

alzheimer's  association™

*Greater Missouri Chapter Library*  
*Video Holdings*  
*Alphabetical list by title*  
*Annotated with topics*

2018

**Agitation: It's a Sign** 15 minutes 1999

When people with Alzheimer's become agitated and aggressive, they may be trying to communicate with the world outside their dementia. Lashing out may often be their only recourse for expressing their very real fear and anxiety. Through real-life patient encounters, this video demonstrates appropriate and compassionate techniques which can prevent or diffuse patients' anxiety, agitation and aggression. **1. Alzheimer's Disease 2. Behaviors**

**Alzheimer's Disease and Wandering Behaviors** 27:30 minutes 2001

This video identifies the three stages of the disease, distinguishes between goal-directed and random wandering, and defines critical wandering. It also discusses common causes of wandering and identifies behavioral, environmental, and physical interventions to prevent wandering. **1.**

***Alzheimer's Disease 2. Wandering and Sundowning***  
**3.3. Behavior/Symptoms**

***Alzheimer's Disease –Inside Looking Out*** 18 min. 1994

In this unique video, several individuals in the early stage of Alzheimer's talk about how important it is for them to remain a respected participant in the decisions that affect their lives, from disclosure of diagnosis to planning for end-of-life choices. **1. Early Stage Alzheimer's 2. Personal Narratives by Persons with Dementia**

**Alzheimer's Disease –Let's Talk About It** 15 min 1994

Brief overview of all stages of Alzheimer's Disease in a question and answer format by diagnosed persons and families. Leading researchers provide facts. Includes segment with daughter discussing mother's nursing home placement. **1. Alzheimer Disease 2. Nursing Home (Placements)**

**Alzheimer's Disease —What Caregivers Need to Know** 21 min. 2000

Targeted for the caregiver of the individual in the early and middle stages of the disease. Briefly discusses issues after diagnosis, caregiving, behavior problems, services available, research, legal and financial issues. **1.**

**Caregiving (General) 2. Community Resources (General) 3. Early Stage Alzheimer's 4. Legal & Financial Information/Benefits 5. Finances**

**Alzheimer's Mystery, The.** 48 minutes. 2005

This video traces the century-long initiative to understand Alzheimer's disease first described by Dr. Alois Alzheimer. Patients in the early stages of Alzheimer's and family members discuss how they cope with the illness, which medical professionals address the disease's pathology, research toward a cure, and the importance of compassionate healthcare. **1.**

**Alzheimer's Disease 2. Early Stage Alzheimer's 3. Research**

**Alzheimer's Project, The: A 4-part Documentary Series Changing the Way America Thinks About Alzheimer's Disease** 8 hours, 13 minutes  
2009

The DVDs' contain *The Memory Loss Tapes; Grandpa, Do You Know Who I Am? With Maria Shriver; Caregivers; and Momentum in Science (Parts 1 and 2)*. The Alzheimer's Project provides an in-depth look into the scientific advances being made in research and medical understanding of the disease. This DVD also includes *Momentum in Science: The*

*Supplementary Series* containing over four hours of additional material. **1.**

**Alzheimer's Disease 2. Research 3. Caregiving**

**Away From Her** 2007

Grant and Fiona have been married for almost 50 years and appear to have an unwavering commitment to each other. This serenity is broken when Fiona develops Alzheimer's disease. Through all this, the couple is forced to redefine the limits of their love and loyalty. **1. Family Dynamic 2.**

**Alzheimer's Disease**

**Bathing Without a Battle** 42 min. 2003

Video shows various techniques to be used when bathing people with dementia and other related diseases. Also shows new products to use so bathing is easier and more convenient, facility bathing policies, and Federal nursing home regulations to help facility staff better understand expectations

and comply with regulations. **1. Caregiving (Professionals) 2. Activities of Daily Living ADL's**

**Best Friends** 20 min. 1997

The "Best Friends" Approach to Alzheimer's care offers a model of care that provides the specific tools caregivers need to solve problems and improve behavior. Video begins with basic elements

Found in any good friendship – respect, empathy, support, trust, humor – then adds the specialized care required for Alzheimer's Disease. Video shows these methods in action. **1. Caregiving (General) 2. Support Groups**

