Family Series

FOR: Caregivers
This 6-session course focuses on the most common topics about caring for someone with Alzheimer’s or other dementias. Come for whichever topics are of interest to you.

Session I – What can I expect?
An overview of Alzheimer’s disease including diagnosis, stages and family experiences.

Session II – I don’t need any help
A discussion of managing activities of daily living including task breakdown and provision of care.

Session III – He just sits around all day
Explores the role of activities and structure for the person with Alzheimer’s disease including suggestions on activities and options to maximize strengths.

Session IV – Is she on too many medications?
Discusses concerns and appropriate benefits of commonly prescribed medications in the care of the person with Alzheimer’s disease.

Session V – I can’t do this anymore
Discusses the dilemma and issues around the placement decision. Covers options, resources and the decision making process.

Session VI – I should, I ought, I have to…
Covers the guilt that typically goes along with the role of caregiver as well as the impact guilt has on caretaking.

BLUE SPRINGS, MO
Thursdays, July 6 through August 10, 2017
12:30 – 2:00 p.m.
Vesper Hall
400 NW Vesper St,
Blue Springs, MO 64014
Light lunch provided by Benton House of Blue Springs

PRAIRIE VILLAGE, KS
Mondays, October 16 through November 20, 2017
4:00 – 5:30 p.m.
Alzheimer’s Education Center
3856 W 75th St.
Prairie Village, KS 66208

ST. JOSEPH, MO
Tuesdays, February 13 through March 20, 2018
9:00 - 10:30 a.m.
First Christian Church
927 Faraon Street
St. Joseph, MO 64501

KANSAS CITY, MO
Wednesdays, April 4 through May 9, 2018
5:00 – 6:30 p.m.
Lucille Bluford Library
3050 Prospect
Kansas City, MO 64128

Building Caregiver Confidence 4-part Series

FOR: Professionals and Caregivers
A four-part series for family caregivers or professionals who care for individuals with Alzheimer’s disease or a related dementia. The same 4-part series will be offered twice. Please choose the date that works best for you.

TOPEKA, KS
Mondays September 18 through October 9, 2017
OR
Mondays, March 19 through April 9, 2018
BOTH series will be held at
5:30 – 7:00 p.m.
Topeka and Shawnee County Public Library
1515 SW 10th Avenue
Topeka, KS 66604

Finding Purpose in Advocacy

FOR: Caregivers, Professionals, and Individuals with Alzheimer’s
Learn to use your experience to become a strong advocate for good public policy at a local, state, and federal level.

PRAIRIE VILLAGE, KS
Saturday, January 6, 2018
10:00 a.m. – 12:00 p.m.
Alzheimer’s Education Center
3856 West 75th Street, Prairie Village, KS 66208

Legal Issues

FOR: Caregivers and Individuals with Alzheimer’s
If you or someone you love is affected by Alzheimer’s disease or dementia, the time for legal and financial planning is now. This workshop is for anyone who would like to know more about the legal and financial issues to consider when faced with Alzheimer’s disease, and how to put plans in place.

TOPEKA, KS
Monday, July 24, 2017
5:30 – 7:30 p.m.
Topeka and Shawnee County Public Library
1515 SW 10th Street
Topeka, KS 66604

PRAIRIE VILLAGE, KS
Tuesday, February 27, 2018
3:30 – 5:00 p.m.
Alzheimer’s Education Center
3856 West 75th Street, Prairie Village, KS 66208

Registration is required for all educational events. If there are 3 or fewer people registered for any event, the event will be postponed or canceled. While it is our intent for this calendar to not change, there are times when something happens that results in necessary changes to dates, times or places. It is suggested that you call to confirm any class you plan on attending. CLASSES ARE FREE TO ATTEND UNLESS OTHERWISE NOTED.
Understanding and Responding to Dementia-Related Behavior

FOR: Professionals and Caregivers
When language is lost, some behaviors can present real challenges for caregivers to manage. Join us to learn how to decode behavioral messages, identify common behavior triggers, and learn strategies to help intervene with common challenges.

LAWRENCE, KS
Wednesday, October 4, 2017
6:30 – 7:30 p.m.
Monterey Village
3901 Peterson Road
Lawrence, KS 66049

TOPEKA, KS
Saturday, March 3, 2018
10:00 – 11:30 a.m.
Pleasant Hill United Methodist Church
4525 NW Button Road
Topeka, KS 66618

Living With Alzheimer’s

Resources, monitoring care, and meaningful connections will be discussed for the person with dementia and their families.

LIVING WITH ALZHEIMER’S: THE LATE STAGE
FOR: Caregivers
EMPORIA, KS
Thursday, August 10, 2017
6:00 – 7:30 p.m.
First United Methodist Church
823 Merchant, Emporia, KS 66801

LIVING WITH ALZHEIMER’S: I CAN’T DO THIS ANYMORE
FOR: Caregivers
SALINA, KS
Monday, November 13, 2017
6:00 – 7:30 p.m.
Sunrise Presbyterian Church
825 E. Beloit St., Salina, KS 67401

LIVING WITH ALZHEIMER’S: THE EARLY STAGE
FOR: Individuals with Early Stage Alzheimer’s
PRAIRIE VILLAGE, KS
Saturday, January 20, 2018
10:00 a.m. – 12:00 p.m.
Alzheimer’s Education Center
3856 W 75th St., Prairie Village, KS 66208

Effective Communication Strategies with Individuals Who Have a Dementia

FOR: Caregivers and Professionals
Join us to explore how communication takes place when someone has Alzheimer’s. Learn how to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you connect and communicate at each stage of the disease.

PITTSBURG, KS
Thursday, March 15, 2018
1:00 – 2:00 p.m.
First United Methodist Church
415 North Pine, Pittsburg, KS 66762

The Basics

FOR: Caregivers
If you or someone you love is affected by Alzheimer’s disease or dementia, it’s time to learn the facts. This program provides information on detection, causes and risk factors, stages of the disease, treatment, and much more.

HIAWATHA, KS
Wednesday, September 13, 2017
1:30 – 3:00 p.m.
Morrill Public Library
431 Oregon
Hiawatha, KS 66434

SALINA, KS
Monday, October 16, 2017
6:00 – 7:30 p.m.
Sunrise Presbyterian Church
825 Beloit St.
Salina, KS 67401

PLATTE WOODS, MO
Thursday, October 19, 2017
1:30 –3:00 p.m.
Platte Woods United Methodist Church
7310 Prairie View Road
Platte Woods, MO 64151

The Training Room

FOR: Professionals, Family Members, and Interested Community
This is an event designed for those who care for others with Alzheimer’s disease. Training stations will provide information on a number of topics that address care issues. Attendees choose stations and hours of attendance.

Cost: $3.00 per station
Wednesday, June 13, 2018, 8:00 a.m. – 4:00 p.m.
Matt Ross Community Center, Multipurpose Rooms
8101 Marty, Overland Park, Kansas 66204