









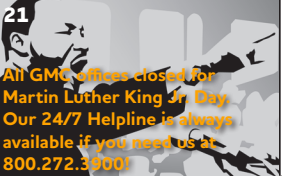





BRUCE H. AND ROSALIE N. ROSEN COMMUNITY CONNECT

CALENDAR JANUARY 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1  HAPPY NEW YEAR! All GMC offices will be closed January 1, but our 24/7 Helpline is always available if you need us at 800.272.3900!	2	3	4	5
6	7	8  RSVP 1–3 p.m. The Henry Ford (Benson Ford Research Center) in Dearborn	9	10   RSVP 11:30 a.m. – 1 p.m. Memory Café at Mimi's Bistro in Grosse Pointe Woods 11   RSVP 7:30 p.m. DSO Neighborhood Concert at Congregation Shaarey Zedek in Southfield	11	12
13	14    RSVP 1:30–2:30 p.m. DSO Recital at the Alzheimer's Association in Southfield	15	16  RSVP 1–3 p.m. Minds in the Wild at the Detroit Zoo (Penguins) in Royal Oak	17	18	19
20	21  All GMC offices closed for Martin Luther King Jr. Day. Our 24/7 Helpline is always available if you need us at 800.272.3900.	22	23  RSVP 1–3 p.m. Early-Stage Social Club in Southfield	24	25	26   RSVP 11 a.m. – 1 p.m. Memory Café at the Civic Park Senior Center in Livonia
27	28	29	30	31		


Early-Stage Event

Mid-Stage Event


All Stages Event

 Transportation Provided

RSVP RSVP to 800.272.3900 required


 Pre-assessment required – please call 800.272.3900 to complete

 Cost associated with event

 Care Partner/Caregiver must be present

 Art appreciation/creation

 Food

 Detroit Symphony Orchestra (DSO) engagement event

 Multiple day and/or session commitment

BRUCE H. AND ROSALIE N. ROSEN

COMMUNITY CONNECT PROGRAMS

DETROIT SYMPHONY ORCHESTRA PARTNERED EVENTS

Join us for a series of events with the Detroit Symphony Orchestra (DSO)! Organized with a person with dementia in mind, our outings give you an upfront and behind-the-scenes look at the DSO.

EARLY-STAGE SOCIAL CLUB

The Early-Stage Social Club is a recreational program that promotes cognitive, physical and social well-being for individuals in the early stages of Alzheimer's disease or another dementia. It promotes relaxation and helps reduce stress and anxiety. Participants will enjoy a comfortable environment that fosters socialization and connection with others going through similar life experiences. Meetings feature free chair yoga followed by a coffee social. RSVP required by the week before the event.

MINDS IN THE WILD AT THE DETROIT ZOO

Slither, hop, fly or walk! Join us at the Detroit Zoo for Minds in the Wild, a Community Connect program. We will enjoy themed visits lead by Zoo staff. We will gather together to learn, share and discuss. Join us for a series of outings where we explore different exhibits and animal groups!

MEMORY CAFÉS

Our memory cafés are a place where anyone with or concerned about memory loss, along with their family, friends or care partner can come together in a safe, supportive, comfortable and engaging environment to laugh, cry, learn and remain socially active. Held out in the community, they encourages acceptance and friendship for those traveling the same journey. The cafés are open to those in all stages of dementia. **Join us for the Memory Café meeting at the Civic Park Senior Center in Livonia. Each meeting will include a planned activity giving everyone a chance to try something new while connecting, creating and sharing.**

THE HENRY FORD OUTINGS

Join us as we partner with the Henry Ford Greenfield Village for a free series of guided tours, which will include reminiscence, group discussion and exploration! For this months visit we will enjoy the Benson Ford Research Center Behind the Scenes Tour Get a closer look at some of The Henry Ford's most precious collections, such as Thomas Edison's patent models, as well as folk art and paintings, the personal and business papers of Henry Ford, domestic textiles such as quilts and coverlets, and couture fashion and accessories.

The Community Connect program is designed to provide people living with Alzheimer's disease and other forms of dementia and their care partners with a broad range of socialization and culturally significant events and outings.

Unless otherwise noted, all of our Community Connect Programs are free.

To find out more, or register for one of our Community Connect events, please call our 24/7 Helpline at 800.272.3900

ALZHEIMER'S ASSOCIATION – GREATER MICHIGAN CHAPTER

25200 Telegraph Rd., Suite 100, Southfield, MI 48033 | 800.272.3900 | alz.org/gmc