

Virtual Education Programs APRIL 2021



Dementia and COVID-19 Caregiver Conference – Research Updates, Tips and Caregiver Panel:

Join us for this virtual conference provided in partnership with the Alzheimer's Association chapters in Arkansas, Kansas, Missouri and Oklahoma. This program will provide important disease information, new facts and figures, COVID tips for caregivers, the latest research on COVID-19 and dementia and a panel presentation from caregivers.

Friday, April 9
9am – 12pm

[REGISTER NOW](#)

April 9 Speakers



Heather Snyder, PhD
Vice President, Medical & Scientific Relations
Alzheimer's Association



Rev. Tonya Boyce
Community Educator

Healthy Living for Your Brain and Body: Tips from the Latest Research:

Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and the use of hands-on tools to help you incorporate these recommendations into a plan for healthy aging.

Thursday, April 1
This special Healthy Living For Your Brain and Body Class will include a "Don't Get April Fooled" AARP Fraud Prevention presentation.
2pm – 3pm

[REGISTER NOW](#)

Tuesday, April 13
12pm – 1pm

[REGISTER NOW](#)

April 1 Speaker



Dr. Laura Garrett
Community Educator

April 1 Speaker



Dr. Joy McGill
AARP

April 13 Speaker



Nancy Majors
Community Educator

Legal and Financial Planning:

In this interactive program, you will have a chance to learn about important legal and financial issues to consider, how to put plans in place, and how to access legal and financial resources near you.

Wednesday, April 14
6pm – 7pm

[REGISTER NOW](#)

April 14 Speaker



Robert Horton
Community Educator

Effective Communication Strategies: This program is designed to provide practical information and resources to help dementia caregivers learn to decode verbal and behavioral messages from people with dementia.

Tuesday, April 13
6pm – 7pm

[REGISTER NOW](#)

Thursday, April 15
10am – 11am

[REGISTER NOW](#)

Monday, April 26
2pm – 3pm

[REGISTER NOW](#)

April 13 Speaker



Sara Paape
Community Educator

April 15 Speaker



Lorri Beck
Community Educator

April 26 Speaker



Jamie Coalson
Community Educator

APRIL 2021 Virtual Education Programs (continued)

Ten Warning Signs of Alzheimer's:

Alzheimer's and other dementias cause memory, thinking and behavior problems that interfere with daily living. Join us to learn how to recognize common signs of the disease, how to approach someone about memory concerns; the importance of early detection and benefits of a diagnosis; possible tests and assessments for the diagnostic process; and, Alzheimer's Association resources.

Tuesday, April 6
10am – 11am

REGISTER NOW

Wednesday, April 21
1pm – 2pm

REGISTER NOW

April 6 Speaker



Ashley Atkins
Community Educator

April 21 Speaker



Sharon Manson
Community Educator

Understanding and Responding to Dementia Behavior:

Behavior is a powerful form of communication and is one of the primary ways for people with dementia to communicate their needs and feelings as the ability to use language is lost. However, some behaviors can present real challenges for caregivers to manage. Join us to learn to decode behavioral messages, identify common behavior triggers, and learn strategies to help intervene with some of the most common behavioral challenges of Alzheimer's disease.

Tuesday, April 6
7pm – 8pm

REGISTER NOW

April 6 Speaker



Daniell Hill
Community Educator

Understanding Alzheimer's and Dementia:

Alzheimer's disease is not a normal part of aging. Join us to learn about the impact of Alzheimer's; the difference between Alzheimer's and dementia; stages and risk factors; current research.

Friday, April 2
2pm – 3pm

REGISTER NOW

April 2 Speaker



Jamie Coalson
Community Educator

DID YOU KNOW?

2021 National Volunteer Week is April 18 – 24

At the Alzheimer's Association, our network of local chapters is working relentlessly to advance world-class research, ensure access to gold-standard care and support, and engage mission-driven volunteers who make it all happen. We are extremely fortunate to have the dedicated volunteers behind our mission.

WE LOVE OUR VOLUNTEERS!



All Alzheimer's Association virtual classes are free of charge and are offered to individuals with Alzheimer's or other dementia, their families and care partners, and health professionals.

After you register for a class, a ZOOM video conference link will be provided to you.

Visit alz.org/crf to explore all upcoming virtual education programs and support groups or call 800.272.3900 for more information.