

Support for Caregivers of People with a Dementia Diagnosis

<p>Alzheimer's Association, Greater Missouri Chapter 9370 Olive Blvd., St. Louis, MO 63132 Phone: 800.272.3900 or www.alz.org/care Care Receiver Ages Served: All ages. Program Type: \$500 per year reimbursement for respite or assistance with products. Lifetime maximum of \$2,000. Services Limitations: Care receiver must have a diagnosis of dementia and must live with the primary caregiver. Based on available funds. Call to schedule a Care Consultation to assess needs and identify available resources.</p>	<p>Cape Albeon 3380 Lake Bend Drive, St. Louis, MO 63088 Phone: 636.861.2200 Website: http://www.capealbeon.com/ Care Receiver Ages Served: Older adults. Program Type: Cape Albeon provides up to seven days of accommodations free of charge once each year; after the seven days, daily rates are \$180. Guests will receive the same amenities and services as those residing at Cape Albeon. Service Limitations: Will not take anyone who is a wanderer or is a wandering risk. Call for availability.</p>
<p>Association for Frontotemporal Degeneration Respite Program Phone: 866.507.7222 Email: info@theaftd.org Care Receiver Ages Served: No age specification. Must have a documented diagnosis of frontotemporal degeneration. Program Type: One grant up to \$500 for respite care per fiscal year. Service can be through in-home care (including family members and other community resources), adult day services, or a short-term, overnight care in assisted living or a nursing home, or in patient's home. Services Limitations: Caregiver and person with FTD must live together and be residents of U.S. or Canada. The individual with FTD cannot be under Medicaid or related government care services, which are already paying for respite care.</p>	<p>Jewish Family and Children Services In-Home Services/Homemaker Program Phone: 314.892.9300 Website: http://ifcs-stl.org/senior-programs/ Care Receiver Ages Served: Older adults (frail and special needs) Program Type: The In-Home Services/Homemaker Program provides light housekeeping, shopping, meal preparation, bathing/grooming, companions, transportation, and counseling for 4-15 hours per week. Program uses a sliding fee scale based on ability to pay. Services Limitations: For the frail elderly and older adults with special needs; the program is intended to be long-term (from 6 weeks to indefinite). Serves individuals in St. Louis City, County, and some of St. Charles County. There is no wait list. Contact for more information.</p>
<p>VA Medical Center Contact Tammy Scott (VA Caregiver Advocate) at Phone: 314.652.4100 ext 54127 or toll free 855.260.3274 Email: tamara.scott@va.gov Website: http://www.caregiver.va.gov/ Care Receiver Ages Served: All ages. Program Type: Facility based respite stays; up to 2 week stay at Jefferson Barracks Medical Center, 1 time per year. Services Limitations: Care receiver must be part of VA Medical System.</p>	<p>Kingdom House Senior Companion Program 1321 South 11th Street, St. Louis, MO 63104 Phone: 314.627.1242 or Nina North Murphy at nmurphy@kingdomhouse.org or http://www.kingdomhouse.org/who-we-serve/seniors/senior-companion-program/ Care Receiver Ages Served: Older adults. Program Type: Volunteer based, seniors serving seniors. Volunteers come in one time per week for a minimum of 4 hours and can come up to 5 days per week, based on need and availability. Services Limitations: Person must be homebound or isolated. Strictly friendly visitors. Call for availability</p>

<p>St. Louis County Office of Family & Community Services-County Older Resident Programs (CORP) 9666 Olive Blvd. Suite 510, Olivette, MO 63132 Phone: 314.615.4516 Care Receiver Ages Served: 60 and older. Program Type: Trained volunteers provide respite.. Services Limitations: Serves St. Louis county only; friendly visits; cannot perform hands-on personal care, medical or home care responsibilities.</p>	<p>St. Louis ARC-ARCH Respite Phone: 314.569.0247 ext. 270 Care Receiver Ages Served: All ages. Program Type: Reimbursement program; families find and choose own providers. Hours vary between 150 and 504 annually. Service Limitations: Care receiver must live with family at home and be diagnosed with a developmental disability.</p>
<p>St. Louis HELP - Health Equipment Lending Program Phone: 314.567.4700 or http://stlhelp.org/ or cannonstlhelp@yahoo.com Care Receiver Ages Served: All ages in need of health equipment Program Type: St. Louis HELP accepts donations of nearly every type of home medical equipment that is in good working condition (with the exception of oxygen and medications). The equipment is revitalized, cleaned, and ready to loan to people in need or their caregivers. Service Limitations: Services St. Louis City, County, and surrounding areas. Walk-in requests cannot be serviced. Equipment pickups are by appointment only. Contact for more information, to request equipment, and inquire about availability.</p>	<p>Lutheran Senior Services Good Neighbor Program 1150 Hanley Ind. Ct. St. Louis, MO 63144 Phone: 314.446.2471 Website: http://ssliving.org/in-home-services/good-neighbor-program/ Care Receiver Ages Served: Older adults. Program Type: Lutheran Senior Services links clients with independent caregivers in the community. Hourly rates range from \$10-\$15 per hour and requires a four-hour minimum. Services include: meal preparation, light house cleaning, shopping and errands, companionship, assistance with bathing, dressing, hygiene, and daily activities. Service Limitations: Clients are responsible in determining suitability, training, or experience of any individual hired. Only for at-home non-medical care. Must apply online.</p>
<p>St. Andrew's Senior Solutions 6633 Delmar Blvd. St. Louis, MO 63130 Phone: 314.726.5766 Website: http://standrewsseniorsolutions.com/ Care Receiver Ages Served: Older adults and caregivers. Program Type: Customizable services including support, companionship, nursing care, and specialty services such as home safety assessment and minor home repair. Service Limitations: Serves St. Louis metropolitan area. Call for availability.</p>	<p>Memory Home Care Solutions: 4389 West Pine Blvd St. Louis, MO 63108 Phone: (314) 645-6247 or http://memorycarehs.org/ Program Type Customized caregiver training & in-home safety assessment and consultation. Service Area: St. Louis Metro and surrounding area within a 30 mile radius. Free of charge.</p>

Area Agencies on Aging

Program Type: Information and referral, care management, nutrition programs, transportation. May also provide: handyman, homemaker, personal care, respite support, assistance with the cost of nutritional supplements or incontinence products. Serves individuals aged 60 or over.

