



2023 Winter Alzheimer's Education Series

The Alzheimer's Association is hosting a virtual winter education series in partnership with AARP, LeadingAge Iowa, Dementia Friends and the Unlocking Brain Fitness: Keys to Dementia Prevention program. Join us to learn about a variety of topics around Alzheimer's and dementia.

PROGRAM SCHEDULE

- Jan. 18 – Understanding Alzheimer's & Dementia (30 min) and Dementia Friends with Megan Zimmerman (30 min)
- Jan. 25 – 10 Warning Signs (30 min) and Unlocking Brain Fitness: Keys to Dementia Prevention Program (30 min)
- Feb. 1 – Advancing the Science at Any Given Moment: The Latest in Dementia Research (Lisa Groon)
- Feb. 6 – Managing Money - A Caregivers Guide to Finances
- Feb. 15 – Effective Communication Strategies*
- Feb. 22 – Dementia Conversations*
- Mar. 1 – Understanding & Responding to Dementia-Related Behaviors*

ALL PROGRAMS ARE VIRTUAL VIA ZOOM AT 12 PM CST



*This program is hosted by LeadingAge Iowa and will offer 1 contact hour for a \$10 fee. This and all other programs are free if you are not earning CEUs. Iowa Board of Nursing Provider #67 – 1 contact hour for each webinar. Providership regulations do not allow for partial credit to be given for any portion of this program. You must attend the entire session to receive credit. Retain certificate for four years.

REGISTER HERE!

**Community Educator
Acacia Deadrick**



**Sr Health Systems Director
Lisa Groon**

