alzheimer's $\ref{eq:second}$ association[®]



LGBTQ Caregiver Support Groups

Presented by:

Alzheimer's Association

The Alzheimer's Association offers the following LGBTQ Support Groups Nationwide:

First Wednesday of the Month at 8 p.m. CDT

Second Thursday of the Month at 11 a.m. CDT

Every Other Friday at 11 a.m. CDT

To Register, call our 24/7 Helpline 800.272.3900

Build a support system with people who understand.

Alzheimer's Association[®] caregiver support groups, conducted by trained facilitators, are a safe place for caregivers, family and friends of persons with dementia to:

- Develop a support system.
- Exchange practical information on caregiving challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.