Below is a list of Area Agencies on Aging serving counties in the Alzheimer's Association, Greater Missouri Chapter service area.

Missouri Area Agencies on Aging moaging.com

Aging Matters-SEMO Area Agency on Aging

Phone: 573-335-3331

Website: <http://www.agingmatters2u.com/>

Missouri Counties Served: Bollinger, Butler, Cape Girardeau, Dunklin, Iron, Madison, Mississippi, New Madrid, Pemiscot, Perry, Reynolds, Saint Francois, Saint Genevieve, Scott, Stoddard, Wayne

Care Connection for Aging Services

Phone: 660-747-3107

Website: <http://www.goaging.org/>

Missouri Counties Served: Benton, Cedar, Hickory, Pettis, Saline, Vernon

Central Missouri Area Agency on Aging

Phone: 573-443-5823

Website: <http://www.cmaaa.net>

Missouri Counties Served: Audrain, Boone, Callaway, Camden, Cole, Cooper, Crawford, Dent, Gasconade, Howard, Laclede, Maries, Miller, Morgan, Moniteau, Osage, Phelps, Pulaski, Washington

Mid-East Area Agency on Aging

Phone: 636-207-0847

Website: <http://www.agingmissouri.org/>

Missouri Counties Served: Franklin, Jefferson, Phelps, St. Charles and St. Louis County

Northeast MO Area Agency on Aging

Phone: 660-665-4682

Website: <http://www.nemoaaa.com>

Missouri Counties Served: Adair, Clark, Knox, Lewis, Lincoln, Macon, Marion, Monroe, Montgomery, Pike, Ralls, Randolph, Schuyler, Scotland, Shelby, Warren

Region X AAA

Phone: 417-781-7562

Website: <http://www.aaaregionx.org/>

Missouri Counties Served: Barton, Jasper, Newton, McDonald

Saint Louis Area Agency on Aging

Phone: 314-612-5918

Website: <http://www.slaaa.org>

Missouri Counties Served: St. Louis City

SeniorAge Area Agency on Aging

Phone: 417-862-0762

Website: <http://www.senioragemo.org/>

Missouri Counties Served: Barry, Christian, Dade, Dallas, Douglas, Greene, Howell, Lawrence, Oregon, Ozark, Polk, Shannon, Stone, Taney, Texas, Webster, Wright

Illinois Area Agencies on Aging: illinois.gov/aging

AGESMART (SW Illinois Area Agency on Aging):

Phone: call the SW Illinois VNA for an intake assessment: 618-236-5863

Website: www.agesmart.org

Illinois Counties Served: Clinton, Madison, Monroe, Saint Clair, Washington.

Area Agency on Aging for LincolnLand

Phone: 217-787-9234

Website: <http://www.aginglinc.org/>

Illinois County Served: Jersey

Midland Area Agency on Aging

Phone: 618-532-1853

Illinois Counties Served: Jefferson, Marion, Clay

Website: <http://www.midlandaaa.org/>

West Center Area Agency on Aging

Phone: 217-223-7904

Illinois County Served: Calhoun

Website: <http://www.wciagingnetwork.org/>

For Missouri, call the Missouri Department of Health and Senior Services at 573-526-4542 or visit their website:

<http://www.ma4web.org/>

For Illinois, call the Illinois Department of Aging Senior Helpline at 800-252-8966 or visit <http://www.i4ainfo.org/> or <http://illinoisagingservices.org/> for more information.



Other Resources to Help:

Alzheimer's Association Community Resource Finder: www.alz.org/crf - search for home care agencies, adult day services, short-term respite facilities and other community resources in your area

United Way First Call for Help: Call 211 or search for your local agency online: <http://www.211.org/>

ElderLink St. Louis: connects older adults and their families to programs and resources available in the St. Louis area. Provides a sliding-scale home care program; call Lori Goldberg at 314.802.9300 for more information and services or visit their website: <http://www.elderlinkstlouis.org/>

Hilarity for Charity: "The goal of the Alzheimer's Care Grant Program is to provide exceptional in-home care to families affected by this disease and to give these families support and rest."

Eligibility guidelines: To be eligible for Alzheimer's and Dementia Care Grant, the caregiver(s) or loved one living with Alzheimer's & Dementia must fit within the following criteria.

1. Currently living at home with Alzheimer's disease or related Dementia.
2. Caregiver(s) is facing financial and emotional hardships due to the unique challenges of Alzheimer's or related Dementia.
3. Resides in the United States or Canada.

Alzheimer's and Dementia Care Relief Grant Program will award three types of Grants: "Year Long Grants" which consist of 25 hours per week for 52 weeks; "Mid Length Grants" which consist of 15 hours per week for 52 weeks to be used in hourly increments agreed upon by you and your local provider, and within the calendar year; and "Short Term Relief Grants" which consist of a one-time 25-hour grant to be used in hourly increments agreed upon by you and your local provider, and within calendar year.

4. To apply go to: <http://www.helpforalzheimersfamilies.com/dementia-support-network/alzheimers-care-grant-program/>

Websites with Helpful Information:

- www.alz.org/greatermissouri