MEET-UP CALENDAR

Alzheimer's Association meet-up events are social/cultural activities for individuals with mild memory loss and their family members, friends and/or other supporters. **Unless otherwise noted, please contact Deb Bryer at 800.272.3900 or dbryer@alz.org to register for meet-up events or if you have questions.**

REGISTRATION IS REQUIRED FOR ALL EVENTS

TUESDAY, OCTOBER 9

10:00 – 11:30 a.m. | Missouri History Museum: Muny Memories (Part 2)

Address: 5700 Lindell, St. Louis, MO 63112

Cost: Tour is free. Optional lunch is at your own expense.

Parking: Free – West parking lot entrance is off of Lindell, to the right of the building. Must give your name to the guard and confirm you are with the Alzheimer's Association event. Only those with reservations will be able to park in the reserved lot.

Description: Enjoy the second of a two-part guided tour of the "Muny Memories" exhibit created especially for people with memory loss and their family members/friends. *(You do not have to have attended Part 1 of this tour in order to enjoy Part 2. If you did attend Part 1, you will be viewing different sections of the exhibit on this tour.)*

Registration: Attendance is limited. Reservations are REQUIRED. Click here to register online. To register by phone, call the Missouri Historical Society at 314.361.9017.

TUESDAY, OCTOBER 16

10:30 – 11:30 a.m. | St. Louis Art Museum: The Spirit of Fall

Address: 1 Fine Arts Drive, St. Louis, MO 63110

Cost: Free

Parking: Free public parking is available in the two lots located on the north side of Fine Arts Drive, across from the Museum. Paid parking is available in the Museum's underground parking garage - $15 for non-members; $5 for members. *(To receive the membership discount, tickets must be validated at one of the Museum's Information Centers prior to payment at the electronic pay station. Payment is accepted at the electronic pay station located on level P1. Please remember to take your parking ticket with you into the Museum so you can pay.)* Accessible parking is available in the public lots and in the parking garage. Accessible entrances to the Museum are located at the East Building and in the parking garage. An accessible drop-off area is located directly in front of the East Building.

Description: Meet at the Visitor Information Desk in Taylor Hall (the newer East Building). Participants will experience an interactive tour led by experienced docents. This program provides a relaxed and inspiring environment to share experiences and to view and talk about art.

Registration: Attendance is limited and registration is required. Email Lisa Stelling-Jokisch at lisa.stellingjokisch@slam.org (preferred) or call her at 314-655-5268.

MEET-UP CALENDAR

REGISTRATION IS REQUIRED FOR ALL EVENTS

THURSDAY, OCTOBER 18

10:30 – 11:30 a.m. | Missouri Botanical Garden: Walking Tour
Address: 4344 Shaw Blvd., St. Louis, MO 63110
Cost: Free
Parking: Free (in the Missouri Botanical Garden parking lot)
Description: Meet in Ridgeway Visitor Center, upstairs in Monsanto Hall by Tour sign. Enjoy a guided tour of the historic Missouri Botanical Garden created especially for people with memory loss and their family/friends. We will be taking a short walk highlighting the history and beauty of the Garden. Wheelchairs available at no cost and scooters are available for small rental fee. Tour is free, but space is limited to provide a quality experience for all.
Registration: Attendance is limited. Registration is **REQUIRED**. Registration opens August 1. To register online, go to www.mobot.org/classes and click on "Guided Walks and Tours." Then click on this tour, and then click on the orange font near the top of the page that says, "Register Online Now." Call 314.577.9506 if you can't register online.

WEDNESDAY, OCTOBER 24

9:00 a.m. – 1:00 p.m. | Trip to Route 66 State Park
Address: Meet at 9370 Olive Blvd., St. Louis, MO 63132
Cost: Free (includes transportation & lunch)
Parking: Free (please carpool if possible)
Description: Travel through history on The Mother Road at Route 66 State Park—the road that captured Americans' imagination & exposed millions to small towns across the country. Sample a slice of that at Route 66 State Park's Visitor Center, which has displays showcasing Route 66 memorabilia.
A "Diner Style" lunch will be served in the former Bridgehead Inn, a 1935 roadhouse that sat on the original Route 66 & now operates as the visitor center for the park.
Registration: Attendance is limited & registration is required. Call Carlotta Lewis at 314.340.5794.

