

BRUCE H. AND ROSALIE N. ROSEN COMMUNITY CONNECT

# CALENDAR MARCH 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5  <b>RSVP</b> 1–2 p.m. Minds On Art Away in Southfield	6  <b>RSVP</b> 1–3 p.m. The Henry Ford Museum of American Innovation in Dearborn	7  <b>RSVP</b> 1–3 p.m. Early-Stage Social Club in Southfield	8  <b>RSVP</b> 11:30 a.m. – 1 p.m. Memory Café at Mimi's Bistro in Grosse Pointe Woods	9  <b>RSVP</b> 1:30–3 p.m. Meet Me@ the BBAC in Birmingham	10
11	12  <b>RSVP</b> 1–2 p.m. Minds On Art Away in Southfield	13	14	15  <b>RSVP</b> 8 p.m. DSO Neighborhood Concert at Congregation Shaarey Zedek in Southfield	16  <b>RSVP</b> 1–3 p.m. Minds in the Wild at the Detroit Zoo (Awesome Amphibians) in Royal Oak	17
18	19  <b>RSVP</b> 1–2 p.m. Minds On Art Away in Southfield	20  <b>RSVP</b> 2–4 p.m. Memory Café at the Romeo Library in Washington	21  <b>RSVP</b> 1–3 p.m. Early-Stage Social Club in Southfield	22	23  <b>RSVP</b> 1:30–3 p.m. Meet Me@ the BBAC in Birmingham	24
25	26  <b>RSVP</b> 1–2 p.m. Minds On Art Away in Southfield	27	28	29	30	31

 Early-Stage Event

 Mid-Stage Event

 All Stages Event

 Transportation Provided

 **RSVP** RSVP to 800.272.3900 required

 Pre-assessment required – please call  
800.272.3900 to complete

 Cost associated with event

 Care Partner/Caregiver must be  
present

 May involve physical activity

 Art appreciation/creation

 Food

 Detroit Symphony Orchestra (DSO)  
engagement event

 Multiple day and/or session commitment

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# COMMUNITY CONNECT PROGRAMS

## EARLY-STAGE SOCIAL CLUB

The Early-Stage Social Club is a recreational program that promotes cognitive, physical and social well-being for individuals in the early stages of Alzheimer's disease or another dementia. It promotes relaxation and helps reduce stress and anxiety. Participants will enjoy a comfortable environment that fosters socialization and connection with others going through similar life experiences. Meetings feature free chair yoga followed by a coffee social. RSVP required by the week before the event.

## THE HENRY FORD OUTINGS

Join us as we partner with the Henry Ford Museum of American Innovation for a free series of guided tours, which will include reminiscence, group discussion and exploration! For this month's visit we will enjoy the Giant Screen Experience as we watch America's Musical Journey, A story of culture, creativity and the music that shaped America.

## MEET ME @ THE BBAC

Meet Me @ the BBAC (Birmingham Bloomfield Art Center) is an ongoing program for people living with Alzheimer's disease and other dementias and their care partners to create meaningful experiences together through art. Join us for facilitated discussion and art studio time. \$10 fee to participate. RSVP required by the Tuesday before the event.

## MINDS IN THE WILD AT THE DETROIT ZOO

Slither, hop, fly or walk! Join us at the Detroit Zoo for Minds in the Wild, a Community Connect program. We will enjoy themed visits led by Zoo staff. We will gather together to learn, share and discuss. Join us for a series of outings where we explore different exhibits and animal groups!

## DETROIT SYMPHONY ORCHESTRA PARTNERED EVENTS

Join us for a series of events with the Detroit Symphony Orchestra (DSO)! Organized with a person with dementia in mind, our outings give you an upfront and behind-the-scenes look at the DSO.

## MINDS ON ART – AWAY

Minds on Art – Away, done in collaboration with the Detroit Institute of Arts, is an ongoing program for people living with Alzheimer's disease and other dementias and their care partners. This is a unique opportunity for individuals in the early and mid stages of the disease to create meaningful experiences together through art. Join us for facilitated discussion and art appreciation. These activities provide cognitive stimulation, encourage socialization, help reduce stress and anxiety, as well as enrich relationships and promote self-expression.

## MEMORY CAFÉS

Our memory cafés are a place where anyone with or concerned about memory loss, along with their family, friends or care partner can come together in a safe, supportive, comfortable and engaging environment to laugh, cry, learn and remain socially active. Held out in the community, they encourage acceptance and friendship for those traveling the same journey. The cafés are open to those in all stages of dementia.

*The Community Connect program is designed to provide people living with Alzheimer's disease and other forms of dementia and their care partners with a broad range of socialization and culturally significant events and outings.*

*Unless otherwise noted, all of our Community Connect Programs are free.*

*To find out more, or register for one of our Community Connect events, please call our 24/7 Helpline at 800.272.3900*

**ALZHEIMER'S ASSOCIATION – GREATER MICHIGAN CHAPTER**

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