**Bon Appetit: How to Create Meaningful Mealtimes in Long-Term Care (2 DVD's)**

22 min. and 20 min. 2001

This video training program presents a comprehensive mealtime program that focuses on principles of resident autonomy and person centered care. Special attention is devoted to identifying the needs of people with dementia. The program covers: the effects of dementia on communications, behavior and eating, creating dining experiences with less distraction and how to prepare and serve food in a way that enables residents to eat as independently as possible. **1. Nursing Homes (Care) 2. Food 3. Nutrition**

**Care for the Caregiver** 20 min 1991

(The Caregivers' Series) Features Alzheimer's family members who candidly tell how they met the

Real-life challenges of caregiving in practical and loving ways. Also serves as excellent training resource for paid caregivers. **1. Caregiving (General) 2. Home Care 3. Respite Care**

**Choice and Challenge** 22 min. 1998

(Caring For Aggressive Older Adults Across Levels Of Care)

Developed during a year-long project sponsored by the American Psychiatric Nurses Assoc. Taped in three actual long term care settings,

video shows real life episodes of aggression, and discusses strategies for preventing or defusing such episodes.

**1. Behavior/Symptoms 2. Nursing Homes (Care)**

***Choice and Challenge & A Guide for Better Monitoring 22min & 15 min 1998***

(Caring for Aggressive Older Adults) Produced by the American Psychiatric Nurses Assoc. Better Monitoring is an additional section accompanying "Choice and Challenge"

***The Coin's Other Side, A Positive Look at Dementia Care 2008 6 discs***

*This video highlights excerpts from a 6 disc DVD set created by the Edcom Group on Communication and creativity in the field of dementia care. 1.*

***Caregiving (General) 2. Dementia 3. Communication***

**Communicating with Moderately Confused Older Adults 20 min 1997**

Using actual footage of individuals with Alzheimer's disease and related disorders, geriatric experts highlight the characteristics and most effective approaches for understanding and helping moderately confused older adults. An extensive program guide accompanies the video.

**1. Communication**

**Communication: How to Communicate with Someone Who Has Alzheimer's Disease**

30 min. 2001

Defines Alzheimer's disease and its effect and teaches communication techniques that can bring a higher quality of life both to the person who has A.D. and to the caregiver. Topics include repetitive questions, doing chores, aggressive behavior, answering difficult questions and the use of language and other forms of communication. **1. Communication 2.**

***Behavior/Symptoms 3. Caregiving (General)***

***Complaints of a Dutiful Daughter 44 min 1994***

A caregiver daughter depicts the lows and highs of her mother's journey through Alzheimer's disease with humor, compassion and realism. Deals with progression of mid-stage symptoms caregivers stress and coping, and acceptance of nursing home placement. **1. Adult Child**

**2. Female 3. Nursing Homes (Placement) 4. Personal Narratives by Caregivers.**

**Creating Moments of Joy** (3 part tape) 1999

This video teaches you how to create moments that will ease daily struggles and offer comfort. Jolene Brackey, a nationwide speaker on Alzheimer's disease has incredible energy and a genuine desire to pass on solutions that will enhance the quality of life for a person with AD. Ms. Brackey introduces techniques to enable you to find the treasures that each individual holds so you have powerful tools that create positive outcomes.

Part 1 – Understanding the Person with Alzheimer's (28 min.)

Part 2 – Powerful Tools that Create Positive Outcomes (39 min) Part 3 –

Memory Environments (40 min) **1. Activities for Persons with Dementia**

**2. Memory Enhancement**

**Dementia and Alzheimer's Care giving: Through the Looking Glass**

20 min 2002

This program is designed to give your staff up-to-date information the three stages of Alzheimer's and how to handle patients behaviors like hitting, biting, and wandering. This program offers healthcare employees the opportunity to see these illnesses from a new perspective, so they can make a difference, one patient at a time. **1. Behaviors/Symptoms 2.**

**Caregiving (General)**

**Dining with Friends: An Innovative Approach to Dining for People with Dementia** 21 min

This award-winning DVD offers an innovative, person centered approach to dining for persons

with dementia that boosts socialization, independence, and nutrition through creative aromatic, sensual, visual, and verbal interactions. The techniques in this DVD will inspire caregivers to use dining as an opportunity to connect with and engage each individual while encouraging personal autonomy. **1. Food 2. Nutrition**

