



# DECEMBER Heart of America SUPPORT GROUP SCHEDULE

Presented by the  
Alzheimer's Association®

## Virtual & In-Person

The Heart of America Chapter is beginning to transition some, not all, of our support groups to in-person groups. Please note that this schedule includes both virtual and in-person support group opportunities.

Please note: It is still necessary to register in advance, even if the group is an in-person support group.

### VIRTUAL SUPPORT GROUPS

#### VIRTUAL KANSAS CITY AREA

Community Corner  
**Wednesday, DECEMBER 1**  
1:00 p.m.  
[Register Now](#)

Lunchtime Connections  
**Wednesday, DECEMBER 1**  
12:00 p.m.  
[Register Now](#)

Veterans Community Support Group  
**Thursday, DECEMBER 2**  
6:00 p.m.  
[Register Now](#)

Caregiver Support Group  
**Tuesday, DECEMBER 7**  
5:30 p.m.  
[Register Now](#)

Moving Forward: Newly diagnosed  
Early Stage Support Group  
**Wednesday, DECEMBER 8**  
4:00 p.m.  
[Register Now](#)

Early Stage Support Group  
**Thursday, DECEMBER 9**  
5:30 p.m.  
[Register Now](#)

Breakfast Club  
**Saturday, DECEMBER 11**  
9:30 a.m.  
[Register Now](#)

Caregiver Support Group  
**Thursday, DECEMBER 16**  
1:00 p.m.  
[Register Now](#)

### VIRTUAL SUPPORT GROUPS *continued*

#### VIRTUAL KANSAS CITY AREA

Caregiver Support Group  
**Tuesday, DECEMBER 21**  
5:30 p.m.  
[Register Now](#)

#### VIRTUAL NORTHEAST KANSAS AREA (TOPEKA)

Caregiver Support Group  
**Wednesday, DECEMBER 1**  
4:00 p.m.  
[Register Now](#)

Caregiver Support Group  
**Wednesday, DECEMBER 15**  
4:00 p.m.  
[Register Now](#)

Frontotemporal Degeneration (FTD)  
Caregiver Support Group  
**Wednesday, DECEMBER 29**  
5:00 p.m.  
[Register Now](#)

### VIRTUAL SUPPORT GROUPS *continued*

#### VIRTUAL NORTHWEST MISSOURI AREA (ST. JOSEPH)

Caregiver Support Group  
**Tuesday, DECEMBER 14**  
6:00 p.m.  
[Register Now](#)

Caregiver Support Group  
**Tuesday, DECEMBER 28**  
6:00 p.m.  
[Register Now](#)

### IN-PERSON SUPPORT GROUPS

#### IN-PERSON KANSAS CITY AREA

Caregiver Support Group  
**Thursday, DECEMBER 9**  
7:00 p.m.  
[Register Now](#)

Caregiver Support Group  
**Friday, DECEMBER 10**  
10:00 a.m.  
[Register Now](#)

Grupo de Cuidadores  
**Tuesday, DECEMBER 21**  
2:00 p.m.  
[Register Now](#)

#### IN-PERSON NORTHEAST KANSAS AREA (TOPEKA)

Caregiver Support Group  
**Tuesday, DECEMBER 14**  
10:00 a.m.  
[Register Now](#)

### REGISTER ONLINE

*with links shown on this page*

**OR CALL  
800.272.3900**

*Please consider attending one of these support groups facilitated by trained individuals to assist you and your loved ones through a journey with Alzheimer's or other dementia.*