# MAY

# **Heart of America Chapter SUPPORT GROUP SCHEDULE**

Presented by the Alzheimer's Association®

Please consider attending one of these support groups facilitated by trained individuals to assist you and your loved ones through a journey with Alzheimer's or another dementia.



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Please note that some groups are held in person and some are virtual.

Upcoming holidays may impact regular meeting schedules. Please note changes listed in our calendar or call our 24/7 Helpline at 800.272.3900 for up-to-date information.

#### **VIRTUAL GROUPS**

Caregiver Support Group FIRST & THIRD TUESDAY

**Register for First Tuesday** 

**Register for Third Tuesday** 

Caregiver Support Group SECOND & FOURTH TUESDAY 6:00PM

**Register for Second Tuesday** 

**Register for Fourth Tuesday** 

Caregiver Support Group FIRST & THIRD WEDNESDAY 4:00PM

**Register for First Wednesday** 

Register for Third Wednesday

#### VIRTUAL GROUPS (continued)

Frontotemporal Degeneration (FTD) Caregiver Support Group LAST WEDNESDAY
5:00PM

**Register Here** 

Breakfast Club SECOND SATURDAY 9:30AM

**Register Here** 

Live Well: Peer Support for Those Living with Early Stage Dementia FIRST THURSDAY 6:00PM

**Register Here** 

#### **VIRTUAL & IN-PERSON GROUPS**

Jam Session: For Those With Dementia & Their Care Partners MAY 16

2:30 PM

#### **Register Here**

Or attend in person at Central Resource Library – Carmack Room 9875 W 87th St. OP, KS 66212

# ADDITIONAL OPPORTUNITIES FROM OUR COMMUNITY PARTNERS

Minds in Motion: A Tour for Visitors with Memory Loss FIRST THURSDAY 1:00PM

Nelson Atkins Museum of Art Kansas City, MO For questions or to register, email communityprograms@nelson-atkins.org

Story Connections: A Program for Adults Experiencing Memory Loss and Their Care Partners LAST TUESDAY 2:00PM

National Museum of Toys and Miniatures For questions or to register, email rachelwathen@toyandminiaturemuseum.org

# MAY SUPPORT GROUP SCHEDULE

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#### **IN-PERSON GROUPS**

#### Caregiver Support Group FIRST MONDAY, 4:00PM

Prairie Elder Care 10034 W. 151st. Street Overland Park, KS 66221

# Coffee Talks: Caregiver Support Group SECOND MONDAY, 10:30AM NO MEETING ON FOURTH MONDAY THIS MONTH

Manhattan Senior Center 301 N 4th St., Manhattan, KS 66502 Offered in conjunction with Coffee Talks, Meadowlark Memory Program provides a social engagement opportunity for those living with dementia called Mindful Memories. For info, contact Michelle Haub at 785.323.3899.

## Caregiver Support Group THIRD MONDAY, 4:00PM

Senior Helpers, 7203 W. 110th St. Overland Park, KS 66210 Activity programs are available during this support group for loved ones in the early to mid stage of dementia. Please register ahead with Jeff Rigler at 913.851.4800 or jrigler@seniorhelpers.com.

#### Caregiver Support Group THIRD MONDAY, 4:00 P.M.

Pozez Education Center Centennial Room 1505 SW 8th Avenue Topeka, KS 66606

#### Caregiver Support Group

MAY 20, 3:30PM – WILL RETURN TO FOURTH MONDAY NEXT MONTH

First Southern Baptist Church 4300 W. 6th Street Lawrence, KS 66049

# Memory Cafe: For Those With Dementia & Their Care Partners MAY 20, 1:30 P.M. – WILL RETURN

**TO LAST MONDAY NEXT MONTH**ArchWell Health, 9840 W. 87th St.
Overland Park, KS 66212

## Caregiver Support Group SECOND TUESDAY, 10:00 AM

First United Methodist Church 946 Vermont St. Lawrence, KS 66044

## Learn & Cope Support Group SECOND TUESDAY, 6:00 PM

Maggie's Place at
Colonial Village Clubhouse
12610 W. 137th Street
Overland Park, KS 66221
RSVP to judy.baxter@clv-op.com
This month, learn about Understanding
Alzheimer's and Dementia while sharing coping
strategies with other care partners. This group
focuses on a different topic each month.

