**Rhinelander Fall Caregiver Conference Agenda**

**November 7, 2018**

Whether you’re a professional or family caregiver, this forum will help enhance your caregiving skills and provide an opportunity to strengthen your support network. This one-day event features presentations from Experts in the field of Alzheimer’s disease. Agenda is subject to change.

### Agenda

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00AM</td>
<td>Registration</td>
</tr>
<tr>
<td>8:30AM</td>
<td>Welcome</td>
</tr>
</tbody>
</table>
| 8:45AM | **Purple Tube Project** - Tara Vandenberg, Dementia Grant Coordinator, Tri-County Dementia Crisis Stabilization Grant  
This project is an initiative to help first responders find needed medical and behavioral information on elderly residents in the event of a crisis. |
| 9:00AM | **Complex Behaviors & Communication with Alzheimer’s Disease** - Jody Krainer, MSW, LCSW, MBA - Wisconsin Alzheimer’s Institute  
The session will discuss common complex behaviors that often occur with Alzheimer’s disease as well as communication tips and strategies to increase the effectiveness of care and support when complex behaviors are present. |
| 10:15AM | Refreshment Break | Exhibits Open                                                                 |
| 10:30AM | **Dementia: How a Diagnosis is Made** - Joelle Millikin, M.D., Geriatrician, Ascension Health Care  
Dr Millkin is part of the team at the Northern WI Memory Diagnostic Center in Rhinelander. Her presentation will provide an understanding of how a dementia diagnosis is made and will explore the differences between the different types of dementia. |
| 11:45PM | Luncheon  
| 12:30PM | **Capacity Issues in Elder Law** - Paul Sturgul, Attorney At Law, Sturgel & Long  
Capacity issues arise frequently in Estate Planning and Elder Law. Many older individuals, especially those in need of long-term care, have diminished capacity. This presentation will discuss the legal concept of Capacity and its importance in the practice of Estate Planning and Elder Law, particularly long-term care. |
| 1:30PM | **Living in the Moment** - Walter Zerrenner, Husband, Caregiver, Ambassador, Advocate and Board Member  
Walter and Aline Zerrenner’s lives took a dramatic turn in December, 2014, when Walt moved Aline into The Meadows at Touchmark in Appleton. You will share in their journey with dementia and how they continue to ‘live in the moment.’ |
| 2:30PM | Refreshment Break | Exhibits Open                                                                 |
| 2:45PM | **Healthy Living for Your Brain and Body: Tips from the Latest Research** - Annie Bongiorno, Program Director, Alzheimer’s Association  
Join us to learn about the latest research providing insights into how to make lifestyle choices that may help you keep your brain and body healthy as you age, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging. |
| 3:45PM | Closing Remarks | Raffle Winners Announced! |

### Thank you Sponsors!

**PRESENTING**  
- ADRC  
-Greater Wisconsin Chapter  

**PLATINUM**  
- GFWC Rhinelander Woman’s Club  
- Inclusa, Inc.  
- Marshfield Clinic  
- Vilas County Commission on Aging  
- Wisconsin Northern Highland AHEC  

**SILVER**  
- Bell Tower Residence  
- Lakeland Care, Inc.  

*alz.org/gwwi*  
*1.800.272.3900*