**Driving and Dementia Don't Mix** 30 min. 1995

This video addresses concerns related to driving and dementia. Hosted by Al Wiman, news anchorman, with panelists John Morris, MD, Linda Hunt, OTR, Raymond Hune from the Department of Motor Vehicles, and Ellen Livingston, family caregiver. Three individuals share their stories, including a gentleman who lost his son in a related accident. (Video can be purchased through St. Louis Chapter) **1. Driving & Dementia 2. Public Policy/Legislation/Advocacy<sup>1</sup>**

**Essential Knowledge** 48 min 1998

*(The Educated caregiver series) Through this video you have easy access to an array of essential knowledge, including tips from doctors and other healthcare professionals that you can use every day. Formatted in easily viewed sections (communicating effectively and honestly with loved ones and healthcare provider, monitoring medicines and medication interactions, wound care, etc.)*

**1. Caregiving (General) 2. Communication 3. Medications/Drugs/Pharmaceuticals**

**Fall Prevention in Nursing Homes** 22 min 2012

This video highlights common fall hazards found throughout a typical day for a nursing home resident. The locations addressed are the bedroom, bathroom, hallways and corridors, lighting. **1. Nursing Homes.**

And out of doors.

**2. Safety**

**Fall Risk Assessment** 17 min 2012

This DVD presents the first step to using validated (well-tested) instruments to assess risks or risk factors for falls. The DVD shows how to administer several such instruments, specifically, Chair Stand, Dual-Taking, Orthostatic Hypotension, Postprandial Hypotension, Polypharmacy, Vitamin D Deficiency, and Post-fall Assessment.

**1. Safety 2. Nursing Homes 3. Professional**

**Forgetting, The – A Portrait of Alzheimer’s** 120 min. 2003 DVD

A portrait of Alzheimer’s takes a dramatic, compassionate, all-encompassing look at this fearsome disease and aims to help all Americans better understand and cope with its impact. The documentary weaves together the intense real-world experiences of AD patients and caregivers, the history and biology of AD and the ongoing struggle to end the disease. David Hyde Pierce hosts a half hour follow-up program with experts providing practical advice on coping with AD. **1. Caregiving (General) 2. Medical Information 3. Support Groups**

**Freedom of Sexual Expression** 16 min. 2002

Narrated by Anne Meara, this video looks at sexuality and intimacy as basic human rights that should not be denied simply because the person has a level of decreased cognizance and lives in a nursing home. Video shows various expressions, the effect of those expressions on the residents and those around them. Gives staff members’ strategies to deal with inappropriate sexual behaviors. **1. Sexuality & Intimacy/Marriage**

**Grace - Part Two** 58 min. 1991

Composite of previously release programs, “Caregiving With Grace” and “Glenn’s Perspective on Grace”. Program follows the life of Grace Kirkland, suffering from a progressive memory disorder, for a period of seven years. For most of this time, Grace is cared for by her husband, Glenn in their home. “Grace” documents the different stages of progressive memory illness and the challenges each presents to caregivers. Glenn, her husband and dedicated caregiver, provides a model for both home caregivers and professional service providers. (Also see Living With Grace) **1. Caregiving**

**(General) 2. Caregiving (Male) 3. Caregiving (Spouse) 4. Home Care 5. Personal Narratives by Caregivers**

**Grandma Lucille's Hug** 10 min. 1998

Designed for children in preschool through the primary grades. The puppets, Lori and Chris, are confused by their grandma's unusual behavior. She puts dishes in the garbage can and forgets that Lori and Chris are her grandchildren. Grandpa talks to the children about Alzheimer's disease. He teaches them ways to help grandma and show her love. **1. Youth 2. Children/Adolescents**

**Hands On Skills** 45 min. 1998

(The Educated Caregiver Series)

Through this comprehensive video, you can learn an array of important skills, and hear valuable insights and tips from healthcare professionals and caregivers. Step by step demonstrations of key skills (bed bath, oral hygiene, nail care, dressing, etc.).