#### IN-PERSON GROUPS (continued)

#### Caregiver Support Group THIRD TUESDAY, 1:30 PM

First United Methodist Church 1000 East State Rte. 92 Kearney, MO 64060

# Sunflower Memory Cafe: For Those With Dementia & Their Care Partners

THIRD TUESDAY, 10:00 AM

Olathe Indian Creek Library 16100 W. 135th St. Olathe, KS 66062

## Caregiver Support Group THIRD TUESDAY, 5:00PM

Field Point Senior Living 5002 Gene Field Road St. Joseph, MO 64506

#### Lunchtime Connections FIRST WEDNESDAY, 12:00PM

Clinton Christian Church 1201 E Ohio St. Clinton, MO 64735 Please register ahead with Ranae Walrath at 660.890.7294 or rwalrath@gvmh.org

#### Caregiver Support Group FIRST WEDNESDAY, 4:30PM

Foundation Park 4915 Colbert Hills Drive Manhattan, KS 66503 RSVP to tswenson@stcroixhospice.com or 785.250.4819

## Caregiver Support Group FIRST WEDNESDAY, 6:30PM

Alto Senior Living 10300 Indian Creek Parkway Overland Park, KS 66210 RSVP to Jerelyn at 913.232.8054

#### Caregiver Support Group THIRD WEDNESDAY, 4:00PM

Evergreen Community of Johnson County 11875 S. Sunset, Suite 100 Olathe, KS 66061 RSVP to MachelleG@ehcks.org

#### Caregiver Support Group THIRD WEDNESDAY, 6:00PM

Oxford Grand at Shoal Creek 8280 N Tullis Ave. Kansas City, MO 64158

## Caregiver Support Group FOURTH WEDNESDAY, 10:00AM

Rock Creek of Ottawa 1100 W. 15th St. Ottawa, KS 66067

#### IN-PERSON GROUPS (continued)

#### Caregiver Support Group LAST WEDNESDAY, 6:00PM

St. Anthony's Senior Living 1000 E. 68th Street Kansas City, MO 64131

## Caregiver Support Group FIRST THURSDAY, 5:30PM

Missouri Veterans Home 1300 Veterans Road Warrensburg, MO 64093

#### Caregiver Support Group SECOND THURSDAY, 10:00AM

Ashland United Methodist Church 2711 Ashland Ave. St. Joseph, MO 64506

### Caregiver Support Group SECOND THURSDAY, 5:00PM

Silverado Memory Care 3101 SW 3rd Street Lee's Summit, MO 64081

RSVP to whitney.sparks@silverado.com

#### Caregiver Support Group SECOND THURSDAY, 7:00PM

Christ United Methodist Church 14506 East 39th St S Independence, MO 64055

#### Caregiver Support Group THIRD THURSDAY, 10:00AM

Paola Senior Center 121 W. Wea Street Paola, KS 66071

#### Caregiver Support Group THIRD THURSDAY, 1:00PM

Platte Woods United Methodist Church 7310 NW Prairie View Rd Platte Woods, MO 64151

#### Caregiver Support Group THIRD THURSDAY, 6:30PM

Monticello United Methodist Church 23860 W. 75th St., Shawnee, KS 66227

## Caregiver Support Group SECOND FRIDAY, 10:00AM

Care Haven Homes 3848 W. 75th Street Prairie Village, KS 66208

#### Caregiver Support Group FOURTH FRIDAY, 10:00AM

First United Methodist Church 102 N. Main St., Maryville, MO 64468