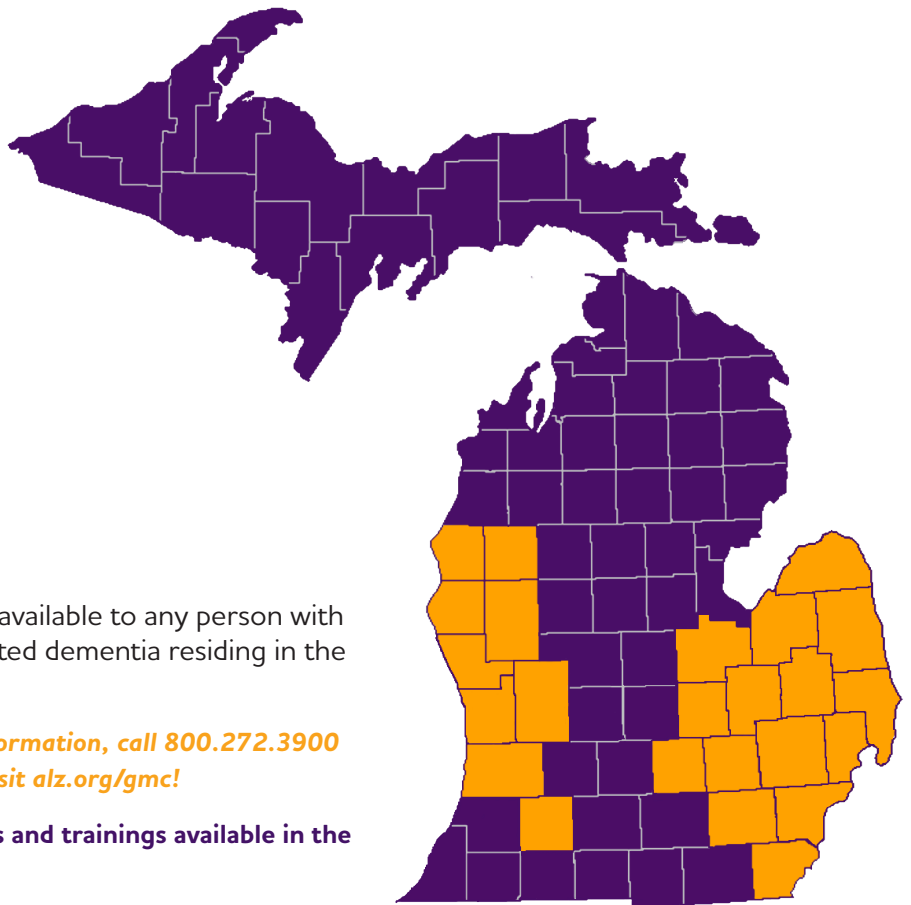
**DELUSIONS OR HALLUCINATIONS**

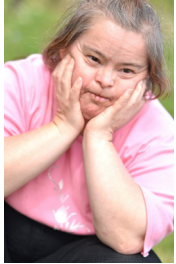
### **WE ARE HERE TO HELP**

Our free Behavior Management Consultations are available to any person with a developmental disability and diagnosed or suspected dementia residing in the orange counties to the right.

*To schedule your consultation or for more information, call 800.272.3900 and ask about the DDSSP or visit [alz.org/gmc](http://alz.org/gmc)!*

See the reverse side for a list of educational programs and trainings available in the orange and purple counties!





## Dementia & Disabilities Supportive Services Program

# EDUCATION PROGRAMS



### Fundamentals of Developmental Disabilities (DD) & Dementia

People with DD are living longer than ever, and with longer life comes an increased risk of dementia. Join us to learn the risk of dementia for those with DD, the unique signs and symptoms of dementia in this population; and how to best respond to changes in behavior, personality, communication, and self-care abilities.

*Approximately 1.5 hours*

### Introduction to DD & Dementia

Join us as we cover our Fundamentals of DD & Dementia program with an expanded section on the different types of dementia.

*Approximately 2 hours.*

### Brief Introduction to DD & Dementia (For Dementia Professionals)

An abridged version of our Fundamentals of DD & Dementia program that will also cover the significantly higher risk for individuals with Down syndrome. Other additional topics include the unique signs and symptoms of dementia in this population by stage and best practices for detecting and diagnosing dementia in those with DD. *Approximately 1 hour.*

### Introduction to Down Syndrome & Alzheimer's Disease

People with Down syndrome are at increased risk of developing Alzheimer's disease. This program will discuss this increased risk and how to respond to changes in those who are dually diagnosed. Topics covered include how Alzheimer's disease presents differently in those with Down syndrome, expected behavior and other changes by stage, best practices for detecting memory loss in this population and how to best interact in those with Down syndrome and Alzheimer's disease. *Approximately 2 hours.*

### Preventing and Responding to Behaviors in People with DD & Dementia

Behavior change is a common symptom of dementia and may require different interventions than responding to behaviors caused by DD. This program is designed to help attendees learn more about common behavior changes in those with DD and dementia, including training to help decipher the root cause of the behavior and how to prevent and respond to common behavior changes.

*Approximately 2 hours.*

### Activity Planning for People with DD & Dementia

Engaging people with DD and dementia in activities is important. Involvement in structured and routine activities can decrease agitation, increase mood and provide meaningful opportunities for engagement. This session will teach participants how to design and implement activities for people with DD during each stage of dementia. *Approximately 2 hours.*

### Communication Changes in DD & Dementia

Join us as we discuss how communication can change for people with DD who develop dementia as well as how caregivers can modify their own communication to be best understood by those they care for. *Approximately 1 hour.*

### Home Safety & Environmental Modification

Working with people who have DD and dementia can pose quite the challenge. However, there are modifications that can be made to the home environment to help ensure safety and independence. This presentation we will discuss how to assess the environment and the person for safety, learn about safety issues for different stages of dementia and learn about dementia-friendly environments and modifications that can be made. *Approximately 1 hour.*

### Down Syndrome & Alzheimer's Virtual Experience

**(In-Person Only – Not Available in All Areas)**

During this program's hands on experience, participants' senses are altered to mimic those of someone with Down syndrome and Alzheimer's while they are asked to complete simple everyday activities. This enables participants to experience the disorientation and confusion experienced by those with Down syndrome and Alzheimer's disease, increasing empathy and understanding of why those they care for may act in unusual or unexpected ways. This program is limited to eight participants at a time and requires two separate spaces to host. *Approximately 2 hours.*

### Dementia Assessment & Next Steps (3 hours)

Dementia in those with DD may not look like what you expect. Join us to learn the common changes that may indicate dementia in those with DD, when and how to do an assessment for possible dementia, what to note and advocate for during the diagnostic process and how care should change as the disease progresses. Includes information on adjusting goals to accommodate expected declines and behavior changes. *Approximately 3 hour.*

**Looking for further customization? Contact us at 800.272.3900 about creating a presentation that meets your needs!**

**DDSSP Education Programs are available via webinar throughout Michigan and may be scheduled in-person in the orange counties on the reverse side.**

alzheimer's  association®

GREATER MICHIGAN CHAPTER

For more information or to discuss scheduling a program near you, call our 24/7 Helpline at 800.272.3900 or visit us online at [alz.org/gmc](http://alz.org/gmc)