**1. Caregiving (General) 2. Professional**

**Hi Buddy!** 30 min. 1998

A training video for those caring for someone with a development disability and dementia. Introduces viewer to Roger, a 53 year old man with Down's syndrome and a diagnosis of AD. Video observes Roger at home, work and at a doctor's appointment. Shows areas in which Roger is still independent and areas in which he is developing needs. Good information for caregivers, professionals and family members who are working with older individual with dementia and developmental disabilities. **1. Caregiving (General) 2. Professional 3. Down's Syndrome**

**Homecare: Coping with Change** 27 min. 1990

Video explores changes and stress involved when families bring a loved one into their home to care for them. Both caregivers and the person affected by Alzheimer's disease discuss their feelings and the changes in their lives. Good comments by professionals intersperse throughout video with suggestions for communicating and getting help. **1. Communication 2. Home Care**

## **How To Have a Meaningful Visit With Your Loved One In a Nursing Facility** 38 min. 1997

For family members who are looking for answers regarding what to expect when visiting a nursing or healthcare facility. Addresses issues such as how, when and where to visit, managing guilt and frustration, establishing realistic goals, how to make visits more productive and meaningful, etc. **1. Caregiving (General) 2. Nursing Homes (Care)**

## **Introduction to Validation: Communicating With Very Old People Diagnosed with Alzheimer's-Type Dementia** 25 min 2011

This DVD provides an overview and introduction to the Validation Method. Using demonstrations By Naomi Feil and Vicki de Klerk working with people diagnosed with Alzheimer's-type dementia, Both principles and techniques are illustrated. This is a great tool for those new to Validation as Well as students of Validation. A good in-service teaching tool. **1. Professional 2. Medical Information**

## **Iris** 90 min 2001

Award-winning actresses, Judi Dench and Kate Winslet, bring to the screen one of the most extraordinary woman of the 20<sup>th</sup> century. Iris Murdoch, celebrated English author and her journey Through life as Alzheimer's Disease robs her of her remarkable gifts. **1. Personal Narratives by Persons With Dementia**

## **it is WHAT it is: Frontotemporal Degeneration: Tragic Loss, Abiding Hope** 17 minutes 2011

Frontotemporal degeneration (FTD) robs its victims of the very things that make them unique as human beings – their personality, their emotions and their ability to communicate. This DVD chronicles four families as they confront FTD. By telling their stories, these extraordinary families become

harbingers of hope. **1. Dementia and Related Disorders 2. Family Dynamics**

**Just For The Summer** 30 min 1991

Well-known actors depict the impact of AD on a teenage boy whose life is dramatically changed when his grandmother, who had AD, comes to live with his family. Useful for youths 10 years and older.

**1. Youth 2. Children/Adolescents 3. Family Dynamics**

**Living With Grace** 30 min. 1990

Nationally aired TV program. Explores the life of one woman suffering from AD, her loss of memory, emotional mood swings, catastrophic reactions and confusion. Documentary presents her life at home with her caring husband and his efforts to continue life with dignity and meaning. (See Grace-Part Two; same family)

**1. Care giving (General) 2. Male 3. Home Care**

**Loving Grandpa** 7 min. 1997

Designed for children in grades 4 through 6. Grandpa becomes confused and wanders into a local store. A friend comforts him until his granddaughter Julie arrives. Later the two girls discuss the disease, the Safe Return program, and the support services available.

**1. Youth 2. Children/Adolescents**

**Managing Difficult Behaviors (Part of Caregiver's Series)** 20 min. 1991

Features Alzheimer's family members who candidly tell how the real-life challenges of caregiving in practical and loving ways. Handouts available to accompany video on request. Excellent training resource for paid caregivers.

**1. Behavior/Symptoms 2. Care giving (General) 3. Professional**

## **Many Paths to Person-Centered Care: A Three-Part Introduction and Exploration of Culture**

**Change** 1 hr 23 min, 48 min, 1 hr 19 min 2011

Part 1: What is Cultural Change, Part 2: Artifacts of Cultural Change: an Organizational Readiness and Assessment Tool, Part 3: Individualized Care Planning: Getting to Know the Person

### **1. Care giving**

**Maximizing Cognitive and Functional Abilities** 40 min. 1998

Addresses functional ability problems, specifically continence, dressing and eating, and offers suggestions for dealing with the behaviors. Maggie Calkins narrates.

**1. Behavior/Symptoms**

**2. Care giving (General) 3. Environmental Design/Architecture**

**Memory Lane: Family** 44 min 2005

The DVD is full of nostalgic images and music. The experience is enhanced with brief personal stories told by peers. DVD also has closed captioning and interactive Memory CPR activities.