THURSDAY, OCTOBER 25

5:00 – 7:00 p.m. | Potluck at the Alzheimer's Association Office
Address: 9370 Olive Blvd., St. Louis, MO 63132
Cost: Free (Bring a dish to share)
Parking: Free
Description: Meet at the Alzheimer's Association Office for an evening potluck. Everyone is invited to celebrate fall and enjoy good company! Those with last names starting A-M, please bring a main dish; those with last names starting N-Z, please bring a side or dessert.
Registration: Attendance is limited to 36 people. To register, contact Margaret at margaretmaffit@gmail.com or 636.236.4899.

MEET-UP CALENDAR

REGISTRATION IS REQUIRED FOR ALL EVENTS

SATURDAY, OCTOBER 27

10:30 – 11:30 a.m. | Missouri Botanical Garden: Tram Tour
Address: 4344 Shaw Blvd., St. Louis, MO 63110
Cost: Free
Parking: Free (in the Missouri Botanical Garden parking lot)
Description: Enjoy a tram tour of the historic Missouri Botanical Garden created especially for people with memory loss and their care partners. Meet at the Tram Shelter, located to your right as you enter the garden. Plan to arrive 15 minutes early, as tram leaves promptly at 10:30 and late arrivers will miss the tour.
Registration: Attendance is limited. Registration is **REQUIRED**. To register online, go to www.mobot.org/classes and click on "Guided Walks and Tours." Then click on this tour, and then click on the orange font near the top of the page that says, "Register Online Now." Call 314.577.9506 if you can't register online.

WEDNESDAY, NOVEMBER 7

10:00 – 11:00 a.m. | St. Louis Zoo: Be Bear Aware
Address: 1 Government Drive, St. Louis, MO 63110
Cost: Free
Parking: Free on-street parking. Parking in the North Parking Lot is $10
Description: The Saint Louis Zoo has a long history of taking great care of many different bears! Join our trek through "bear country" and learn how the Zoo is helping bears and people learn to share our world. We'll visit the new Grizzly Ridge and see Kali, our charismatic polar bear. Meet in the Lower Rotunda of The Living World Building—the North Entrance of the Zoo. All tours are walking tours through ADA-accessible public areas (they are not behind-the-scenes tours) and last about an hour. Tours happen regardless of weather, so be sure to dress appropriately.
Registration: Attendance is limited to 20 people. Registration in advance is absolutely **REQUIRED** and will close one day prior to the tour date. Online registration is requested. Click here to Register. If you have any questions, please email onlineregistration@stlzoo.org or call 314.646.4544, #6.

TUESDAY, NOVEMBER 13

10:30 – 11:30 a.m. | St. Louis Art Museum: Feast & Celebration in Art
Address: 1 Fine Arts Drive, St. Louis, MO 63110
Cost: Free
Parking: Free public parking is available in the two lots located on the north side of Fine Arts Drive, across from the Museum. Paid parking is available in the Museum's underground parking garage - $15 for non-members; $5 for members. *(To receive the membership discount, tickets must be validated at one of the Museum's Information Centers prior to payment*

MEET-UP CALENDAR

REGISTRATION IS REQUIRED FOR ALL EVENTS

at the electronic pay station. Payment is accepted at the electronic pay station located on level P1. Please remember to take your parking ticket with you into the Museum so you can pay.)
Accessible parking is available in the public lots and in the parking garage. Accessible entrances to the Museum are located at the East Building and in the parking garage. An accessible drop-off area is located directly in front of the East Building.
Description: Meet at the Visitor Information Desk in Taylor Hall (the newer East Building). Participants will experience an interactive tour led by experienced docents. This program provides a relaxed and inspiring environment to share experiences and to view and talk about art.
Registration: Attendance is limited and registration is required. Email Lisa Stelling-Jokisch at lisa.stellingjokisch@slam.org (preferred) or call her at 314-655-5268.

THURSDAY, DECEMBER 6
2:00 – 4:00 p.m. | Holiday Appetizers, Cookies & Conversation at the Association Office
Address: 9370 Olive Blvd., St. Louis, MO 63132
Cost: Free (Bring a treat to share)
Parking: Free
Description: Meet at the Alzheimer's Association Office for holiday treats and good conversation. Everyone is asked to bring an appetizer or cookies. There will be bags to take home goodies for later, too!
Registration: Attendance is limited to 36 people. To register, contact Craig at cmr74@ymail.com or 618.225.0665.