Our education programs are free of charge, easy to join, and cover a wide variety of important topics for your community. We invite you to collaborate with us to bring an education program (in-person or virtual) to your group, business or community at large.

*The success of this program depends upon a great partnership, built on clear and frequent communication with both parties promoting our program in the community.

Contact your local staff partner or call 800.272.3900 for more information.

**Awareness Presentation**

This presentation provides a brief overview of Alzheimer’s disease, dementia and the Alzheimer’s Association services. Topics include the impact of Alzheimer’s, risk factors, warning signs and how others can join the fight against the disease.

**ALZHEIMER’S & DEMENTIA KNOWLEDGE**

**Advancing the Science: The Latest in Alzheimer’s and Dementia**

Join the Alzheimer’s Association to learn more about the science of dementia, the impact of Alzheimer’s disease, and the latest in research, including new studies that highlight the importance of lifestyle in reducing the risk of developing dementia.

**10 Warning Signs of Alzheimer’s**

This education program will help you recognize common signs of the disease in yourself and others and the next steps to take, including how to talk to your doctor.

**Healthy Living for Your Brain and Body: Tips from the Latest Research**

For centuries, we’ve known that the health of the brain and the body are connected. But now, science is able to provide insights into how to optimize our physical and cognitive health as we age. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity, and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.

**Understanding Alzheimer’s and Dementia**

Learn basic information on the difference between Alzheimer’s and dementia, stages, risk factors, research, and FDA-approved treatments.
Dementia Conversations
If you know someone who is experiencing changes in memory, thinking, and behavior, this education program provides tips and strategies for difficult but important conversations about changes related to dementia.

Effective Communication Strategies
Explore ways that Alzheimer’s and other dementias affect an individual’s ability to communicate across different stages and get tips to better communicate with people living with the disease.

Living with Alzheimer’s for Care Partners and Caregivers
These classes offer participants specific resources and information focused on the stages of the disease. Options are available for Early-Stage Caregivers, Middle-Stage Caregivers and Late-Stage Caregivers. Contact us for more detailed information regarding the subjects covered in the classes.

Managing Money: A Caregiver’s Guide to Finances
How much do you know about managing money? This free program will help you learn about the costs of caregiving and the benefits of early planning and teach you how to avoid financial abuse and fraud, start a conversation about finances, assess financial and legal needs, and find support.

Understanding and Responding to Dementia Related Behaviors
Review caregiver tips and strategies to respond to some common behaviors exhibited by individuals living with dementia, such as agitation, confusion, etc.

FOR THOSE LIVING WITH EARLY STAGE OR YOUNGER ONSET ALZHEIMER’S

Living with Alzheimer’s
Alzheimer’s is a journey, not a destination. The Alzheimer’s Association offers these education programs that can help you understand what to expect so you can be prepared to meet the changes ahead and live well for as long as possible.

• For People with Alzheimer’s Disease (three parts, approx 90 min each)
• For Younger-Onset Alzheimer’s disease (90 minutes)

The Alzheimer’s Association provides care and support to those affected by Alzheimer’s and other dementias through free, high-quality education programs.

Our programs are offered in-person and virtually. For virtual programs, attendees can join from the comfort and convenience of their own space.