### **1. Family Stories**

**Mini-Mental State Examination** 17 min 1999

Video explains what the MMSE and how it is administered. Shows individuals taking the test and scoring.. Produced by Pfizer, Inc. and Eisai, Inc

**1. Diagnosis & Treatment 2. Medical Information 3. Alzheimer's Disease**

**Pain in Cognitively Impaired Seniors: Assessment & Management** 30 min. 2003

This is a video-based learning program. It speaks directly to the needs and motivations of every staff member in your institution, regardless of their position or job description. During two distinct modules, it will help describe how to assess and manage pain in seniors with dementia.

**1. Care giving (Professional) 2. Medical Information**

**Parkinson Journey, The: From Diagnosis to Treatment to Cure** 2012

An informational video that takes you from diagnosis to cure and how the goal is to make Parkinson Disease as insignificant as possible. **1.**

**Parkinson Disease**

**Participating In Research—A Legacy of Hope** 13 min. 2001

Many of the common myths about research are addressed with the aim of reassuring seniors, particularly those from minority communities who are under-represented in research studies. Research need not be invasive or threatening. Participation in medical research leaves a legacy of knowledge about some of the diseases that affect older adults and a gift of hope for future generations. **1. Multicultural/Diversity 2. Research**

**Recognizing and Responding to Emotion in Persons With Dementia**

22 min. 1997

Often in persons with dementia, non-verbal signs are more accurate communications than verbalizations. This video will teach caregivers how to understand and decipher facial expressions, vocal signs, and body language in persons with dementia.

**1. Caregiving (General) 2. Caregiving (Professional) 3. Communication**

**Responding to Difficult Personalities, Part 1 & 2.** 60 min. 1996

Advanced support group leader training video. Part 1: problems encountered with different personalities & solutions to deal with them: Part 2: group dynamics & leaders role in dealing with individuals encountered in Part 1. **1. Care Giving 2. Behavior/Symptoms**

**Spirituality and Aging** 28 min 2005

Presented by the Quality of Life Committee of the Alexian Brother of Missouri

**1. Spirituality**

**Stay Involved** 31 min. 2000

Vol. III – Family Guide to Long Term Care

Explores family's role after transition from home to another facility occurs. Experts offer specific information on how to help loved ones live

successfully in their new surrounding. Tips on becoming partners with new caregivers, monitoring loved one's care and helping them remain physically and emotionally healthy. **1. Nursing Homes (Care and Placement)**

**There Is a Bridge** 110 min 2007

This documentary challenges conventional notions of people with Alzheimer's. Interviews with preeminent thinkers and footage of family members, care partners, and schoolchildren building relationships with people with dementia.

**1. Alzheimer's Disease 2. Family Dynamics**

**Thousand Tomorrows, A.** 31 minutes. 1995

Features candid interviews with spouse caregivers and persons with AD on issues of intimacy and sexuality. Video is designed to help professionals and couples struggling with Alzheimer's disease to understand changes in behavior that affect intimacy between partners. **1. Sexuality and**

**Intimacy/Marriage 2. Alzheimer's Disease**

**Tie That Binds, The —An Exploration In Sexual Intimacy of Alzheimer's Couples**

12 min. 1994

Explores the topic of sexuality and how it is affected by AD. Three AD spouse caregivers frankly share their experiences and conflicts with sexuality due to disease progression. Presents the message that sexual expression encompasses much more than sexual intercourse. Useful to enhance the comfort level of group members with the topic and to encourage discussion. User's manual for support group leader accompanies video.

**1. Sexuality and Intimacy/Marriage 2. Caregiving (General)**

**What Nursing Assistants Need to Know About Pain** 2006

DVD contains educational tools to help nursing assistants understand their role in providing good care for cognitively impaired residents in pain: Detecting Discomfort in Dementia: focus on behaviors, a 13 minute

educational video: Tools for In-service Education: booklet containing a discussion guide, role play and post-test **1. Nursing Homes (Care) 2. Symptoms/Behavior**

**What to do About Charlotte? ND**

Respecting the needs of Nursing Home residents regarding intimate relationships.

**1. Sexuality and Intimacy 2. Nursing Homes**

**Where Love Matters 35 min 2006**

The Robert Wood Johnson Foundation partners with NCB Capital Impact to support The Green

House Project, a radical reinterpretation of long term care in America.

Program is also online

At Vimeo.com website. **1. Nursing Homes**